

Cerebral palsy in adults

[D1] Interventions that improve function and participation: vocational and independent living skills

NICE guideline tbc

Evidence reviews

July 2018

Draft for Consultation

These evidence reviews were developed by the National Guideline Alliance hosted by the Royal College of Obstetricians and Gynaecologists

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Contents

| | |
|---|-----------|
| Interventions that improve function and participation for adults aged 25 and over with cerebral palsy: | 5 |
| Review question | 5 |
| Introduction | 5 |
| PICO table..... | 5 |
| Methods and process | 6 |
| Clinical evidence | 6 |
| Summary of clinical studies included in the evidence review | 6 |
| Quality assessment of clinical studies included in the evidence review | 7 |
| Economic evidence | 7 |
| Summary of studies included in the economic evidence review..... | 7 |
| Economic model..... | 8 |
| Resource impact | 8 |
| Evidence statements | 8 |
| Recommendations | 9 |
| Rationale and impact..... | 9 |
| The committee’s discussion of the evidence..... | 10 |
| References..... | 12 |
| Appendices..... | 13 |
| Appendix A – Review protocols | 13 |
| Appendix B – Literature search strategies | 18 |
| Appendix C – Clinical evidence study selection | 23 |
| Appendix D – Clinical evidence tables | 24 |
| Appendix E – Forest plots..... | 27 |
| Comparison 1: vocational rehabilitation versus no vocational rehabilitation | 27 |
| Appendix F – GRADE tables | 28 |
| Appendix G – Economic evidence study selection..... | 32 |
| Appendix H – Economic evidence tables..... | 33 |
| Appendix I – Health economic evidence profiles..... | 34 |
| Appendix J – Health economic analysis..... | 35 |
| Appendix K – Excluded studies | 36 |
| Clinical studies | 36 |
| Economic studies | 39 |
| Appendix L – Research recommendations | 40 |

1 Interventions that improve function and 2 participation for adults aged 25 and over 3 with cerebral palsy:

4 Review question

5 D1 Which interventions (for example, vocational and independent living skills training)
6 promote participation in adults with cerebral palsy?

7 Introduction

8 Recreational, educational and vocational participation in society can be reduced in adults
9 with cerebral palsy due to physical, cognitive and emotional disabilities that require
10 interventions to optimise function. Barriers to participation can be environmental, financial,
11 cultural, systemic and institutional. This review question seeks to look at what therapeutic
12 interventions for the individual, based on their abilities and aspirations, improve participation.

13 PICO table

14 Please see Table 1 for a summary of the Population, Intervention, Comparison and Outcome
15 (PICO) characteristics of this review.

16 **Table 1: Summary of the protocol (PICO table)**

| | |
|---------------------|---|
| Population | Adults aged 25 and over with cerebral palsy (In included studies, all participants should be over 16 years old, but ideally over 25) |
| Intervention | <ul style="list-style-type: none"> • Vocational training (for example: multidisciplinary vocational rehabilitation; work skills training; work readiness) • Independent living skills training (for example: life skills training; relationships) • Carer training |
| Comparison | <ul style="list-style-type: none"> • Usual care • Within intervention category comparison |
| Outcome | <p>Critical</p> <ul style="list-style-type: none"> • Participation <ul style="list-style-type: none"> ○ occupation ○ employment ○ vocational activity ○ leisure ○ (AUS)TOMS ○ GAS • Independence • Health related quality of life <p>Important</p> <ul style="list-style-type: none"> • Function <ul style="list-style-type: none"> ○ COPM ○ FIM or FAM • Self-efficacy / self-determination |

17 (AUS)TOMS: (Australian) Therapy Outcome Measures; COPM: Canadian Occupational Performance Measure;
18 FAM: Functional Assessment Measure; FIM: Functional Independence Measure; GAS: Goal Attainment Scale;

1 For full details see the review protocol in appendix A.

2 **Methods and process**

3 This evidence review was developed using the methods and process described in
4 [Developing NICE guidelines: the manual 2014](#). Methods specific to this review question are
5 described in the review protocol in appendix A and for a full description of the methods see
6 supplementary document C.

7 Declaration of interests were recorded according to NICE's 2014 conflicts of interest policy
8 from May 2016 until April 2018. From April 2018 onwards they were recorded according to
9 NICE's 2018 [conflicts of interest policy](#). Those interests declared until April 2018 were
10 reclassified according to NICE's 2018 conflicts of interest policy (see Interests Register).

11 **Clinical evidence**

12 **Included studies**

13 One cross-sectional study (number of participants, N=3162) was included in the review
14 (Huang 2013).

15 Huang 2013 was a retrospective cross-sectional study using a United States vocational
16 rehabilitation database to examine whether demographic, work disincentive variables and
17 vocational rehabilitation services predicted employment outcomes in adults with cerebral
18 palsy. The association of different types of rehabilitation services with employment was
19 evaluated using multiple regression controlling for demographic and work disincentive
20 variables.

21 The clinical studies included in this evidence review are summarised in Table 2 and evidence
22 from these are summarised in the clinical evidence profile below (Table 3Table 3).

23 See also the literature search strategy in appendix B study selection flow chart in appendix
24 C, study evidence tables in appendix D and forest plots in appendix E.

25 **Excluded studies**

26 Studies excluded from this systematic review, with reasons for their exclusion, are provided
27 in appendix K.

28 **Summary of clinical studies included in the evidence review**

29 Table 2 provides a brief summary of the included study.

30 **Table 2: Summary of included studies**

| Study | Design | Participants | Comparisons | Outcomes |
|------------|-----------------------|---|--|----------------------------|
| Huang 2013 | Cross-sectional study | N=3162 adults with cerebral palsy aged 16 to 54 years United States of America | <ul style="list-style-type: none"> • vocational rehabilitation services compared with no rehabilitation services: <ul style="list-style-type: none"> ○ diagnostics and treatment ○ on-the-job training ○ job placement assistance ○ on-the-job support ○ maintenance ○ rehabilitation technology | Participation (employment) |

31 *N: number of participants in study.*

32 See appendix D for full evidence tables.

1 Quality assessment of clinical studies included in the evidence review

2 The clinical evidence profile for this review question is presented in Table 3.

3 **Table 3: Summary clinical evidence profile: Comparison 1 vocational rehabilitation**
4 **versus no vocational rehabilitation**

| Outcomes | Illustrative comparative risks* (95% CI) | | Relative effect (95% CI) ¹ | No of Participants (studies) | Quality of the evidence (GRADE) |
|---|---|---|---------------------------------------|------------------------------|---------------------------------|
| | Assumed risk without vocational rehabilitation ² | Corresponding risk with vocational rehabilitation | | | |
| Participation: employment (Diagnostics and treatment versus none) | 500 per 1000 | 541 per 1000 (500 to 582) | OR 1.18 (1 to 1.39) ³ | 3162 (1 study) | Low |
| Participation: employment (On-the-job training versus none) | 500 per 1000 | 605 per 1000 (510 to 692) | OR 1.53 (1.04 to 2.25) ³ | 3162 (1 study) | Low |
| Participation: employment (Job placement assistance versus none) | 500 per 1000 | 737 per 1000 (705 to 766) | OR 2.8 (2.39 to 3.28) ³ | 3162 (1 study) | Low |
| Participation: employment (On-the-job support versus none) | 500 per 1000 | 700 per 1000 (659 to 738) | OR 2.33 (1.93 to 2.81) ³ | 3162 (1 study) | Low |
| Participation: employment (Maintenance versus none) | 500 per 1000 | 602 per 1000 (548 to 653) | OR 1.51 (1.21 to 1.88) ³ | 3162 (1 study) | Low |
| Participation: employment (Rehabilitation technology versus none) | 500 per 1000 | 643 per 1000 (597 to 687) | OR 1.8 (1.48 to 2.19) ³ | 3162 (1 study) | Low |
| Independence - not reported | - | - | - | - | - |
| Health related quality of life - not reported | - | - | - | - | - |
| Function - not reported | - | - | - | - | - |
| Self-efficacy - not reported | - | - | - | - | - |

5 *CI: Confidence interval; OR: Odds ratio; NR: not reported*

6 *1 Univariate rates of employment were not reported according to types of vocational rehabilitation –odds ratios*
7 *were derived from logistic regression*

8 *2 Control risk is the overall employment rate in the study (50%)*

9 *3 Odds ratios were adjusted for demographic and work disincentive variables*

10 See appendix F for the full GRADE tables.

11 Economic evidence

12 Included studies

13 A systematic review of the economic literature was conducted, but no studies were identified
14 which were applicable to this review question.

15 Excluded studies

16 No studies were identified which were applicable to this review question.

1 **Summary of studies included in the economic evidence review**

2 No economic evaluations were included in this review.

3 **Economic model**

4 This question was not prioritised for economic modelling as the committee considered that it
5 was unlikely that any recommendation made would place additional costs on NHS or PSS
6 budgets.

