National Collaborating Centre for Women's and Children's Health

Confirmed 11th Constipation in Children Guideline Development Group Meeting Minutes Tuesday 16th & Wednesday 17th June 2009; 10 – 4pm at RCOG

Present:

Jenny Gordon (JG) GDG Chair

Janet Blannin (JB) Parent Carer and Clinical Nurse Advisor to ERIC

Karen Tucker (KT) Parent/carer

Nick Nelhans (NN) Consultant Paediatrician

Sara Mancell (SM) Dietician

June Rogers (JR) Team Director Promocon, Disabled Living
Kate Blakeley (KB) Consultant Paediatric Clinical Psychologist
David Tappin (DT) Community paediatrician and public health doctor

Jonathan Sutcliffe (JS) (1st day only) Consultant paediatric surgeon

Sian Hooban (SH) Team Leader, Community Children's Nurses

Zoe Rawlinson (ZR) General Practitioner
James Cave (JC) (1st day only) General Practitioner

Huw Jenkins (HJ) Consultant Paediatric Gastroenterologist

NCC staff:

Hannah-Rose Douglas (HRD) Associate Director, NCC-WCH Senior Research Fellow, NCC-WCH

Lauren Bardisa-Ezcurra (LBE) Research Fellow, NCC-WCH Rupert Franklin (RF) Project Manager, NCC-WCH

External Advisor:

David Candy (DC) Consultant Paediatric Gastroenterologist

In attendance:

Caroline Keir (CK) (2nd day only) Commissioning Manager, NICE

Catherine Baden-Daintree (2nd day only) Editor, NICE

Apologies:

Lynne Watson (LW) Specialist Health Visitor - Special Need and

Children's Continence

Day 1

1. Welcome and apologies, declarations of interest, first class train travel, minutes from previous meeting

JG welcomed the group to the meeting. Apologies were received from those listed above. There were no new declarations of interest. Declarations are kept on file at the NCC-WCH.

JG informed the group that it would no longer be possible to claim for first class travel bookings.

The group reviewed the minutes from the last meeting and confirmed them as an accurate account.

The group were reminded that volunteers are required for assistance with implementation, editing, costing and communications.

2. Information and support - review of evidence

And

3. Information and support – discussion of the evidence

And

4. Information and support – drafting recommendations

LBE presented the evidence on information and support. The group discussed the evidence in the light of their clinical experience. Following this discussion, the group drafted and agreed the recommendations.

Break

5. Rectal Biopsy presentation

JS gave a presentation on rectal biopsy, explaining how to conduct the procedure and when it should be used.

JG thanked JS for his presentation and the group then discussed it.

6. Endoscopy and biopsy – review of evidence

LBE presented the evidence on rectal biopsy in a table and highlighted the significant results

Lunch

7. Endoscopy and biopsy – discussion and drafting recommendations

The group discussed the evidence presented on biopsy and then reviewed the draft recommendations. After discussion, the group agreed the recommendations.

Following this, LBE explained to the group that no evidence had been found looking at endoscopy. The group discussed the role of endoscopy in the diagnosis of constipation. Following this discussion, the group drafted recommendations

8. Manometry – review of the evidence

And

9. Manometry – discussion of the evidence and drafting recommendations

LBE presented the evidence on manometry. The group discussed the evidence and then drafted and agreed recommendations.

17. Health Economics

The group agreed to move the health economics forward to the first day.

The health economist raised some queries with the group which they discussed. The group confirmed the suitability of the model which has been designed.

10. Involving children – update on findings

RU thanked the group for their work on involving children in the scope consultation. She reviewed the responses which had been received from the last meeting and noted that they matched well with the responses which had been received previously.

The group felt that the responses would be valuable for highlighting the importance of the guideline in showing the effect that constipation can have on people's lives

Break

11. Involving children – plans for next stage of consultation

JG informed the group that the next stage of involving children will be to have their input into the recommendations and interpretations during the stakeholder consultation phase of development.

15. Writing research recommendations

The group agreed to move the presentation on writing research recommendations to the first day. RU gave a presentation explaining how to write research recommendations and the justifications which accompany them. RF will make this presentation available on the website

12. AOB

There were no additional matters to discuss. JG thanked the group for attending and closed the first day of the meeting

Day 2

13. Welcome

JG welcomed the group to the second day of the meeting. Apologies were received from those listed above.

Break

14. Reviewing recommendations – key components of history taking

The group reviewed the recommendations for the history taking section which were presented in a table with coloured gradings. The group felt that presenting the recommendations in that way would be effective and it was confirmed that the QRG could include a table with different colours

The group discussed the recommendations for children under 1 year of age and made amendments where these were different from the recommendations for older children.

16. Reviewing recommendations – physical examination

The group reviewed the recommendations for the physical examination section which were presented as a table.

The group discussed the recommendations for children under 1 year of age and made amendments where these were different from the recommendations for older children.

18. Reviewing recommendations – disimpaction

The group reviewed the recommendations for this section. The group queried whether it would be possible to use brand names in the guideline and it was agreed that guidance would be sought from NICE on this issue

19. Reviewing recommendations – maintenance

The group reviewed the recommendations for this section. It was noted that the interpretation and recommendations would need to include further detail. It was agreed that the GDG would review the recommendations on the Antegrade Colonic Enema (ACE) procedure via e-mail following the meeting.

20. Abdominal X-Ray, Abdominal Ultrasound, Transit studies

It was agreed that the GDG would review these recommendations via e-mail following the meeting

21. Reviewing recommendations – diet and lifestyle

It was agreed that the GDG would review these recommendations via e-mail following the meeting

22. Reviewing recommendations – blood tests for coeliac disease

The group reviewed the recommendations for coeliac disease and noted that a new NICE guideline on the condition had recently been published.

23. Reviewing recommendations – complementary therapies

It was agreed that the GDG would review these recommendations via e-mail following the meeting

24. AOB It was agreed that the post-consultation GDG meeting will be hot in November as had previously been announced).	eld on 15 th and 16 th December (and
JG thanked the group for attending and closed the meeting	
Signed: Jenny Gordon, GDG Chair	Date: