

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE guidelines

Equality impact assessment

Hypertension in adults: diagnosis and management (update)

The impact on equality has been assessed during guidance development according to the principles of the NICE equality policy.

1.0 Checking for updates and scope: before scope consultation (to be completed by the Developer and submitted with the draft scope for consultation)

1.1 Is the proposed primary focus of the guideline a population with a specific communication or engagement need, related to disability, age, or other equality consideration? Y/N

If so, what is it and what action might be taken by NICE or the developer to meet this need? (For example, adjustments to committee processes, additional forms of consultation.)

No

1.2 Have any potential equality issues been identified during the check for an update or during development of the draft scope, and, if so, what are they?

- Age - people aged over 80 years, among whom co-morbidities are more prevalent, with implications for choice of treatment.
- Disability – no issue identified.
- Gender reassignment – no issue identified.
- Pregnancy and maternity – no issue identified (separate NICE guideline for Hypertension in pregnancy).
- Race - people of West African or Caribbean family origin due to a higher incidence of hypertension and increased risks of stroke or heart failure, and a

different response to some commonly used anti-hypertensive therapies.

People of South Asian family origin among whom the risk of renal and cardiovascular complications of hypertension are increased, especially in people with type 2 diabetes.

- Religion or belief – no issue identified.
- Sex – no issue identified.
- Sexual orientation – no issue identified.
- Socio-economic factors – no issue identified.
- Other definable characteristics (these are examples):
 - refugees
 - asylum seekers
 - migrant workers
 - looked-after children
 - people who are homeless
 - prisoners and young offenders
 - any others identified– no issue identified.

1.3 What is the preliminary view on the extent to which these potential equality issues need addressing by the Committee?

This guideline will update the previous NICE guidance on Hypertension and will consider the above population groups within the review questions as relevant.

Pregnant women and women planning on becoming pregnant are excluded from the scope. The management of hypertension in pregnancy is a highly specialist area and is addressed in [NICE guidance NG133: Hypertension in pregnancy: diagnosis and management](#).

We do not propose to exclude any groups in the population relating to the equalities issues identified.

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Approved by NICE quality assurance lead: Kay Nolan

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