7 **Resource impact**

8 No unit costs were presented to the committee as these were not prioritised for decision
9 making purposes.

10 **Evidence statements**

11 **Comparison 1: Vocational rehabilitation versus no vocational rehabilitation**

12 ***Critical outcomes***

13 **Participation**

14 • Low quality evidenced from 1 cross-sectional study including 3162 adults with cerebral
15 palsy indicated that people who had received certain types of vocational rehabilitation
16 including:

- 17 ○ diagnostics and treatment,
- 18 ○ on-the-job training,
- 19 ○ job placement assistance,
- 20 ○ on-the-job support,
- 21 ○ maintenance,
- 22 ○ and rehabilitation technology,

23 were more likely to be in competitive employment than those who had not received those
24 interventions. It was not possible to infer causality, however, as this was an observational
25 study.

26 **Independence**

27 • No evidence was found for this outcome.

28 **Health related quality of life**

29 • No evidence was found for this outcome.

30 ***Important outcomes***

31 **Function**

32 • No evidence was found for this outcome.

33 **Self-efficacy**

34 • No evidence was found for this outcome.

1 Recommendations

2 D1.1 Recognise and address external factors that prevent people with cerebral palsy from
3 participating in activities, including:

- 4 • environmental barriers, for example access to buildings
- 5 • social barriers, for example carers with unmet training needs
- 6 • institutional barriers, for example policies and situations that put people
7 with cerebral palsy at a disadvantage.

8 D1.2 If adults with cerebral palsy have complex physical, cognitive, language or sensory
9 needs, consider offering referral to occupational therapy services to assess the person's
10 functional needs and provide individualised support.

11 D1.3 Give adults with cerebral palsy information about assessments of vocational and
12 independent living skills that is tailored to the person's functional abilities and goals (see
13 NICE's guideline on [patient experience in adult NHS services for advice on information giving](#)
14 and NICE's guideline on [people's experience in adult social care service](#) for advice and
15 information provision).

16 D1.4 If an adult with cerebral palsy finds it difficult to participate in a chosen activity, assess
17 their physical and mental health and address any factors identified that may be affecting
18 participation, if possible.

19 D1.5 Refer adults with cerebral palsy who would like to work or live independently, or who
20 are already working, to a professional with expertise in vocational and independent living
21 skills. Give information and advice, which could include:

- 22 • 'Access to work' schemes
- 23 • employment support to include workplace training and job retention
- 24 • leisure activities
- 25 • occupational health assessment or workplace assessment
- 26 • statutory welfare benefits
- 27 • supporting a planned exit from the workforce if it becomes too difficult to
28 continue working
- 29 • vocational rehabilitation
- 30 • voluntary work.

31 See also NICE's guideline on [workplace health: management practices](#) for advice on
32 improving the health and wellbeing of employees.

33 Rationale and impact

34 Why the committee made the recommendations

35 There was very little evidence on specific interventions for vocational or independent living
36 skills training. However, the committee acknowledged the benefits of increased
37 independence, social and occupational integration, participation in the community and
38 access to work for adults with cerebral palsy. Based on their experience and knowledge, the
39 committee agreed that people with problems participating in an activity should have access
40 to support. This should include assessing for and addressing any barriers to participation and
41 support, and may involve referral to occupational therapy services, particularly for people
42 with complex needs.

43 For adults who wish to work or live independently, the committee agreed that referral for
44 specialist support to access training, work placements and leisure activities would be

1 beneficial. Some evidence showed that people with higher educational attainment and fewer
2 physical complications were more likely to gain paid employment, but the committee agreed
3 that support should be an option regardless of ability, to enable all adults to reach their full
4 potential. For adults with cerebral palsy who are in work, referral could support access to
5 workplace and equipment assessment and workplace and job retention training. The NICE
6 guideline on [workplace health: management practices](#) was highlighted by the committee as
7 an important resource to refer to.

8 The recommendations support compliance with the [Equality Act 2010](#) to protect people from
9 discrimination in employment, training and education. They also reflect the fundamental
10 rights of people with disabilities to independence, social and occupational integration,
11 participation in the community, access to training and to engage in work, as set out in the [UN](#)
12 [Convention on the rights of persons with disabilities](#).

13 **Impact of the recommendations on practice**

14 These recommendations are intended to reinforce good current practice, and support
15 government policy and legislation. Where they are not currently being implemented, some
16 services may need additional investment in resources.

17 **The committee's discussion of the evidence**

18 **Interpreting the evidence**

19 ***The outcomes that matter most***

20 The critical outcomes for this question were participation and independence because of their
21 role in enabling a person to take a full part in adult life. Health related quality of life was also
22 a critical outcome because of the potential effects of participation in work and leisure on
23 health and wellbeing. Important outcomes were function and self-efficacy.

24 Evidence was lacking for independence, health related quality of life and the other elements
25 of participation beyond employment (such as vocational and leisure activities).

26 ***The quality of the evidence***

27 The quality of the evidence was low according to GRADE, due to the observational nature of
28 the study there may have been important differences between those who did and did not
29 receive vocational rehabilitation. The single included study, however, did attempt to control
30 for group differences in relevant demographic and work disincentive variables including age,
31 ethnic group, co-occurring disabilities, educational level, medical insurance and cash benefits
32 by using multivariate logistic regression analysis. This lends weight to the study findings
33 which indicated those who had received certain types of vocational rehabilitation were more
34 likely to be in competitive employment. However, because of its observational design it was
35 not possible to compare the relative effectiveness of such interventions.

36 The study was from the USA with a slightly different system of vocational rehabilitation which
37 is not provided directly by the health service.

38 Evidence was lacking for independent living skills training and for the training of carers.

39 ***Benefits and harms***

40 The committee recognised that the [Equality Act \(2010\)](#) protects the rights of people with
41 disability and supports them to overcome barriers to reach their full potential. They noted that
42 any recommendations need to be consistent with this legislation and also support the human
43 rights of adults with cerebral palsy, as set out in the [UN Convention on the rights of persons](#)
44 [with disabilities](#), to independence, social and occupational integration, participation in the

1 community, access to training and to engage in work. They did not explicitly state this as a
2 recommendation but noted that their recommendations are drafted to fulfil NICE's obligation
3 to advance equality. However, the committee noted a number of potential environmental,
4 social and institutional barriers to participation that should be minimised in line with
5 governmental policy and legislation.

6 Based on their experience and expertise they decided to recommend referral to occupational
7 therapy services to people with complex physical, cognitive, language or sensory needs. The
8 committee agreed that such referrals would lead to tailored support in order to increase
9 independence and quality of life.

10 There is potentially great benefit to be gained from increased independence, social and
11 occupational integration, participation in the life of the community and access to work. The
12 committee agreed, based on their experience that individualised information provision is key
13 to identify which activities the adult with cerebral palsy would like to pursue. Furthermore
14 they highlighted that this information about vocational and independent living skills needs to
15 be tailored to the individual's cognitive, communicative and functional abilities and be
16 relevant to their needs and aspirations. The committee agreed best practice for the format of
17 information provision and how to communicate with adults most effectively, is well described
18 in the [NICE guideline on patient experience](#) and NICE's guideline on [people's experience in
19 adult social care service](#) to which they cross referred.

20 In the included study, higher educational attainment and fewer physical complications were
21 associated with gaining paid employment. The committee agreed that this group of adults
22 with cerebral palsy should be supported, but recognised that there are other adults with
23 cerebral palsy who would like to work and/or live independently and should be offered
24 referral to a professional with expertise in vocational and independent living skills, for
25 example an occupational therapist. The benefits of this relate to the provision of information
26 to enable adults to reach their full potential.

27 If problems in participation were highlighted by the adult with cerebral palsy the committee
28 decided, based on their expertise and experience, that an assessment of physical and
29 psychological factors followed by consideration of specialist input and possible referral to an
30 occupational therapist should occur. Examples of the relevant areas for assessment that the
31 committee discussed included: employment support to include workplace training and job
32 retention, leisure activities, statutory welfare benefits, vocational rehabilitation, voluntary
33 work, 'Access to work' schemes, occupational health assessment or workplace assessment,
34 supporting a planned exit from the workforce should it become too difficult to continue
35 working. The committee acknowledged that many related recommendations in the NICE
36 guideline on [Workplace health: management practices](#) (NG13) are also relevant and
37 therefore cross-referenced to it.

38 ***Cost effectiveness and resource use***

39 The committee noted that no relevant published economic evaluations had been identified for
40 this topic.

41 The committee recognised that if adults with cerebral palsy are not supported appropriately
42 this can reduce their ability to participate and increase the costs associated with ill-health.
43 The committee therefore prioritised a recommendation to assess someone's physical and
44 psychological health to reinforce current best practice. Estimating the costs to optimise
45 physical and psychological health would go beyond the scope of this guideline, but the
46 committee considered that such interventions would reduce future costs caused through lack
47 of participation and delayed or inappropriate management.

