

Anxiety (update) Guideline Development Group Meeting

Date and Time: Tuesday 8th December 2009, 10.30am – 4pm

Minutes: Confirmed

Place: The Royal College of Psychiatrists'
6th Floor Standon House
21 Mansell Street
London
E1 8AA

Present: **GDG members**
John Cape (JC)
Marta Buszewicz (MB)
Jill Keegan (JK)
Judy Leibowitz (JL)
Phillip Cowen (PC)
Paul Salkovskis (PS)
Catherine O'Neill (CO)
Karina Lovell (KL)

Experts
None

In attendance:
NCCMH Staff: Nick Meader (NM)
Ifigeneia Mavranezouli (IM)
Esther Flanagan (EF)
Marie Halton (MH)
Melissa Chan (MC)
Henna Bhatti (HB)

NICE staff Claire Turner (CT)

Observers: None

Notes

1. Apologies were received from Carolyn Chew-Graham, Jan Scott, Tim Kendall & Joanna Hackman.
2. JC, MB, JK, JL, CO, PS, NM, IM, EF, MH, MC, CT & HB all declared that they knew of no new personal pecuniary, personal family, non-personal pecuniary or personal non-pecuniary interest in the development of this guideline other than those already reported in the conflict of interest forms already submitted. PC declared a personal pecuniary interest.
3. The minutes of the last meeting were agreed as a true and accurate account.
4. Service user and carer concerns were discussed.
5. NM presented the remaining review work on pharmacological interventions.
6. MC presented the remaining review work on high intensity psychological interventions.
7. IM presented the health economic model for pharmacological interventions and costs were discussed.
8. MH updated group on the progress of the review work on low intensity psychological interventions.
9. MC presented the CCBT meta-analysis
10. Next meeting: 10:30-4pm, 19th January 2010