Thyroid Disease Committee meeting 11



Date: 22 January 2019

Location: NGC Boardroom, Royal College of Physicians

Minutes: Final

| Committee members prese | nt: | (Duccount for vistor 1 C) |
|--------------------------------------|-----------------------------------|-------------------------------|
| Sarah Fishburn (SF) (Chair) | (Present for notes 1 – 6) | |
| Anh Tran (AT) | (Present for notes 1 – 6) | |
| Bijay Vaidya (BV) | (Present for notes 1 – 6) | |
| Jean Munday (JM) | | (Present for notes 1 – 6) |
| Karina Russell | (Present for notes 1 – 6) | |
| Kristien Boelaert (KrB) | (Present for notes 1 – 6) | |
| Mary Newton (MN) | (Present for notes 1 – 6) | |
| Renuka Dias (RD) | (Present for notes 4 – 6) | |
| Simon Pearce (SP) | (Present for notes 1 – 6) | |
| Tim Cheetham (TC) | (Present for notes 1 – 6) | |
| Ca amba a a managa at | | (Present for notes 1 – 6) |
| Cooptees present: David Haslall (DH) | (Present for notes 1 – 6) | |
| Glenn Flux (GF) | | (Present for notes 1 – 6) |
| Huw Griffiths (HG) | | (Present for notes 1 – 6) |
| Mark Ballard (MB) (Telephone) | | (Present for notes 4.1 & 4.2) |
| Rowena Jones (RJ) | | (Present for notes $1-6$) |
| In attendance: | NICE Cuidalinas Editas | (Decomption notes 1 C) |
| Anne Louise Clayton (ALC) | NICE Guidelines Editor | (Present for notes 1 – 6) |
| Anna Sparshatt (AS) | Senior Digital editor | (Present for notes 4.3) |
| lan Mathers (IM) | NICE Resource Impact Team | (Present for notes 1 – 6) |
| Catherine McEvoy (CM) | Guideline Commissioning Manager | (Present for notes 1 – 6) |
| Carlos Sharpin (CS) | Associate Director/Guideline Lead | (Present for notes 1 – 6) |
| David Wonderling (DW) | Health Economist Lead | (Present for notes 1 – 6) |
| James Gilbert (JG) | Senior Research Fellow | (Present for notes 1 – 6) |
| Melina Vasileiou (MV) | Research Fellow | (Present for notes 1 – 6) |
| Shama Mahammed (SM) | Health Economist | (Present for notes 1 – 6) |
| Tamara Diaz (TD) | Project Manager | (Present for notes 1 – 6) |
| Apologies: None | | |
| Annette Furley (AF) | | |
| | .Pr . A | |
| Judith Mc Bride (JB) (NICE E | aitor) | |
| <u> </u> | aitor) | |

The Chair welcomed the Committee members and attendees to the eleventh meeting of the Thyroid Disease Guideline Committee.

The Chair informed the Committee the apologies received. These are listed above.

The Chair outlined the objectives of the meeting.

2. Declarations of interest

| Insert initials | Declaration | Classification (as per the NICE DOI policy wording*) | Chair's action |
|--------------------|---|--|--|
| DH | Welsh association of Clinical biochemistry Lecture on interpretation of unusual thyroid function tests. | Non-financial Direct | Non Specific. Declare and participate |
| TC | BMJ has published a trial protocol that deals with a strategy for hypothyroidism | Non-financial Direct | Non Specific. Declare and participate |
| GF | Author on Abstract that's gone through the BNMS congress as a result of a survey that was done by the BMNS council. This abstract reviews current practice in the UK. | Non-financial Direct | Non Specific. Declare and participate |
| КВ | Authored paper on T3 prescribing practice in the UK, published recently. There has been media interest with articles published in the Times and in the Daily mail. The paper looks at CCG prescribing in relation to the ongoing issue of a 'post code lottery'. Further discussions have been held with the press. | Non-financial Direct | Non Specific. Declare and participate |
| | Asked to sit on two meetings by MHRA re new formulations of Liothyronine and Liothyronine prescribed in the UK. February 2019 | Non-financial Direct | Non Specific. Declare and participate |
| | Asked to speak at a satellite meeting of the American endocrine society in Dubai on Thyroid in pregnancy, subclinical hypothyroidism and the interpretation of thyroid function tests. March 2019. | Non-financial Direct | Non Specific. Declare and participate |
| | Tablet trial results have been accepted by the New England Journal of Medicine. This relates to pregnancy. | Non-financial Direct | Non Specific. Declare and participate |

The DOI register was made available to the Committee. The chair reviewed the DOI register and deemed that none of the original DOIs was in conflict with the agenda topics and clinical questions under discussion at the meeting.

NICE DOI policy classifications are:

- Direct financial specific
- Direct financial non-specific
- Direct non-financial specific
- Direct non-financial non-specific
- Non-direct financial specific
- Non-direct financial non-specific

3. Minutes of GC 10:

3.1 The minutes of Committee Meetings 10 were agreed by the committee pending minor edits.

4. Presentations and discussion:

- 4.1 The evidence review on 'Radioactive Iodine' was presented to the committee by JG. The group discussed the clinical evidence and relevant changes to the draft recommendations. The health economic model was presented for this topic. As a result of changes in available evidence, the draft Algorithm was revised. The group also discussed the development of a potential decision aid tool for this topic.
- 4.2 The draft recommendations for radioactive iodine related to calculated vs fixed doses were discussed and redrafted.
- 4.3 NICE pathway presentation was delivered by AS from the NICE digital editing team. Volunteers were asked to confirm their participation
- 4.4 The draft recommendations for Antibodies thyrotoxicosis were revised by the committee and further edited.

5. Next steps and key dates

The committee was advised of next key dates leading up to the end of development and submission of the guideline for consultation. The draft list of research recommendations was revised for the Committee's attention. Volunteers were confirmed to support this work.

6. Any other business

There being no further business the meeting ended at 1600.

Date of next meeting: 05 March 2019

Location of next meeting: NGC Boardroom, Royal College of Physicians