48 The committee noted that access to risk assessments in the workplace are geographically
49 variable, despite their relatively low cost to perform. This prevents any downstream costs
50 associated with (avoidable) incidents such as strains and falls. Consequently, the committee

1 considered that their recommendation to offer workplace assessment/occupational health
2 assessment to individuals with cerebral palsy would be a cost effective. Even if these
3 recommendations were not cost effective the committee noted that offering such
4 assessments is government legislation and should legally be adhered to regardless of the
5 resource use implications.

6 The committee agreed that the potential benefits in terms of securing employment and
7 preventing problems associated with isolation would also positively impact on quality of life
8 and participation. Overall, these recommendations are not expected to lead to a significant
9 increase in resource use.

10 **References**

11 **Huang 2013**

12 Huang,I.C., Holzbauer,J.J., Lee,E.J., Chronister,J., Chan,F., O'Neil,J., Vocational
13 rehabilitation services and employment outcomes for adults with cerebral palsy in the United
14 States, *Developmental Medicine and Child Neurology*, 55, 1000-1008, 2013

15

1 Appendices

2 Appendix A – Review protocols

3 Review protocol for review question D1: Which interventions (for example, vocational and independent living skills training) promote
4 participation in adults with cerebral palsy?

5 Table 4: Review protocol for interventions to promote participation and function

| Field (based on PRISMA-P) | Content |
|---|---|
| Review question | Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy? |
| Type of review question | Intervention review |
| Objective of the review | The aim of this review is to determine the relative effectiveness of interventions to promote participation in adults with cerebral palsy |
| Eligibility criteria – population /disease/condition/issue/domain | Adults aged 25 years and over with cerebral palsy (In included studies, all participants should be over 16 years old, but ideally over 25) |
| Eligibility criteria – intervention(s) /exposure(s)/prognostic factor(s) | <ul style="list-style-type: none"> • Vocational training (for example: multidisciplinary vocational rehabilitation; work skills training; work readiness) • Independent living skills training (for example: life skills training; relationships) • Carer training |
| Eligibility criteria – comparator(s) /control or reference (gold) standard | <ul style="list-style-type: none"> • Usual care • Within intervention category comparisons |
| Outcomes and prioritisation | Critical <ul style="list-style-type: none"> • Participation <ul style="list-style-type: none"> ○ occupation ○ employment ○ vocational activity ○ leisure |

| Field (based on PRISMA-P) | Content |
|--|--|
| | <ul style="list-style-type: none"> ○ (AUS)TOMS ○ GAS ● Independence ● Health related quality of life Important ● Function <ul style="list-style-type: none"> ○ COPM ○ FIM/FIMFAM ● Self-efficacy / self-determination <p>Minimally important differences</p> <ul style="list-style-type: none"> ● Goal Attainment Scale (GAS): 7 units ● ICF - Measure of Participation and Activities Screener: 2 units ● Canadian Occupational Performance Measure (COPM): 2 units ● Australian Therapy Outcome Measures for Occupational Therapy (AUSTOMS): 0.5 units ● Assessment of Life Habits: use minimal detectable change for each subdomain reported on rehabmeasures.org ● FIM total score 20 points ● FAM total score 20 points ● Other dichotomous outcomes will use default MIDs [RR thresholds of 0.80 and 1.2] <p>Other continuous outcomes will use default MIDs [0.5 times the SD of the control group]</p> |
| Eligibility criteria – study design | <p>Only published full text papers -</p> <ul style="list-style-type: none"> ● Systematic reviews of RCTs ● RCTs ● Comparative cohort studies or cross sectional studies (only if RCTs unavailable or limited data to inform decision making) <p>Consider conference abstracts only related to RCTs.</p> |

| Field (based on PRISMA-P) | Content |
|--|--|
| Other inclusion exclusion criteria | None |
| Proposed sensitivity/ sub-group analysis , or meta-regression | <p>Groups that will be reviewed and analysed separately: none identified</p> <p>In the presence of heterogeneity, the following subgroups will be considered for sensitivity analysis:</p> <ul style="list-style-type: none"> • Population subgroups: <ul style="list-style-type: none"> ○ Level of functional disability ○ Age groups (proportion who are younger than 25 years) ○ Learning difficulties • Intervention subgroups: <ul style="list-style-type: none"> ○ Type of carer (paid, family – for carer training) ○ Setting (residential versus others) ○ Subtype of intervention (we anticipate there will be a variety of ways of delivering skills training programs) ○ Who carries them out (occupational Therapists, rehabilitation workers, psychologists, consultant rehabilitation neurologists) ○ How long are they provided (duration) ○ How intensely are they provided (frequency) <p>Age and level of functional disability will be also considered important confounders which ideally should be adjusted for in any included comparative observational studies.</p> |
| Selection process – duplicate screening/selection/analysis | A random sample of the references identified in the search will be sifted by a second reviewer. This sample size will be 10% of the total, or 100 studies if the search identifies fewer than 1000 studies. All disagreements in study inclusion will be discussed and resolved between the two reviewers. The senior systematic reviewer or guideline lead will be involved if discrepancies cannot be resolved between the two reviewers. |
| Data management (software) | STAR was used to sift through the references identified by the search, and for data extraction Pairwise meta-analyses and production of forest plots was done using Cochrane Review Manager (RevMan5). 'GRADEpro' was used to assess the quality of evidence for each outcome. |
| Information sources – databases and dates | See literature search strategy in appendix B. |

| Field (based on PRISMA-P) | Content |
|---|--|
| Identify if an update | Not an update |
| Author contacts | For details please see the guideline in development web site. |
| Highlight if amendment to previous protocol | For details please see section 4.5 of Developing NICE guidelines: the manual 2014 |
| Search strategy – for one database | For details please see appendix B. |
| Data collection process – forms/duplicate | A standardised evidence table format will be used, and published as appendix D (clinical evidence tables) or H (economic evidence tables). |
| Data items – define all variables to be collected | For details please see evidence tables in appendix D (clinical evidence tables) or H (economic evidence tables). |
| Methods for assessing bias at outcome/study level | Standard study checklists were used to critically appraise individual studies. For details please see section 6.2 of Developing NICE guidelines: the manual 2014 The risk of bias across all available evidence was evaluated for each outcome using an adaptation of the 'Grading of Recommendations Assessment, Development and Evaluation (GRADE) toolbox' developed by the international GRADE working group http://www.gradeworkinggroup.org/ |
| Criteria for quantitative synthesis | For details please see section 6.4 of Developing NICE guidelines: the manual 2014 |
| Methods for quantitative analysis – combining studies and exploring (in)consistency | For details please see the separate methods document (supplementary document C). Meta-analysis will be conducted where appropriate. |
| Meta-bias assessment – publication bias, selective reporting bias | For details please see section 6.2 of Developing NICE guidelines: the manual 2014 . |
| Confidence in cumulative evidence | For details please see sections 6.4 and 9.1 of Developing NICE guidelines: the manual 2014 |
| Rationale/context – what is known | For details please see the introduction to the evidence review. |
| Describe contributions of authors and guarantor | A multidisciplinary committee developed the evidence review. The committee was convened by the National Guideline Alliance (NGA) and chaired by Dr Paul Eunson in line with section 3 of Developing NICE guidelines: the manual 2014 . Staff from the NGA undertook systematic literature searches, appraised the evidence, conducted meta-analysis and cost effectiveness analysis where appropriate, and drafted the guideline in collaboration with the committee. For details please see the methods in supplementary document C. |

| Field (based on PRISMA-P) | Content |
|--|---|
| Sources of funding/support | The NGA is funded by NICE and hosted by the Royal College of Obstetricians and Gynaecologists. |
| Name of sponsor | The NGA is funded by NICE and hosted by the Royal College of Obstetricians and Gynaecologists. |
| Roles of sponsor | NICE funds NGA to develop guidelines for those working in the NHS, public health and social care in England |
| PROSPERO registration number | Not applicable |

1 *AUSTOMS: Australian Therapy Outcome Measures for Occupational Therapy; ; COPM: Canadian Occupational Performance Measure; ; FIM: functional independence*
 2 *measure; FAM: functional ability measure; GRADE: Grading of Recommendations Assessment, Development and Evaluation; GAS: Goal Attainment Scale; ; ICF: International*
 3 *Classification of Functioning, Disability and Health; MID: minimally important difference; NGA: National Guideline Alliance; NHS: National health service; NICE: National*
 4 *Institute for Health and Care Excellence; RCT: randomised controlled trial; RoB: risk of bias; SD: standard deviation*
 5

Appendix B – Literature search strategies

Literature searches for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

This appendix is a combined search strategy and will be the same for all the evidence reviews for the D review questions as listed below:

D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

D2: Which interventions are effective for maintaining physical function and mobility in adults with cerebral palsy?

- Physical activity
- Strengthening programmes or training
- Orthotics
- Task-oriented upper limb training
- Orthopaedic surgery (including tendon lengthening and orthopaedic bone procedures in adulthood).

