

**Date and Time:** *Wednesday 26<sup>th</sup> March 2014*  
*10:00 – 16:00*

**Minutes:** Confirmed

**Guideline Development Group Meeting Menopause**

**Place:** *Royal College of Obstetricians and Gynaecologists*  
*London*

**Present:**

Mary Ann Lumsden (Chair) (MAL)	(Present for notes 1 – 17)
Claire Bowring (CB)	(Present for notes 1 – 17)
Debbie Keatley (DK)	(Present for notes 1 – 17)
Debra Holloway (DH)	(Present for notes 1 – 17)
Imogen Shaw (IS)	(Present for notes 1 – 17)
Nicholas Panay (NP)	(Present for notes 1 – 17)
Anthony Parsons (AP)	(Present for notes 1 – 17)
Prunella Neale (PN)	(Present for notes 1 – 17)
Sally Hope (SH)	(Present for notes 1 – 17)
Sara Moger (SM)	(Present for notes 1 – 17)
Terry Aspray (TA)	(Present for notes 7 – 17)

**In attendance:**

NCC-WCH staff:		
David James (DJ)		(Present for notes 1 – 17)
Hannah Rose Douglas (HRD)		(Present for notes 1 – 17)
Katie Webster (KW)		(Present for notes 1 – 17)
Rupert Franklin (RF)		(Present for notes 1 – 17)
Yelan Guo (YG)		(Present for notes 1 – 17)
NICE attendees:		
Sarah Dunsdon (SD)		(Present for notes 1 – 17)
Lyn Knott (LK)		(Present for notes 1 – 17)
Katie Prickett (KP)		(Present for notes 1 – 17)

**Observers:**

None		
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**Notes**

1. MAL welcomed the group to the 5<sup>th</sup> meeting of this guideline development group (GDG). Apologies were received from Melanie Davies
2. MAL asked all the GDG members and other attendees to declare any new interests that they had accrued since the last GDG meeting and reiterate any interests declared previously that were relevant to the meeting agenda:

NP

**Personal non-pecuniary interest**

Attended advisory board meeting coordinated by Shinogi pharmaceuticals looking at developing a vulvo-vaginal questionnaire

SH

**Personal pecuniary interest**

Received a lecture fee for presentations at two GP conferences in March 2014 speaking on male osteoporosis. The meeting was run by Omnimed and the meeting was sponsored by Takeda.

## TA

### **Personal non-pecuniary interest**

Member of advisory board for Lilly Pharmaceuticals on the management of severe osteoporosis (not directly related to the menopause)

Gave a non-promotional presentation to Sexual and Reproductive Health North East (SAHNE).

Fee received from conference organisers

No other declarations of interest were received from the GDG members or the other attendees. It was agreed that no interests declared at the meeting or previously warranted exclusion of any GDG members from discussions of evidence or formulation of recommendations at the meeting.

3. The minutes from the 4th GDG meeting were confirmed
4. The GDG discussed the review protocol for the cardiovascular disease question. Notes were made live on screen
5. NP gave a presentation about menopause scoring systems
6. KW presented the review on discontinuation of HRT. The group discussed the findings of the review.
7. KW led the group through the process of interpreting the evidence and drafting recommendations for discontinuation of HRT. Notes were made live on screen.
8. HRD presented an update on the project plan for the short-term symptom relief reviews. The group discussed the plan and notes were made live on screen.
9. LK gave a presentation about the role of the NICE editor
10. KW discussed the planned approach for the osteoporosis review which would be presented at the next GDG meeting. The group discussed this approach and made suggestions
11. MAL gave a presentation about the diagnosis of premature ovarian insufficiency (POI)
12. KW presented the review on diagnosis of POI. The group discussed the findings of the review.
13. KW led the group through the process of interpreting the evidence and drafting recommendations for diagnosis of POI. Notes were made live on screen.
14. HRD gave an update on the health economic plan. The GDG discussed the plans and made suggestions
15. RF informed the group about a proposed change to the date for the November meeting.
16. The group was informed that HRD would be leaving the guideline. The group thanked HRD for her contribution to the guideline.
17. There were no other items of business. MAL thanked the group for attending and closed the meeting

### **Date, time and venue of the next meeting**

Thursday 15th May 2014 10:00–16:00 at the Royal College of Obstetricians and Gynaecologists, London