

Weight management guideline committee 3 meeting minutes

Weight Management Guideline Update – Committee Meeting 3

Date: 23/09/2021

Location: Virtual

Minutes: Final

Committee members present:		
Marie Burnham (Chair) (MB)		Present for notes 1 – 4
Kate Anderson		Present for notes 1 – 4
Mfon Archibong		Present for notes 1 – 4
Margaret Ashwell		Present for notes 1 – 4
Nivedita Aswani		Present for notes 1 – 4
Jamie Blackshaw		Present for notes 2 – 4
Sarah Britton		Present for notes 1 – 4
Twané Celliers		Present for notes 1 – 4
Preetpal Doklu		Present for notes 1 – 4
Julian Hamilton-Shield		Present for notes 1 – 4
Grace O'Malley		Present for notes 1 – 4
Helen Parretti		Present for notes 1 – 4
Laurence Taggart		Present for notes 1 – 4
Suzy Taylor		Present for notes 1 – 4
Billy White		Present for notes 1 – 3

In attendance:		
Alex Allen (AA)	Technical Analyst	Present for notes 1 – 4
Victoria Axe (VA)	Guideline Commissioning Manager	Present for notes 1 – 4
Lindsay Claxton (LC)	Technical Adviser – Health Economics	Present for notes 1 – 4
Amy Finnegan (AF)	Information Services	Present for notes 1 – 4
James Jagroo (JJ)	Technical Analyst	Present for notes 1 – 4
Kusal Lokuge (KL)	Technical Analyst – Health Economics	Present for notes 1 – 4
Jon Littler (JL)	Project Manager	Present for notes 1 – 4
Shreya Shukla (SSh)	Technical Adviser	Present for notes 1 – 4
Susan Spiers (SS)	Associate Director	Present for notes 1 – 4
Adam Storrow (AS)	Resource Impact Lead	Present for notes 1 – 4
Miaoqing Yang (MY)	Technical Analyst – Health Economics	Present for notes 1 – 4

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Ahmed Yosef (AY)	Technical Analyst	Present for notes 1 – 4
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Apologies:

Phoebe Kalungi	Committee Member – Public Health Practitioner
Sarah le Brocq	Committee Member – Lay Member
Lisa Hodgson	Committee Member - Psychologist
Kathryn Melia	Committee Member – Provider

1. Welcome and objectives for the meeting

The Chair welcomed the committee members and NICE attendees to the third weight management guideline committee.

The Chair then informed the committee that apologies had been received which are noted above.

The Chair then outlined the objectives of the meeting before asking all committee members to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Helen Parretti	GP	Study steering group member for an NIHR-funded project examining the clinical and cost-effectiveness of endoscopic bariatric procedures.	Non-financial, professional and personal	Declare and participate Not specific to the scope of the guideline
Helen Parretti	GP		Non-financial, professional and personal	Declare and participate Not specific to the scope of the guideline

The Chair and senior members of the Developer team noted that the interests prior to the meeting, and circulated to attendees, did not prevent the attendees from fully participating in the meeting.

2. Discussion of the evidence review for review question 1.2

Before the main discussion began, the Chair indicated the importance of sending responses to protocols and evidence reviews when sent to the committee.

The Chair then introduced SSh, who presented the overall evidence review for question 1.2.

1.2 What are the most accurate and suitable anthropometric methods and associated boundary values for different ethnicities, to assess the health risk associated with overweight and obesity in adults, particularly those in black, Asian and minority ethnic groups?

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Additionally, SSH and VA discussed the need to publish the recommendations for review questions 1.1 and 1.2 early. The committee agreed to that suggestion.

The Chair then introduced AA, who gave an introduction to test accuracy measures

The Chair then introduced AY, who gave a presentation to the committee on the accuracy of anthropometric measure prognostic evidence.

Finally, the Chair reintroduced AA for the final section of evidence presentation and discussion. AA presented further evidence on diagnostic test accuracy reviews on anthropometric measures.

The committee provided feedback on each of these presentations and discussed possible recommendations, before the Chair thanked the NICE team for their presentations and then drew this section of the committee to a close.

3. Review of protocols for review questions 1.3 and 1.4

The Chair introduced SS who began to give an overview of the protocols for review questions 1.3 and 1.4:

1.3 What are the most effective and cost-effective approaches for identifying overweight and obesity in children and young people, particularly those in black, Asian and minority ethnic groups, and increasing their uptake of weight management services?

1.4 What are the most effective and cost-effective approaches for identifying overweight and obesity in adults, particularly those in black, Asian and minority ethnic groups, and increasing their uptake of weight management services?

The committee discussed and provided feedback on protocol 1.3 but due to time restrictions, discussion of the adult protocol was cut short. SS agreed to pick these protocols up again at committee meeting 4 in November.

4. AOB, Summary and next steps

JL advised all committee members that they would receive a next steps email detailing when they would receive documents for feedback.

There were no further matters to discuss.

The Chair thanked the committee and the NICE team for their contributions and closed the meeting.

Date of next meeting: 09/11/2021 and 10/11/2021

Location of next meeting: Virtual