D3: What is the effectiveness of electronic assistive technology in promoting independence in adults with cerebral palsy?

D4: Which interventions (for example augmentative and alternative communication systems) are effective in promoting communication for adults with cerebral palsy who have communication difficulties?

Database: Medlife & Embase (Multifile)

Database(s): Embase 1974 to 2018 March 22, Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present

Table 5: Last searched on 22 March 2018

| # | Searches |
|----|---|
| 1 | exp Cerebral Palsy/ use prmz |
| 2 | exp cerebral palsy/ use oomezd |
| 3 | ((cerebral or brain or central) adj2 (pal* or paralys#s or pares#s)).tw. |
| 4 | cerebral palsy.ti,ab. |
| 5 | little? disease.tw. |
| 6 | ((hemipleg* or dipleg* or tripleg* or quadripleg* or unilateral*) adj5 spastic*).tw. |
| 7 | ((hemipleg* or dipleg* or tripleg* or quadripleg* or unilateral*) adj3 ataxi*).tw. |
| 8 | or/1-7 |
| 9 | limit 8 to english language |
| 10 | limit 9 to (adult <18 to 64 years> or aged <65+ years>) use oomezd [Limit not valid in Ovid MEDLINE(R),Ovid MEDLINE(R) In-Process; records were retained] |
| 11 | limit 9 to "all adult (19 plus years)" [Limit not valid in Embase; records were retained] |
| 12 | 11 use prmz |

| # | Searches |
|----|---|
| 13 | or/10,12 |
| 14 | exp Community Participation/ or exp Social Participation/ or exp "Activities of Daily Living"/ or exp Independent Living/ or exp Vocational Education/ or exp "Quality of Life"/ or exp Hearing Aids/ or exp Wheelchairs/ or exp Needs Assessment/ or exp Disability Evaluation/ or exp Self-Help Devices/ or exp Sickness Impact Profile/ or exp Sensory Aids/ or exp "Prostheses and Implants"/ or exp Orthotic Devices/ or exp Equipment Design/ or exp User-Computer Interface/ or exp communication aids for disabled/ or exp speech disorder/rh or exp Exercise/ or exp Rehabilitation/mt or exp Sports/ or exp Exercise Therapy/ or exp Orthopedic Procedures/ or exp Physical Therapy Modalities/ |
| 15 | 14 use prmz |
| 16 | social behavior/ or exp social adaptation/ or exp social participation/ or exp social interaction/ or exp community integration/ or exp community living/ or exp daily life activity/ or exp independent living/ or exp vocational education/ or exp "quality of life"/ or exp hearing aid/ or exp wheelchair/ or exp needs assessment/ or exp disability/ or exp self help device/ or exp Sickness Impact Profile/ or exp sensory aid/ or exp "prostheses and orthoses"/ or exp orthosis/ or exp implant/ or exp equipment design/ or exp computer interface/ or exp exercise/ or exp rehabilitation/ or exp self help/ or exp assistive technology/ or exp vocational guidance/ or exp communication aid/ or exp facilitated communication/ or exp eye tracking/ or exp sport/ or exp kinesiotherapy/ or exp orthopedic surgery/ or exp physiotherapy/ |
| 17 | 16 use oomezd |
| 18 | (participat* or (daily adj activit*) or (independen* adj5 liv*) or age* or aging or gender or motivat* or preference* or limitation* or restriction* or capacit* or performance* or (handl* adj5 object*) or assistive technolog* or (social adj5 interaction*) or employ* or vocation* or occupat* or educat* or profession* or isolat* or leisure activit* or mobil* or communicat* or eat* or dining or drink* or dress* or interact* or ((assistive or adaptive) adj5 (technolog* or device* or system*)) or home or school or work* or communit* or play* or eye tracking or sporting activit* or swim* or aqua* or upper limb training or bony procedure* or (neuro-developmental adj (treatment* or therap* or training)) or NDT or (muscle adj (tissue or tone)) or ((strength* or endurance) adj5 (program* or training*)) or ((tendon* or muscle*) adj (length* or stretch*)) or treadmill* or weight*).tw. |
| 19 | (augmentative or alternative communication or AAC or voice synthesizer* or accommodation* or sign language or gestur* or manual language board* or high?tech or touch screen* or speech?generating* or electronic keyboard* or phone* or iPad* or laptop* or computer* or modificat* or modify* or adapt* or custom* or tailor* or assist* or ((walking or hearing) adj aid*) or (communication adj (device* or system* or board*))).ti,ab. |
| 20 | 15 or 17 or 18 or 19 |
| 21 | 13 and 20 |
| 22 | conference abstract.pt. use oomezd |
| 23 | letter.pt. or LETTER/ use oomezd |
| 24 | Letter/ use prmz |
| 25 | EDITORIAL/ use prmz |
| 26 | editorial.pt. use oomezd |
| 27 | NEWS/ use prmz |
| 28 | exp HISTORICAL ARTICLE/ use prmz |
| 29 | note.pt. use oomezd |
| 30 | ANECDOTES AS TOPIC/ use prmz |
| 31 | COMMENT/ use prmz |

| # | Searches |
|----|---|
| 32 | CASE REPORT/ use prmz |
| 33 | CASE REPORT/ use oomezd |
| 34 | CASE STUDY/ use oomezd |
| 35 | (letter or comment* or abstracts).ti. |
| 36 | or/22-35 |
| 37 | RANDOMIZED CONTROLLED TRIAL/ use prmz |
| 38 | RANDOMIZED CONTROLLED TRIAL/ use oomezd |
| 39 | random*.ti,ab. |
| 40 | or/37-39 |
| 41 | 36 not 40 |
| 42 | ANIMALS/ not HUMANS/ use prmz |
| 43 | ANIMAL/ not HUMAN/ use oomezd |
| 44 | exp ANIMALS, LABORATORY/ use prmz |
| 45 | exp ANIMAL EXPERIMENTATION/ use prmz |
| 46 | exp MODELS, ANIMAL/ use prmz |
| 47 | exp RODENTIA/ use prmz |
| 48 | NONHUMAN/ use oomezd |
| 49 | exp ANIMAL EXPERIMENT/ use oomezd |
| 50 | exp EXPERIMENTAL ANIMAL/ use oomezd |
| 51 | ANIMAL MODEL/ use oomezd |
| 52 | exp RODENT/ use oomezd |
| 53 | (rat or rats or mouse or mice).ti. |
| 54 | or/41-53 |
| 55 | 21 not 54 |

Database: Cochrane Library

Table 6: Last searched on 22 March 2018

| Hits | Search |
|------|--|
| #1 | MeSH descriptor: [Cerebral Palsy] explode all trees and with qualifier(s): [Physiopathology - PP, Rehabilitation - RH] |
| #2 | ((cerebral or brain or central) N2 (pal* or paralys?s or pare?s)) |
| #3 | ((hemipleg* or dipleg* or tripleg* or quadripleg* or unilateral*) N5 spastic*) |
| #4 | ((hemipleg* or dipleg* or tripleg* or quadripleg* or unilateral*) N3 ataxi*) |
| #5 | #1 or #2 or #3 or #4 |
| #6 | MeSH descriptor: [Social Behavior] explode all trees |
| #7 | MeSH descriptor: [Social Participation] explode all trees |
| #8 | MeSH descriptor: [Interpersonal Relations] explode all trees |
| #9 | MeSH descriptor: [Community Integration] explode all trees |
| #10 | MeSH descriptor: [Independent Living] explode all trees |
| #11 | MeSH descriptor: [Activities of Daily Living] explode all trees |

| Hits | Search |
|------|--|
| #12 | MeSH descriptor: [Vocational Education] explode all trees |
| #13 | MeSH descriptor: [Quality of Life] explode all trees |
| #14 | MeSH descriptor: [Hearing Aids] explode all trees |
| #15 | MeSH descriptor: [Wheelchairs] explode all trees |
| #16 | MeSH descriptor: [Needs Assessment] explode all trees |
| #17 | MeSH descriptor: [Disability Evaluation] explode all trees |
| #18 | MeSH descriptor: [Self-Help Devices] explode all trees |
| #19 | MeSH descriptor: [Sickness Impact Profile] explode all trees |
| #20 | MeSH descriptor: [Sensory Aids] explode all trees |
| #21 | MeSH descriptor: [Prostheses and Implants] explode all trees |
| #22 | MeSH descriptor: [Orthotic Devices] explode all trees |
| #23 | MeSH descriptor: [Equipment Design] explode all trees |
| #24 | MeSH descriptor: [User-Computer Interface] explode all trees |
| #25 | MeSH descriptor: [Exercise] explode all trees |
| #26 | MeSH descriptor: [Rehabilitation] explode all trees |
| #27 | MeSH descriptor: [Vocational Guidance] explode all trees |
| #28 | MeSH descriptor: [Communication Aids for Disabled] explode all trees |
| #29 | MeSH descriptor: [Eye Movements] explode all trees |
| #30 | MeSH descriptor: [Sports] explode all trees |
| #31 | MeSH descriptor: [Exercise Therapy] explode all trees |
| #32 | MeSH descriptor: [Orthopedic Procedures] explode all trees |
| #33 | MeSH descriptor: [Physical Therapy Modalities] explode all trees |
| #34 | sporting activit* or swim* or aqua* or upper limb training or bony procedures or Neuro-developmental near (Treatment* or therap* or training) or NDT or muscle tissue or muscle tone or strength* or endurance or length* or stretch* or treadmill* or weight* |
| #35 | participat* or independent liv* or age or aging or limitation* or restriction* or capacit* or performance* or Assistive technolog* or augmentative communication or alternative communication or AAC or employ* or vocation* or occupat* or educat* or profession* or leisure activit* or interaction* or home or school or work* or communit* or play* or accommodation* or sign language or gestur* or manual language board* or high?tech or touch screen* or speech?generating* or electronic keyboard* or phone* or iPad* or laptop* or computer or eye tracking or modif* or adapt* or custom* or tailor* or assist* or walking aid* or hearing aid* |
| #36 | {or #6-#35} |
| #37 | #5 and #36 |

