## **FOREST PLOTS**

A review of the effectiveness and cost effectiveness of alcohol and sex and relationship education for all children and young people aged 5-19 years in community settings

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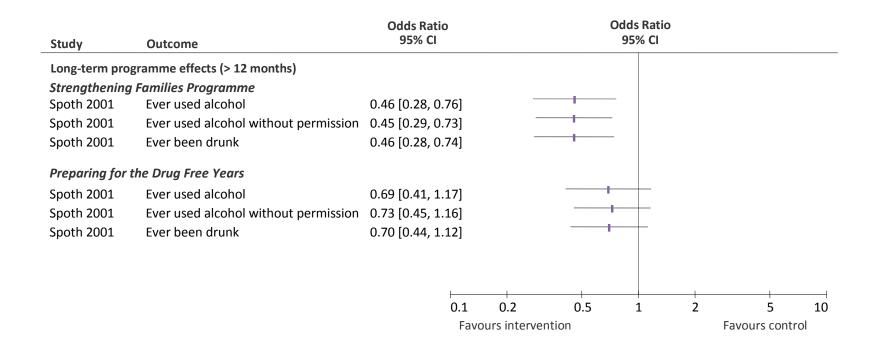


Figure 1. Alcohol use: programme effects on alcohol use

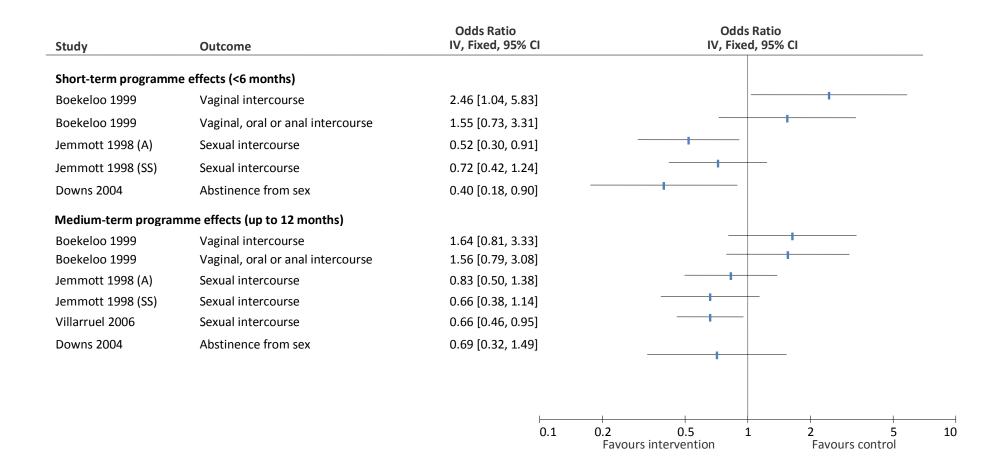


Figure 2. Sexual health: programme effects on sexual intercourse

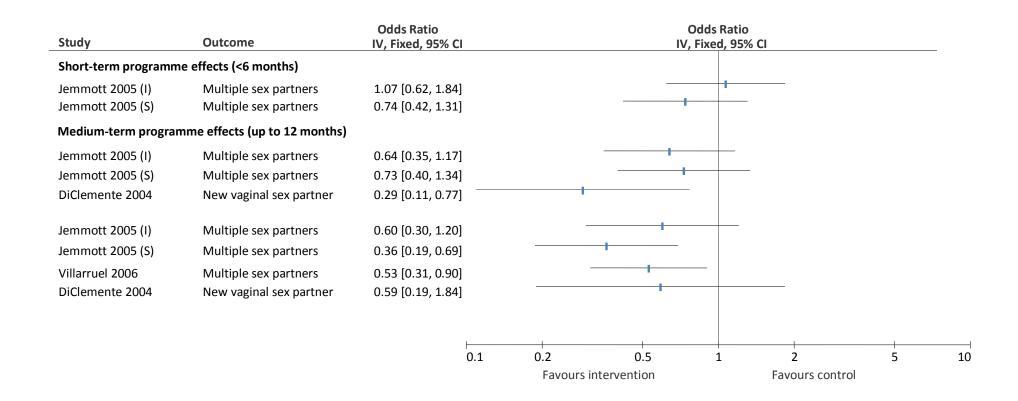


Figure 3. Sexual health: programme effects on sexual partners

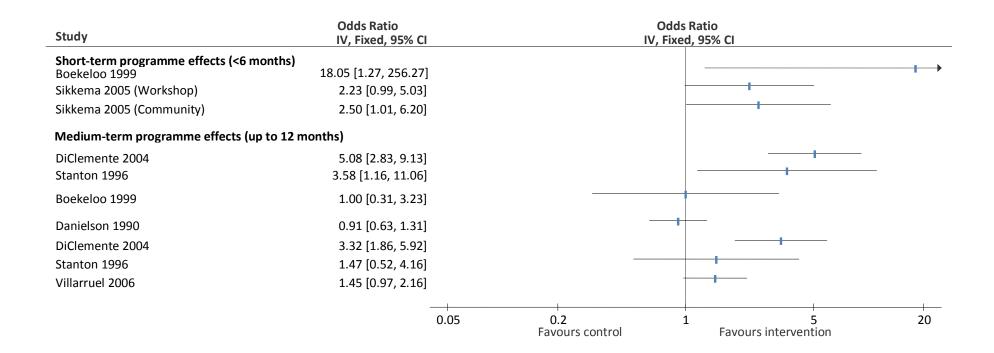


Figure 4. Sexual health: programme effects on condom use at last intercourse

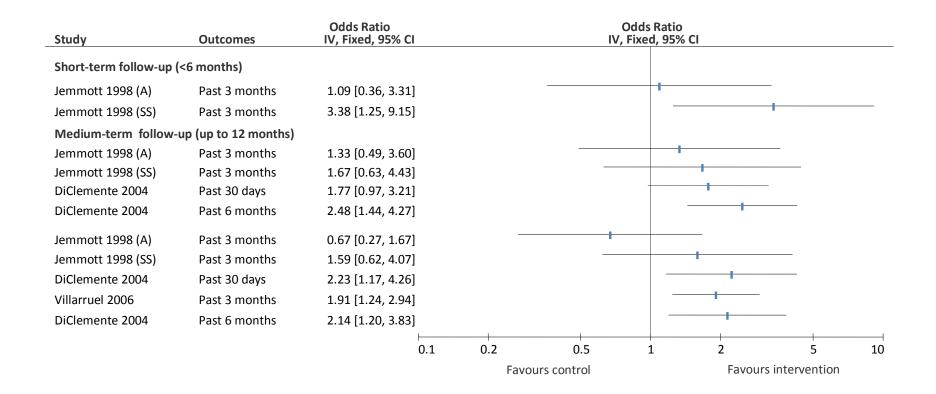


Figure 5. Sexual health: programme effects on consistent condom use

| Study                          | Outcome       | Difference of mean change IV, Fixed, 95% CI | Difference of mean change<br>IV, Fixed, 95% CI   |
|--------------------------------|---------------|---|--|
| Short-term follow-up (<6 month | s)            |   |  |
| Forehand 2007 (Enhanced)       | Parent report | 1.34 [0.93, 1.75]                           | <del></del>                                      |
| Forehand 2007 (Enhanced)       | Child report  | 1.35 [0.86, 1.84]                           | <del></del>                                      |
| Forehand 2007 (Single session) | Parent report | 0.50 [0.09, 0.91]                           | <del></del>                                      |
