

Rheumatoid Arthritis Annual Review

Name: DEMO	TESTRECORD	NHS Number: 4766272250
DOB: 08/04/1963	52	Hospital Number: 0052850P
Male/Female: F	Patient seen in Early Arthritis Clinic: Y	
PostCode: NE23 7AJ	Working Diagnosis: Rheumatoid Arthritis	
Date of review: 17/06/2015	Consultant: Dr Ben Thompson	

Disease activity

Pain Scale: 6	Swollen 28 Joints: 8	Tender 28 Joints: 6	Global VAS: 50	ESR: 32
Early Morning Joint Stiffness (mins): 10		DAS28 : 5.29	Response: Low	

Other measurements

CRP:	Serology:	RF-CCP+:	CCP Value (IU):	RF Value (IU):
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Treatments – DMARDs / Biologics	Dose	Frequency	Date started	Date stopped	Reasons for stopping
Steroid IA	40 mg	Stat Dose	03/12/2013	03/12/2013	
Methotrexate PO	20 mg	Weekly	28/12/2013		
Etanercept	50 mg	Weekly	18/06/2015		
Steriod PO	10 mg	Daily	18/06/2015		

Monitored by: Community DMARD Scheme	Monitoring up to date: <input checked="" type="checkbox"/>	Monitoring booklet with results: <input checked="" type="checkbox"/>
IM/IA Steroids - Number of doses: 1	Latest dose: 03/12/2013 mg	Cummulative dose: 40 mg
Has patient got a blue steroid alert card if on oral steroids? <input checked="" type="checkbox"/>		

Relevant past medical history (inc. allergies)	Notes
Dyspepsia	
Hypertension	
Allergy	Peanuts
Allergy	Shellfish
CKD	
Blood pressure treatment	
Atrial fibrillation	
Heart attack 1st degree relative <60	
Angina	

Cardiovascular Risk (25-84)		
Total cholesterol: 7.6	BP: 132/80	Ever smoker? <input checked="" type="checkbox"/>
HDL cholesterol: 0.8	Height: 160	Current smoker? <input checked="" type="checkbox"/>
Cholesterol HDL ratio: 9.5	Weight: 65	Cigarette Pack-Yrs: 15
Triglycerides:	BMI: 25.39	No. Cigs per day: 11-15
HbA1c:		Alcohol intake (units per week): 40
		Alcohol consumption exceeds 3 units per day: Y

Risks	Risk	Notes
Cardiovascular Risk (25-84)		
QRISK 2 Score	20	
Fracture Risk (40-90)		
Referred for DEXA scan		
Previous Fracture		
Parent HIP fracture		
NOGG guidance	Red	
FRAX Assessment (Major Osteoporotic Fracture)	0.4	
FRAX Assessment (Hip Fracture)	0.7	
Femoral neck BMD (g/cm2)	Test Result	
Commenced treatment		
10 Yr Fracture Risk (FRAX no DEXA) - Major Osteoporotic	4.3	
10 Yr Fracture Risk (FRAX no DEXA) - Hip	0.3	

Regular Medication	Notes
Paracetomol	
Ibuprofen	
Citalopran	
Lisinopril	
Cerazette	
Propanalol	

Current analgesia/NSAIDs
Ibuprofen
Paracetamol
Etodolac
Naproxen

Vaccinations	Latest date
Pneumonia	17/06/2015
Flu	17/06/2015
Chickenpox	17/06/2015
Measles	17/06/2015
Mumps	17/06/2015
Rubella	17/06/2015
TB BCG	17/06/2015
Hep A	17/06/2015
Hep B	17/06/2015
Hep C	17/06/2015

Accommodation

Bungalow

Living arrangements

Lives with Partner

Mental Health

Discussed patient's mental health and wellbeing

Occupational Therapy

Issues with coping / mood / fatigue / stress / relationship issues

Joint protection advice or assessment / review of splints

Problems holding a pen or doing up buttons

Referral based on based upon answers or HAQ

Work occupational assessment.

Other

Prescription advice (i.e. PPC)

Education Advice (i.e. NRAS)

Driving advice (blue badge scheme. NE mobility centre)

Physiotherapy

Mobility problems requiring assessment / falls risk.

Patient keeping active.

Significant change in function / range of movements of joint(s).

Plan

Annual Review Plan

Test plan for demonstration

Pregnancy / Contraception

Child bearing age on DMARDs – advised about contraception

Vaccinations

Advised to avoid live vaccines

Advised to have vaccinations if not up to date

Work

Full Time - Employee

20 work days taken sick due to RA 35 unpaid leave days due to RA Decreased working hours due to RA