Database: WEB OF SCIENCE

Table 7: Last searched on 22 March 2018

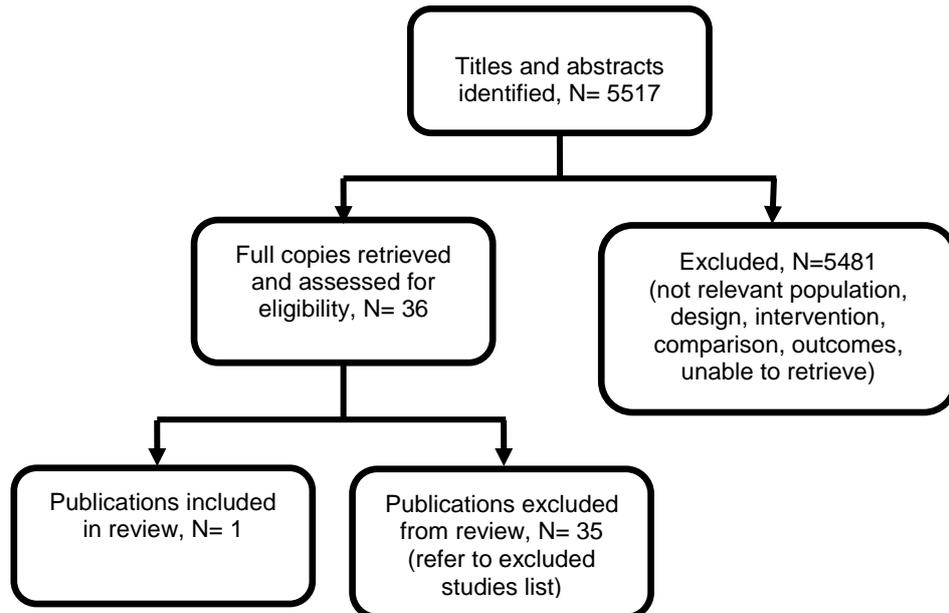
| #3 | #2 AND #1 AND LANGUAGE: (English) |
|----|--|
| #2 | ts=Social Behavior or ts=Social Participation or ts=Interpersonal Relations or ts=Community Integration or ts=Independent Living or ts=Activities of Daily Living or ts=Vocational Education or ts=Quality of Life or ts=Hearing Aid* or ts=Wheelchair* or ts=Disability Evaluation or ts=Needs Assessment or ts=Self-Help Device* or ts=Sensory Aid* or |

| | |
|----|---|
| #3 | #2 AND #1 AND LANGUAGE: (English) |
| | ts=Prostheses or ts=Implant* or ts=Orthotic Device* or ts=Equipment Design or ts=User-Computer Interface or ts=Exercise* or ts=Rehabilitation or ts=Vocational Guidance or ts=Sport* or ts=Exercise Therap* or ts=Orthopedic Surgery or ts=Physiotherapy OR TS=Assistive technolog* or TS=augmentative communication or TS=alternative communication or TS=AAC OR TS>manual language board* or TS=high?tech or TS=touch screen* or TS=speech?generating* or TS=electronic keyboard* or TS=phone* or TS=iPad* or TS=laptop* or TS=eye tracking |
| #1 | ts=Cerebral Palsy |

Appendix C – Clinical evidence study selection

Clinical evidence study selection for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

Figure 1: Flow diagram of clinical article selection for interventions to promote participation in adults with cerebral palsy review



Appendix D – Clinical evidence tables

Clinical evidence tables for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

Table 8: Studies included in the evidence review for interventions for participation

