

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE guidelines

Equality impact assessment

Hypertension in adults: diagnosis and management (update)

The impact on equality has been assessed during guidance development according to the principles of the NICE equality policy.

3.0 Guideline development: before consultation (to be completed by the Developer before consultation on the draft guideline)

3.0 Have the potential equality issues identified during the scoping process been addressed by the Committee, and, if so, how?

Age – the analysis of the evidence was stratified by age for people aged 80 and over and people aged under 80. As no evidence specifically for people aged over 80 was identified, a research recommendation was made to inform optimum blood pressure targets for people aged over 80 with hypertension and cardiovascular disease.

Race – sub-group analysis was planned to analyse data for people of West African and Caribbean family origin and people of South Asian family origin separately if there was heterogeneity in the data. No heterogeneity was observed that could be explored based on ethnicity, but the committee discussed the ethnicity of the participants included in the evidence review and did not identify any reason for separate recommendations to be required, other than those recommendations that already stand for blood pressure treatment which have now been extended to cover people with hypertension and cardiovascular disease.

3.1 Have any **other** potential equality issues (in addition to those identified during the scoping process) been identified, and, if so, how has the Committee addressed them?

- Age – no new issue identified

- Disability – no new issue identified
- Gender reassignment – no new issue identified
- Pregnancy and maternity – no new issue identified
- Race – no new issue identified
- Religion or belief – no new issue identified
- Sex – no new issue identified
- Sexual orientation – no new issue identified
- Socio-economic factors – no new issue identified
- Other definable characteristics (these are examples): – no new issue identified
 - refugees
 - asylum seekers
 - migrant workers
 - looked-after children
 - people who are homeless
 - prisoners and young offenders
 - any others identified

3.2 Have the Committee’s considerations of equality issues been described in the guideline for consultation, and, if so, where?

The committee’s consideration of age as a potential equality issue is described in the committee’s discussion of the evidence section of evidence review A, as well as the rationale for the recommendations in the Monitoring treatment and blood pressure targets section of the guideline where the lack of evidence for people over 80 is noted as a rationale for a research recommendation in this area.

Evidence in review A did not indicate heterogeneity in any other subgroup relating to equality issues and the committee considered no separate recommendations were required for any of the other equality issues identified.

3.4 Do the preliminary recommendations make it more difficult in practice for a specific group to access services compared with other groups? If so, what are the barriers to, or difficulties with, access for the specific group?

- Age
- Disability
- Gender reassignment
- Pregnancy and maternity
- Race
- Religion or belief
- Sex
- Sexual orientation
- Socio-economic factors
- Other definable characteristics (these are examples):
 - refugees
 - asylum seekers
 - migrant workers
 - looked-after children
 - people who are homeless
 - prisoners and young offenders
 - any others identified

No

3.5 Is there potential for the preliminary recommendations to have an adverse impact on people with disabilities because of something that is a consequence of the disability?

No

3.6 Are there any recommendations or explanations that the Committee could make to remove or alleviate barriers to, or difficulties with, access to services identified in box 3.4, or otherwise fulfil NICE's obligation to advance equality?

No

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Approved by NICE quality assurance lead: Kay Nolan

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