| Forehand 2007 (Single session) | Child report  | 0.56 [0.07, 1.05]                           | <del></del>                                      |
| Medium-term follow-up (up to   | 12 months)    |   |  |
| Forehand 2007 (Enhanced)       | Parent report | 1.36 [0.92, 1.80]                           | <del></del>                                      |
| Forehand 2007 (Enhanced)       | Child report  | 0.42 [-0.11, 0.95]                          | <del>                                     </del> |
| Forehand 2007 (Single session) | Parent report | 0.66 [0.21, 1.11]                           | <del></del>                                      |
| Forehand 2007 (Single session) | Child report  | 0.46 [-0.07, 0.99]                          | <del>                                     </del> |
| Forehand 2007 (Enhanced)       | Parent report | 1.32 [0.85, 1.79]                           | <del></del>                                      |
| Forehand 2007 (Enhanced)       | Child report  | 0.57 [0.01, 1.13]                           | <del></del>                                      |
| Forehand 2007 (Single session) | Parent report | 0.54 [0.08, 1.00]                           | <del></del>                                      |
| Forehand 2007 (Single session) | Child report  | 0.06 [-0.50, 0.62]                          |  |
|                                |               |   |  |
|                                |               | -4<br>Favours o                             | -2 0 2 4 control Favours intervention            |

Figure 6. Sexual health use: programmes effects on parent-child sexual health-related communication