| Study details | Participants | Interventions | Methods | Outcomes and Results | Comments | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|--|---|--------------------|---------------|----|----|---|------------|-----------|---|------|------|---|-------|------|---------------|--|--|--|---|--------|--|--|--------|-----------|------|---|--------|------|---------------|--------|-----------|-----------|---|-----|------|---------------|---|------|------|---|-------|------|---------------|--|------|------|---|--------|------|---------------|---|-----------|------|---|-------|------|---------------|---|-----------|-----|---|--------|------|---------------|--|------|------|---|-------|------|---------------|--|
| <p>Full citation Huang,I.C., Holzbauer,J.J., Lee,E.J., Chronister,J., Chan,F., O'Neil,J., Vocational rehabilitation services and employment outcomes for adults with cerebral palsy in the United States, Developmental Medicine and Child Neurology, 55, 1000-1008, 2013</p> <p>Ref Id 317351</p> <p>Country/ies where the study was carried out USA</p> | <p>Sample size 3162</p> <p>Characteristics Age 16 to 54 years 57.6% males 9.2% were diagnosed with an intellectual disability and 3.4% had co- occurring epilepsy. 54% reported receiving cash benefits 60% reported receiving medical insurance (for example: Medicare/Medicaid)</p> <p>Inclusion criteria People with CP whose details were entered in the US Department of Education Rehabilitation Service Administration Case Service</p> | <p>Interventions Vocational rehabilitation services, classified as one of the following:</p> <ul style="list-style-type: none"> • Assessment • Diagnosis and treatment of impairments • Vocational rehabilitation counselling and guidance • College or university training • Occupational/vocational training • On-the-job training • Basic academic remedial or literacy training • Job readiness training • Disability-related augmentative skills training • Miscellaneous training • Job search assistance • Job placement assistance | <p>Details Multivariate logistic regression was used to examine determinants of employability for adults with CP receiving vocational rehabilitation services. Three sets of predictor variables were used for the analysis, including demographic variables, work disincentive variables, and rehabilitation</p> | <p>Results Demographic, work incentive and vocational rehabilitation predictors of employment outcomes:</p> <table border="1"> <thead> <tr> <th>Predictor variable</th> <th>B</th> <th>SE</th> <th>df</th> <th>p</th> <th>Exp (B)</th> <th>95% CI</th> </tr> </thead> <tbody> <tr> <td>Sex (with female as the reference category)</td> <td>0.24</td> <td>0.08</td> <td>1</td> <td>0.002</td> <td>1.27</td> <td>1.09– 1.48</td> </tr> <tr> <td>Age at application (with 26–54y as the reference category)</td> <td></td> <td></td> <td>2</td> <td><0.001</td> <td></td> <td></td> </tr> <tr> <td>16–20y</td> <td>– 0.39</td> <td>0.09</td> <td>1</td> <td><0.001</td> <td>0.68</td> <td>0.56– 0.81</td> </tr> <tr> <td>21–25y</td> <td>– 0.15</td> <td>– 0.12</td> <td>1</td> <td>0.2</td> <td>0.86</td> <td>0.69– 1.08</td> </tr> <tr> <td>African- or Native- American race (with European-, Asian-, and Hispanic- American as the reference category)</td> <td>0.13</td> <td>0.11</td> <td>1</td> <td>0.225</td> <td>1.14</td> <td>0.92– 1.42</td> </tr> <tr> <td>Education level (with lower than bachelor degree as the reference category)</td> <td>1.01</td> <td>0.16</td> <td>1</td> <td><0.001</td> <td>2.74</td> <td>2.02– 3.71</td> </tr> <tr> <td>Medical insurance (with 'No' as the reference category)</td> <td>– 0.12</td> <td>0.07</td> <td>1</td> <td>0.105</td> <td>0.89</td> <td>0.77– 1.03</td> </tr> <tr> <td>Cash benefits (with 'No' as the reference category)</td> <td>– 0.61</td> <td>0.1</td> <td>1</td> <td><0.001</td> <td>0.55</td> <td>0.45– 0.66</td> </tr> <tr> <td>Diagnostics and treatment (with 'No' as</td> <td>0.16</td> <td>0.09</td> <td>1</td> <td>0.058</td> <td>1.18</td> <td>1.00– 1.39</td> </tr> </tbody> </table> | Predictor variable | B | SE | df | p | Exp (B) | 95% CI | Sex (with female as the reference category) | 0.24 | 0.08 | 1 | 0.002 | 1.27 | 1.09– 1.48 | Age at application (with 26–54y as the reference category) | | | 2 | <0.001 | | | 16–20y | – 0.39 | 0.09 | 1 | <0.001 | 0.68 | 0.56– 0.81 | 21–25y | – 0.15 | – 0.12 | 1 | 0.2 | 0.86 | 0.69– 1.08 | African- or Native- American race (with European-, Asian-, and Hispanic- American as the reference category) | 0.13 | 0.11 | 1 | 0.225 | 1.14 | 0.92– 1.42 | Education level (with lower than bachelor degree as the reference category) | 1.01 | 0.16 | 1 | <0.001 | 2.74 | 2.02– 3.71 | Medical insurance (with 'No' as the reference category) | – 0.12 | 0.07 | 1 | 0.105 | 0.89 | 0.77– 1.03 | Cash benefits (with 'No' as the reference category) | – 0.61 | 0.1 | 1 | <0.001 | 0.55 | 0.45– 0.66 | Diagnostics and treatment (with 'No' as | 0.16 | 0.09 | 1 | 0.058 | 1.18 | 1.00– 1.39 | <p>Limitations ROBINS-I checklist Bias due to confounding: low risk Bias in selection of participants into the study: low risk Bias in classification of intervention: moderate risk. Due to subjective recall bias, rehabilitation counsellors handle and enter case service information at various stages in the rehabilitation process and</p> |
| Predictor variable | B | SE | df | p | Exp (B) | 95% CI | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sex (with female as the reference category) | 0.24 | 0.08 | 1 | 0.002 | 1.27 | 1.09– 1.48 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Age at application (with 26–54y as the reference category) | | | 2 | <0.001 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16–20y | – 0.39 | 0.09 | 1 | <0.001 | 0.68 | 0.56– 0.81 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 21–25y | – 0.15 | – 0.12 | 1 | 0.2 | 0.86 | 0.69– 1.08 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| African- or Native- American race (with European-, Asian-, and Hispanic- American as the reference category) | 0.13 | 0.11 | 1 | 0.225 | 1.14 | 0.92– 1.42 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Education level (with lower than bachelor degree as the reference category) | 1.01 | 0.16 | 1 | <0.001 | 2.74 | 2.02– 3.71 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Medical insurance (with 'No' as the reference category) | – 0.12 | 0.07 | 1 | 0.105 | 0.89 | 0.77– 1.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cash benefits (with 'No' as the reference category) | – 0.61 | 0.1 | 1 | <0.001 | 0.55 | 0.45– 0.66 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Diagnostics and treatment (with 'No' as | 0.16 | 0.09 | 1 | 0.058 | 1.18 | 1.00– 1.39 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Study details | Participants | Interventions | Methods | Outcomes and Results | Comments | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--|---|---|--|-------------------------|-----------|--|--|--|--|--|---|------|-----|---|-------|------|-----------|--|------|------|---|--------|-----|-----------|--|------|-----|---|--------|------|-----------|---|------|------|---|--------|------|-----------|---|------|-----|---|--------|-----|-----------|----------|-------|------|---|--------|------|--|--|
| <p>Study type Cross-sectional study.</p> <p>Aim of the study To examine the relationship between vocational rehabilitation services provided and work outcomes among people with cerebral palsy, while accounting for demographic characteristics.</p> <p>Study dates 2009 - this was the most current dataset available</p> <p>Source of funding Funded by a grant from the Department of Education, National Institute on Disability and Rehabilitation</p> | <p>Report (RSA-911) database whose cases were closed in 2009.</p> <p>Exclusion criteria People who were ineligible for vocational rehabilitation services with an individualized plan for employment.</p> | <ul style="list-style-type: none"> • On-the-job support • Transportation services • Maintenance • Rehabilitation technology | <p>service variables.</p> <p>Competitive employment was the outcome measure defined as working full time or part time in an integrated competitive setting, in self-employment or in a state-managed business enterprise programme with an income compensated at or above the minimum wage.</p> | <table border="1"> <tr> <td>the reference category)</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>On-the-job training (with 'No' as the reference category)</td> <td>0.43</td> <td>0.2</td> <td>1</td> <td>0.031</td> <td>1.53</td> <td>1.04–2.25</td> </tr> <tr> <td>Job placement assistance (with 'No' as the reference category)</td> <td>1.03</td> <td>0.08</td> <td>1</td> <td><0.001</td> <td>2.8</td> <td>2.39–3.28</td> </tr> <tr> <td>On-the-job support (with 'No' as the reference category)</td> <td>0.84</td> <td>0.1</td> <td>1</td> <td><0.001</td> <td>2.33</td> <td>1.93–2.80</td> </tr> <tr> <td>Maintenance (with 'No' as the reference category)</td> <td>0.41</td> <td>0.11</td> <td>1</td> <td><0.001</td> <td>1.51</td> <td>1.21–1.87</td> </tr> <tr> <td>Rehabilitation technology (with 'No' as the reference category)</td> <td>0.59</td> <td>0.1</td> <td>1</td> <td><0.001</td> <td>1.8</td> <td>1.48–2.18</td> </tr> <tr> <td>Constant</td> <td>–0.65</td> <td>0.15</td> <td>1</td> <td><0.001</td> <td>0.52</td> <td></td> </tr> </table> <p>B, logistic regression coefficient; CI, confidence interval; df, degrees of freedom; Exp (B), odds ratio; SE, standard error.</p> | the reference category) | | | | | | | On-the-job training (with 'No' as the reference category) | 0.43 | 0.2 | 1 | 0.031 | 1.53 | 1.04–2.25 | Job placement assistance (with 'No' as the reference category) | 1.03 | 0.08 | 1 | <0.001 | 2.8 | 2.39–3.28 | On-the-job support (with 'No' as the reference category) | 0.84 | 0.1 | 1 | <0.001 | 2.33 | 1.93–2.80 | Maintenance (with 'No' as the reference category) | 0.41 | 0.11 | 1 | <0.001 | 1.51 | 1.21–1.87 | Rehabilitation technology (with 'No' as the reference category) | 0.59 | 0.1 | 1 | <0.001 | 1.8 | 1.48–2.18 | Constant | –0.65 | 0.15 | 1 | <0.001 | 0.52 | | <p>may rely on recall rather than the case file itself.</p> <p>Bias due to deviations from intended interventions: low risk</p> <p>Bias due to missing data: no information</p> <p>Bias in measurement of outcomes: moderate risk. Due to subjective recall bias, as above.</p> <p>Bias in selection of the reported result: low risk</p> <p>Overall bias: low risk</p> <p>Other information</p> |
| the reference category) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| On-the-job training (with 'No' as the reference category) | 0.43 | 0.2 | 1 | 0.031 | 1.53 | 1.04–2.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Job placement assistance (with 'No' as the reference category) | 1.03 | 0.08 | 1 | <0.001 | 2.8 | 2.39–3.28 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| On-the-job support (with 'No' as the reference category) | 0.84 | 0.1 | 1 | <0.001 | 2.33 | 1.93–2.80 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Maintenance (with 'No' as the reference category) | 0.41 | 0.11 | 1 | <0.001 | 1.51 | 1.21–1.87 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Rehabilitation technology (with 'No' as the reference category) | 0.59 | 0.1 | 1 | <0.001 | 1.8 | 1.48–2.18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Constant | –0.65 | 0.15 | 1 | <0.001 | 0.52 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

DRAFT FOR CONSULTATION

Interventions that improve function and participation for adults aged 25 and over with cerebral palsy:

