

NICE PUBLIC HEALTH PROGRAMME GUIDANCE

Personal, Social and Health Education

9th and 10th meeting of the Programme Development Group
Wednesday 11th and Thursday 12th November 2009

The Law Society, 113 Chancery Lane
London WC2A 1PL

Attendees:	<p><i>Programme Development Group (PDG) Members:</i> Anne Weyman, Anne Ludbrook (11th), Jonathan Cooper, Jasmin Mitchell, Tracey Phillips, Kate Birch, Kathryn Cross (12th), Laura Cottey (11th), Mark Bellis (11th), Clare Smith, Simon Blake, Aylssa Cowell, Richard Ives, Simon Beard, Anna Martinez (11th), Colleen McLaughlin (11th), Sarah Smart.</p> <p><i>NICE:</i> Tricia Younger (TY), Hilary Chatterton (HJC), Peter Shearn (PS), Una Canning (UC), Louise Millward (LM), Sarah Dunsdon (SD), Alastair Fischer (AJF).</p> <p><i>Liverpool John Moores University (LJMU):</i> Lisa Jones, Jennifer Downing, Geoff Bates.</p> <p>Observers: Zoe Stavri</p>
Apologies (2 days):	<p><i>Programme Development Group (PDG) Members:</i> Ruth Joyce, Tariq Ahmed, Joseph Quigley, Chris Gibbons, Terri Ryland.</p>

Agenda Item		Action
1. Welcome and introductions	<p><u><i>Introductions and apologies</i></u></p> <p>The Chair welcomed the Group to the 9th meeting.</p> <p><u><i>Declaration of interest</i></u> Previous Declarations of Interest:</p> <p><i>Personal Pecuniary</i> Richard Ives</p> <p><i>Personal Family</i> None declared.</p> <p><i>Non Personal</i> Anna Martinez Anne Ludbrook Simon Beard Mark Bellis Kathryn Cross Clare Smith Tracey Philips Mark Bellis</p>	

	<p><i>Personal non-pecuniary</i> Joseph Quigley Anne Weyman Kate Birch Jasmine Mitchell Laura Cottey Anna Martinez Simon Beard Clare Smith</p> <p>New declarations of interest were made by Simon Beard who is no longer with the NYA but working as an independent consultant. Aylssa Cowell confirmed that the organisation she works for has submitted a tender for a contract. If the contract is awarded Aylssa will update her declaration.</p> <p>The Chair ruled that none of these interests prevented any member from taking full part in the meeting.</p> <p><u>Minutes of last meeting</u> The minutes were agreed as an accurate record.</p> <p><u>Matters arising</u> All actions have been completed.</p>	
<p>2. Mark Bellis, Alcohol Expert Witness Presentation</p>	<p>Mark Bellis gave a presentation on the contribution of alcohol to sexual activity and teenage pregnancy. The presentation covered:</p> <ul style="list-style-type: none"> • Alcohol harm and relationship with conception • Drunkenness and unprotected sex • Link with stress, insecurity and self-worth • Drinking behaviour and violence / regretted sex • Under-age drinking behaviour and culture • Need for a better inter-professional understanding of alcohol and sexual activity <p>The PDG discussed the following:</p> <ul style="list-style-type: none"> • Quantities of alcohol drunk, social norms and perceptions • Gender and behaviour • Timing of interventions • Local Authority policies for under 18 events / drinking free areas for young people • Middle class drinking habits • International comparisons and wider societal aspect • Advertising 	

3. Secondary review	The LJMU team presented the main findings of the review of PSHE interventions and programmes in secondary schools and further education settings focusing on SRE and alcohol education for young people ages 11 to 19 years.	
4. Discussion of review findings	<p>The PDG discussed the following:</p> <ul style="list-style-type: none"> • Link between intention to drink and behaviour • Fidelity and incorporation into draft recommendations • Brief interventions and difficulties finding material relevant to adolescents • US studies, laws, drinking age and applicability to UK context <p>Action point: Review team to circulate ESPAD data to PDG.</p>	Mark Bellis / NICE
5. From evidence to draft recommendations	HJC explained making recommendations, and overcoming challenges.	
6. Consideration of alcohol section, secondary review	The PDG considered the evidence review in small groups and formulated draft recommendations.	
7. Feedback from groups	<p>The group considered a range of areas for possible recommendations:</p> <ul style="list-style-type: none"> • Development of age appropriate programmes • Elements of an effective programme • Training resources for professionals • local alcohol strategies • Peer delivery. • Inequalities • Active learning • Harm reduction. 	
8. Economic modelling	<p>AJF gave an update on the health economic modelling work.</p> <p>Comments included:</p> <ul style="list-style-type: none"> • Sources of statistical information in the model • Validating the data in the model • Calculation of programme costs • Defining a measure of cost effectiveness <p>Action point: AJF to send model and any further information to PDG.</p> <p>Action point: LJMU and NICE teams to consider links with Contraceptive Services guidance.</p>	AJF LJMU / NICE

9. Primary review draft recommendations	The PDG considered outline areas for draft recommendations in primary education and for children up to 11 years.	
Close	The meeting ended at 5.00pm.	

Second day – Thursday 12th November 2009

1. Welcome and introduction	No new declarations of interest	
2. Secondary review	The contractors presented the SRE and general health sections of the evidence review.	
3. Consideration of secondary review SRE and general health programmes sections	<p>The PDG discussed the following areas:</p> <ul style="list-style-type: none"> • Link between education and outcomes • School services and behaviour change • SRE and link to contraceptive services • Comparison between findings in this review and HDA review of reviews • Abstinence and use of language • Data collection / recording contraception use • Effects of SRE on young women's aspirations • Explicitly defining ineffective interventions <p>Action point: an overview of findings from the HDA review of reviews to be sent to the PDG meeting.</p>	NICE
4. Consideration of secondary review continued..	<p>The PDG considered the following as gaps in the evidence base:</p> <ul style="list-style-type: none"> • Lack of applicability / information on further education (diverse population in setting) • SRE and young people with learning disabilities • Equality and diversity – different ethnic groups, settings, identities • Cultural issues and value based messages • Exploitation • Social media and new technologies • Young people's experiences <p>The PDG re-considered the brief and it was acknowledged that some of the thinking behind the guidance can be built into a principles section in the guidance.</p>	

	<p>Action point: NICE to cross check Douglas Kirby's review against this review. .</p> <p>Action point: Anna Martinez to be asked to update the PDG on the SEF work on SRE in further education.</p> <p>Action point: Chris Gibbons to be invited to give a presentation on homophobic bullying and GLTB perspectives.</p> <p>Action point: NICE to seek input on BME perspectives.</p>	<p>NICE</p> <p>NICE/Anna Martinez</p> <p>NICE/Chris Gibbons</p> <p>NICE</p>
5. Formulating recommendations	The PDG met in small groups to consider the review and formulate draft recommendations.	
6. Feedback from groups	<p>The group discussed the following::</p> <ul style="list-style-type: none"> • Defining abstinence • SRE, delivery and training • New technologies and impact • Effectiveness of PSHE in FE setting • Legal issues • community engagement • Training Equality and diversity • Role of carers and parents 	
7. Next steps	<p>It was noted that the implementation adviser will be attending the next meeting.</p> <p>The timetable for the guidance was outlined.</p> <p>Action point: An updated timeline to be sent with the papers for the next meeting.</p>	NICE
8. Close	The meeting ended at 3.30pm.	

DATE OF NEXT MEETING: Thursday 4th February 2010.