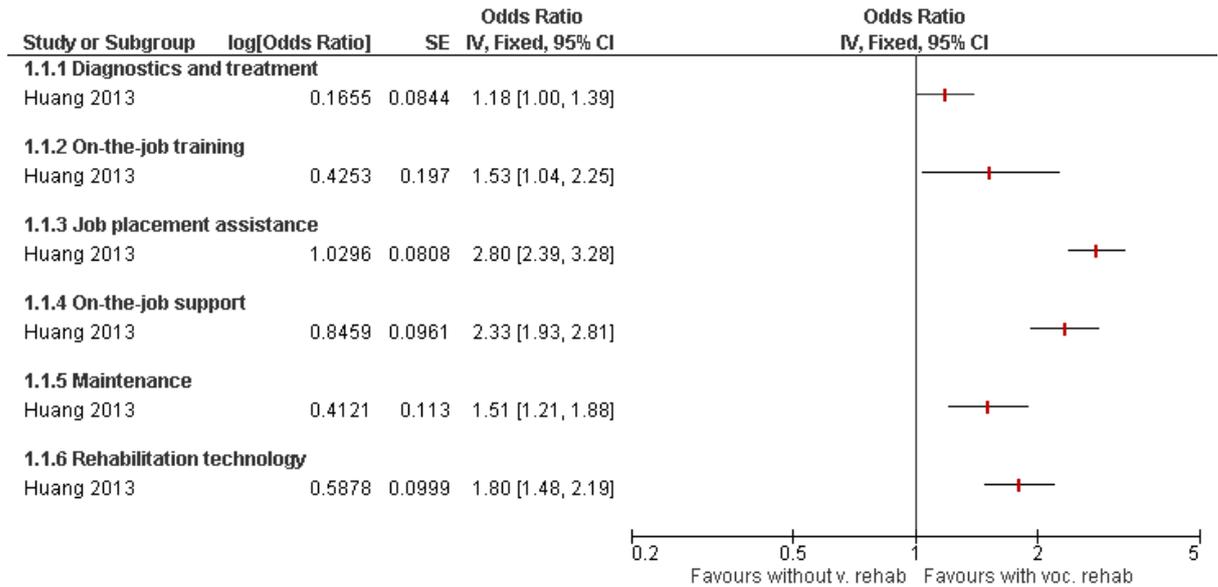
| Study details | Participants | Interventions | Methods | Outcomes and Results | Comments |
|--|--------------|---------------|---------|----------------------|----------|
| Research (NIDRR). Grant number PR# H133B100034. | | | | | |

Appendix E – Forest plots

Forest plots for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

Comparison 1: vocational rehabilitation versus no vocational rehabilitation

Figure 2: Employment in adults with cerebral palsy according to type of vocational rehabilitation received



CI: confidence interval; IV: inverse variance; SE: standard error; v(voc) rehab: vocational rehabilitation

Appendix F – GRADE tables

GRADE tables for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

Table 9: Clinical evidence profile: Comparison 1: vocational rehabilitation versus no vocational rehabilitation

| Quality assessment | | | | | | | No of patients | | Effect | | Quality | Importance |
|--|-----------------------|-------------------------|--------------------------|-------------------------|--------------------------|----------------------|--|--|-------------------------------------|---|---------|------------|
| No of studies | Design | Risk of bias | Inconsistency | Indirectness | Imprecision ⁴ | Other considerations | Vocational rehabilitation ² | No (or other type) of vocational rehabilitation ² | Relative (95% CI) | Absolute ¹ | | |
| Participation: Competitive employment - Diagnostics and treatment versus none | | | | | | | | | | | | |
| 1 | observational studies | no serious risk of bias | no serious inconsistency | no serious indirectness | no serious imprecision | none | 943 | 2219 50% | OR 1.18 (1 to 1.39) ³ | - 41 more per 1000 (from 0 more to 82 more) | LOW | CRITICAL |
| Participation: Competitive employment - On-the-job training versus none | | | | | | | | | | | | |
| 1 | observational studies | no serious risk of bias | no serious inconsistency | no serious indirectness | no serious imprecision | none | 145 | 3017 50% | OR 1.53 (1.04 to 2.25) ³ | - 105 more per 1000 (from 10 more to 192 more) | LOW | CRITICAL |

| Quality assessment | | | | | | | No of patients | | Effect | | Quality | Importance |
|---|-----------------------|-------------------------|--------------------------|-------------------------|--------------------------|----------------------|--|--|--|--|---------|------------|
| No of studies | Design | Risk of bias | Inconsistency | Indirectness | Imprecision ⁴ | Other considerations | Vocational rehabilitation ² | No (or other type) of vocational rehabilitation ² | Relative (95% CI) | Absolute ¹ | | |
| Participation: Competitive employment - Job placement assistance versus none | | | | | | | | | | | | |
| 1 | observational studies | no serious risk of bias | no serious inconsistency | no serious indirectness | no serious imprecision | none | 1289 | 1873 50% | OR 2.8 (2.39 to 3.28) ³ | - 237 more per 1000 (from 205 more to 266 more) | LOW | CRITICAL |
| Participation: Competitive employment - On-the-job support versus none | | | | | | | | | | | | |
| 1 | observational studies | no serious risk of bias | no serious inconsistency | no serious indirectness | no serious imprecision | none | 767 | 2395 50% | OR 2.33 (1.93 to 2.81) ³ | - 200 more per 1000 (from 159 more to 238 more) | LOW | CRITICAL |
| Participation: Competitive employment - Maintenance versus none | | | | | | | | | | | | |
| 1 | observational studies | no serious risk | no serious inconsistency | no serious indirectness | no serious imprecision | none | 469 | 2693 50% | OR 1.51 (1.21) | - 102 more per | LOW | CRITICAL |

| Quality assessment | | | | | | | No of patients | | Effect | | Quality | Importance |
|--|-----------------------|-------------------------|--------------------------|-------------------------|--------------------------|----------------------|--|--|------------------------------------|---|---------|------------|
| No of studies | Design | Risk of bias | Inconsistency | Indirectness | Imprecision ⁴ | Other considerations | Vocational rehabilitation ² | No (or other type) of vocational rehabilitation ² | Relative (95% CI) | Absolute ¹ | | |
| | | of bias | | | | | | | to 1.88) ³ | 1000 (from 48 more to 153 more) | | |
| Participation: Competitive employment - Rehabilitation technology versus none | | | | | | | | | | | | |
| 1 | observational studies | no serious risk of bias | no serious inconsistency | no serious indirectness | no serious imprecision | none | 651 | 2511 50% | OR 1.8 (1.48 to 2.19) ³ | - 143 more per 1000 (from 97 more to 187 more) | LOW | CRITICAL |
| Independence - not reported | | | | | | | | | | | | |
| - | - | - | - | - | - | - | - | - | - | - | | CRITICAL |
| Health related quality of life - not reported | | | | | | | | | | | | |
| - | - | - | - | - | - | - | - | - | - | - | | CRITICAL |
| Function - not reported | | | | | | | | | | | | |
| - | - | - | - | - | - | - | - | - | - | - | | IMPORTANT |
| Self-efficacy - not reported | | | | | | | | | | | | |
| - | - | - | - | - | - | - | - | - | - | - | | IMPORTANT |

CI: confidence interval; OR: odds ratio

1. Control risk is the overall employment rate in the study (50%)

2. The event rates for each rehabilitation type were not reported: the odds ratios were derived from logistic regression

3 Odds ratios were adjusted for demographic and work disincentive variables

4 In the absence of default thresholds for imprecision of odds ratios, a threshold of ≤ 300 events was used to define serious imprecision

Appendix G – Economic evidence study selection

Economic evidence study selection for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

No economic evidence was identified for this review.

Appendix H – Economic evidence tables

Economic evidence tables for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

No economic evidence was identified for this review.

Appendix I – Health economic evidence profiles

Health economic evidence profiles for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

No economic evidence was identified for this review.

Appendix J – Health economic analysis

Health economic analysis for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

No economic evidence was included in this review.

Appendix K – Excluded studies

Clinical and economic list of excluded studies for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

Clinical studies

Table 10: Excluded clinical studies for vocational and independent living skills

| Excluded studies – D1 Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy? | |
|---|--|
| Study | Reason for Exclusion |
| Alves-Pinto, A., Ehrlich, S., Cheng, G., Turova, V., Blumenstein, T., Lampe, R., Effects of short-term piano training on measures of finger tapping, somatosensory perception and motor-related brain activity in patients with cerebral palsy, <i>Neuropsychiatric Disease and Treatment</i> , 13, 2705-2718, 2017 | The outcome measures do not match the protocol |
| Becker, H., Schaller, J., Perceived Health and Self-Efficacy among Adults with Cerebral-Palsy, <i>Journal of rehabilitation</i> , 61, 36-42, 1995 | This study does not compare interventions |
| Benner, J. L., Hilberink, S. R., Veenis, T., van der Slot, W. M. A., Roebroek, M. E., Course of employment in adults with cerebral palsy over a 14-year period, <i>Developmental Medicine and Child Neurology</i> , 59, 762-768, 2017 | This study does not compare interventions |
| Clark, G. F., Vocational-Education for Multihandicapped Youth with Cerebral-Palsy - Wehman,P, Wood,W, Everson,Jm, Goodwyn,R, Conley,S, <i>American Journal of Occupational Therapy</i> , 44, 377-377, 1990 | Book review |
| Eismann, M. M., Weisshaar, R., Capretta, C., Cleary, D. S., Kirby, A. V., Persch, A. C., Characteristics of Students Receiving Occupational Therapy Services in Transition and Factors Related to Postsecondary Success, <i>American Journal of Occupational Therapy</i> , 71, 7103100010p1-7103100010p8, 2017 | This study does not compare interventions |
| Galambos, N. L., Magill-Evans, J., Darrah, J., Psychosocial Maturity in the Transition to Adulthood for People With and Without Motor Disabilities, <i>Rehabilitation Psychology</i> , 53, 498-504, 2008 | See Magill-Evans 2008 |
| Goodrich, E., Wahbeh, H., Mooney, A., Miller, M., Oken, B. S., Teaching mindfulness meditation to adults with severe speech and physical impairments: An exploratory study, <i>Neuropsychological Rehabilitation</i> , 25, 708-32, 2015 | 2/5 participants had CP. No effectiveness data reported |
| Huang,I.C., Wang,Y.T., Chan,F., Employment outcomes of adults with cerebral palsy in Taiwan, <i>Disability and Rehabilitation</i> , 35, 228-235, 2013 | Predictors of employment - not intervention study |
| Hutchison, J., College students who have cerebral palsy. A follow-up study of employment, <i>The Cerebral palsy journal</i> , 29, 3-7, 1968 | Describes predictors of employment in those with CP - does not compare interventions |

| Excluded studies – D1 Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy? | |
|---|---|
| Study | Reason for Exclusion |
| Karlsson, B., Gardestroem, L., Nordqvist, I., Jacobson, F., Cerebral Palsy in Young Adults. A Socio-Medical Study with Special Regard to Employment Problems, <i>Developmental Medicine & Child Neurology</i> , 7, 269-77, 1965 | Not interventional study |
| Lindsay, S., Discrimination and other barriers to employment for teens and young adults with disabilities, <i>Disability and rehabilitation</i> , 33, 1340-1350, 2011 | This study does not compare interventions |
| Mackeith, R. C., Bax, M. C., Assessment, training and employment of adolescents and young adults with cerebral palsy. 2. What facilities are needed, <i>Cerebral palsy bulletin</i> , 3, 135-8, 1961 | Expert review |
| Magill-Evans, J., Galambos, N., Darragh, J., Nickerson, C., Predictors of employment for young adults with developmental motor disabilities, <i>Work</i> , 31, 433-442, 2008 | Predictors of employment - not intervention study |
| Majnemer, A., Shikako-Thomas, K., Lach, L., Shevell, M., Law, M., Schmitz, N., Poulin, C., Quala Group, Rehabilitation service utilization in children and youth with cerebral palsy, <i>Child: Care, Health & Development</i> , 40, 275-82, 2014 | Demographics of rehabilitation service users - no comparison of interventions |
| Michelsen, S. I., Uldall, P., Kejs, A. M. T., Madsen, M., Education and employment prospects in cerebral palsy, <i>Developmental Medicine and Child Neurology</i> , 47, 511-517, 2005 | Study of CP characteristics related to employment or educational status |
| Morgan, M. R., Assessment, training and employment of adolescents and young adults with cerebral palsy. 3. Facilities now available, <i>Cerebral palsy bulletin</i> , 3, 139-44, 1961 | Expert review of services in 1961 |
| Murphy, K. P., Molnar, G. E., Lankasky, K., Employment and social issues in adults with cerebral palsy, <i>Archives of Physical Medicine and Rehabilitation</i> , 81, 807-811, 2000 | Compares educational level with employment status in those with CP Not an intervention study |
| Nielsen, H. H., A follow-up study of young cerebral palsied patients. Some psychological, educational and vocational aspects, <i>Scandinavian Journal of Psychology</i> , 16, 217-24, 1975 | Predictors of education |
| O'Grady, R. S., Nishimura, D. M., Kohn, J. G., Bruvold, W. H., Vocational predictions compared with present vocational status of 60 young adults with cerebral palsy, <i>Developmental Medicine & Child Neurology</i> , 27, 775-84, 1985 | Not an intervention study |
| Roebroek, M. E., Van Den Bergemons, H. J. G., Nieuwenhuijsen, C., Hilberink, S. R., Van Der Slot, W. M. A., Van Meeteren, J., Stam, H. J., Innovating transition and lifespan care for people with cerebral palsy, <i>Developmental medicine and child neurology</i> , 52, 74, 2010 | Abstract only |
| Ryan, J. M., Cassidy, E. E., Noorduyn, S. G., O'Connell, N. E., Exercise interventions for cerebral palsy, <i>Cochrane Database of Systematic Reviews</i> <i>Cochrane Database Syst Rev</i> , 6, CD011660, 2017 | The interventions do not match the protocol References were checked but none could be included |

| Excluded studies – D1 Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy? | |
|--|--|
| Study | Reason for Exclusion |
| Sillanpaa, M., Piekkala, P., Pisirici, H., The young adult with cerebral palsy and his chances of employment, <i>International Journal of Rehabilitation Research</i> , 5, 467-76, 1982 | Observational study of employment outcomes in CP |
| Tarsuslu, T., Livanelioglu, A., Relationship between quality of life and functional status of young adults and adults with cerebral palsy, <i>Disability & Rehabilitation</i> , 32, 1658-65, 2010 | Compares functional status and QOL - not an intervention study |
| Tobimatsu, Y., Nakamura, R., Retrospective study of factors affecting employability of individuals with cerebral palsy in Japan, <i>Tohoku Journal of Experimental Medicine</i> , 192, 291-9, 2000 | Factors predicting employment - not intervention study |
| Tornbom, K., Tornbom, M., Sunnerhagen, K. S., Experiences of participation in a Swedish society among adults with cerebral palsy or spina bifida: involvement and challenges, <i>Journal of Social Work in Disability & Rehabilitation</i> , 12, 256-71, 2013 | See Tornbom 2014 |
| Tornbom, M., Jonsson, U., Sunnerhagen, K. S., Work participation among middle-aged persons with cerebral palsy or spina bifida - A longitudinal study, <i>Disability and Health Journal</i> , 7, 251-255, 2014 | Longitudinal study of employment - not intervention study |
| van der Dussen, L., Nieuwstraten, W., Roebroek, M., Stam, H. J., Functional level of young adults with cerebral palsy, <i>Clinical Rehabilitation</i> , 15, 84-91, 2001 | Not interventional study |
| van der Slot, W. M. A., Nieuwenhuijsen, C., van den Berg-Emons, R. J. G., Wensink-Boonstra, A. E., Stam, H. J., Roebroek, M. E., Participation and Health-Related Quality of Life in Adults with Spastic Bilateral Cerebral Palsy and the Role of Self-Efficacy, <i>Journal of rehabilitation medicine</i> , 42, 528-535, 2010 | Not intervention study |
| van der Slot, W. M. A., Roebroek, M. E., Landkroon, A. P., Terburg, M., van den Berg-Emons, R. J. G., Stam, H. J., Everyday physical activity and community participation of adults with hemiplegic cerebral palsy, <i>Disability and rehabilitation</i> , 29, 179-189, 2007 | Not an intervention study |
| van der Slot, W. M., Nieuwenhuijsen, C., van den Berg-Emons, R. J., Wensink-Boonstra, A. E., Stam, H. J., Roebroek, M. E., Transition Research Group South West, Netherlands, Participation and health-related quality of life in adults with spastic bilateral cerebral palsy and the role of self-efficacy, <i>Journal of Rehabilitation Medicine</i> , 42, 528-35, 2010 | Not intervention study |
| Verhoef, J. A. C., Roebroek, M. E., van Schaardenburgh, N., Floothuis, M., Miedema, H. S., Improved Occupational Performance of Young Adults with a Physical Disability After a Vocational Rehabilitation Intervention, <i>Journal of Occupational Rehabilitation</i> , 24, 42-51, 2014 | 3/11 had CP |
| Verhoef, J. A., Bramsen, I., Miedema, H. S., Stam, H. J., Roebroek, M. E., Transition,, Lifespan Research Group South West, Netherlands, Development of work participation in young adults with cerebral palsy: a longitudinal study, <i>Journal of Rehabilitation Medicine</i> , 46, 648-55, 2014 | Predictors of employment - not intervention study |
| Wehman, P.H., Revell, W.G., Kregel, J., Kreutzer, J.S., Callahan, M., Banks, P.D., Supported employment: an alternative model for vocational rehabilitation of persons with severe neurologic, psychiatric, or physical | This study does not compare interventions |

| Excluded studies – D1 Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy? | |
|---|--|
| Study | Reason for Exclusion |
| disability, Archives of Physical Medicine and Rehabilitation, 72, 101-105, 1991 | |
| Wigfield, M. E., Cerebral palsy: altered sensation, astereognosis and sensory perception in relation to vocational training and job performance, Clinical Orthopaedics & Related Research, 46, 93-108, 1966 | Describes the Sherrards vocational training program (1966) |
| Yue, S. J., Moed, M. G., Medical and vocational evaluation of young adult cerebral palsied: experience and followup, 157 cases, Archives of Physical Medicine & Rehabilitation, 41, 136-42, 1960 | Non-comparative study - reports outcomes of a brief vocational training intervention |

CP: cerebral palsy; QOL: quality of life

Economic studies

No economic evidence was identified for this review.

Appendix L – Research recommendations

Research recommendations for review question D1: Which interventions (for example, vocational and independent living skills training) promote participation in adults with cerebral palsy?

No research recommendation was made for this review.