

Thyroid Disease Committee meeting 13**Date:** 26 July 2019**Location:** Pickering and Rosenheim Room, Royal College of Physicians**Minutes:**

Committee members present:		
Fishburn Sarah		Present for items 1 – 5
Boelaert: Kristien		Present for items 1 – 5
Cheetham: Timothy		Present for items 1 – 5
Dias: Renuka (Teleconference)		Present for item 4
Hoenderkamp: Renee		Present for items 1 – 5
Munday: Jean		Present for items 1 – 5
Newland-Jones: Phillip		Present for items 1 – 5
Newton: Mary		Present for items 1 – 5
Russell: Karina		Present for items 1 – 5
Tran: Anh		Present for items 1 – 5
Vaidya: Bijay		Present for items 1 – 5
Cooptees present:		
Ballard: Mark		Present for items 1 – 5
Flux: Glenn		Present for items 1 – 5
Griffiths: Huw		Present for items 1 – 5
Halsall: David		Present for items 1 – 5
In attendance:		
Diaz: Tamara	Project Manager	Present for items 1 – 5
Gilbert: James	Senior Research Fellow (joining from 1400)	Present for items 4.3 - 5
Mahammed: Shama	Health Economist	Present for items 1 – 5
Sharpin: Carlos	Associate Director/Guideline Lead	Present for items 1 – 5
Vasileiou: Melina	Research Fellow	Present for items 1 – 5
Mc Evoy: Catherine	Guideline Commissioning Manager	Present for items 1 – 5
Clayton: Anne Louise	Guideline Editor	Present for items 1 – 5
Mather: Ian	Resource Impact Assessment Team	Present for items 1 – 5
Apologies:		
Furley: Annette	Lay member	-
Jones: Rowena	Cooptee Psychiatrist	-
Pearce: Simon	Honorary Consultant Physician	-

1. Welcome, apologies and objectives of the meeting

The Chair welcomed the Committee members and attendees to the 13th meeting of the Thyroid Disease Guideline Committee.

The Chair informed the Committee the apologies received. These are listed above.

The Chair outlined the objectives of the meeting.

2. Declarations of interest

Committee Declarations of Interest			
Insert initials	Declaration	Classification (as per the NICE DOI policy wording*)	Chair's action
KB	BMJ paper on longitudinal thyroid function testing published.	Direct Non-Financial	Non-specific. Declare and participate
	Published 4 papers in thyroid: 2 submitted, one with minor corrections, one accepted. 2 RFPB grants. One at round 2 on weight gain following hyperthyroidism the other one at round one related to subclinical hypothyroidism during pregnancy.	Direct Non-Financial	Non-specific. Declare and participate
	NIHR first round submission for CPRD data enabled trial in the area of subclinical hypothyroidism.	Direct Non-financial	Specific. Declare and participate
	Speaking at American thyroid association on thyroid in pregnancy.	Direct Non-Financial	Non-specific. Declare and participate
	Scheduled to speaking in India on thyroid in pregnancy.	Direct Non-Financial	Non-specific. Declare and participate
	Speaking at RCP on thyroid cancer	Direct Non-Financial	Non-specific. Declare and participate
	Speaking at the BES on thyroid nodules.	Direct Non-Financial	Non-specific. Declare and participate
	Speaking in China on Thyroid in pregnancy.	Direct Non-Financial	Non-specific. Declare and participate
AT	Participated in 'UK Thyroid cancer consensus statement' working group	Direct Non-financial	Non-specific. Declare and participate
	Oral presentation at BTA annual meeting: 'Electronic alerts for optimising thyroid hormone replacement in primary care: challenges in pregnancy and the preconception period'	Direct Non-financial	Non-specific. Declare and participate
	BJGP Editorial:	Direct Non-financial	Non-specific. Declare and participate

	'Thyroid hormone replacement in the preconception period and pregnancy: addressing the challenges in primary care'		
	Abstract submitted for presentation at Society for endocrinology annual conference November 2019: Sustained improvements in monitoring and biochemical control of hypothyroidism in primary care with the use of an electronic protocol at two year follow up	Direct Non-financial	Non-specific. Declare and participate
	Invited to join UK Iodine group	Direct Non-financial	Non-specific. Declare and participate
	Poster to be presented at annual ETA meeting, Budapest: 'Adequacy of thyroid hormone replacement in pregnancy and the preconception period in women with hypothyroidism: a UK primary care audit'	Direct Non-financial	Non-specific. Declare and participate
BV	Accepted to give a talk at the British Endocrine Society meeting (Nov 2019) on liothyronine	Direct Non-financial	Specific. Declare and participate
	Accepted to give a talk on hyperthyroidism in pregnancy at the Polish Thyroid Association meeting (October 2019)	Direct Non-financial	Non-specific. Declare and participate
	Accepted to give a talk on Graves' disease at a meeting of the Polish Society of Endocrinology (October 2019)	Direct Non-financial	Specific. Declare and participate
	Publication of the following publications: 'The role of molecular genetics in the clinical management of sporadic medullary thyroid carcinoma' (Fussey et al.) in Clinical Endocrinology.	Direct Non-financial	Non-specific. Declare and participate
TC	Paper publishing in Endocrinology journal about what paediatricians do in terms of managing thyrotoxicosis in young people.	Direct Non-Financial	Specific. Declare and participate
	Upcoming talks at Society of endocrinology on thyrotoxicosis.	Direct Non-Financial	Specific. Declare and Participate
	British Society of Endocrinology meeting in Cardiff to discuss the outcome of a randomised trial to be conducted in the context of young people with thyrotoxicosis	Direct Non-Financial	Specific. Declare and Participate
RH	Talking at Society for Endocrinology on setting up a Thyroid group.	Direct Non-Financial	Non-specific. Declare and Participate

PNL	Currently working on case report for patient who has experienced multi-duty of care dysfunction. Abstract drafted and submitted on this case report.	Direct Non-Financial	Non-specific. Declare and Participate
RD	Submitted a grant to MRC in June on graves' disease and is currently awaiting the outcome.	Indirect Financial	Specific. Declare and Participate

The DOI register was made available to the Committee. The chair reviewed the DOI register and deemed that none of the original DOIs was in conflict with the agenda topics and clinical questions under discussion at the meeting.

NICE DOI policy classifications are:

- Direct financial specific
- Direct financial non-specific
- Direct non-financial specific
- Direct non-financial non-specific
- Non-direct financial specific
- Non-direct financial non-specific

3. Minutes of GC 12:

3.1 The minutes of Committee Meetings 12 were agreed by the committee subject to a minor change to the declarations. AT's declaration to be edited to refer to thyroid cancer, not bowel cancer.

4. Presentations and discussion:

4.1 Ian Mather delivered a presentation on the implementation and costing plans for the guideline. The resource impact tool used for NICE guidance was explained to the Committee.

4.2 Carlos Sharpin, presented a summary of the stakeholder comments received during public consultation. The themes discussed with the committee are listed below:

- Hypothyroidism: management, follow up and monitoring
- Subclinical hypothyroidism: management and monitoring

4.3 Carlos Sharpin, presented a summary of the stakeholder comments received during public consultation. The themes discussed with the committee are listed below:

- Indications for testing
- Thyroid function tests
- Tests for confirmed hyperthyroidism and hypothyroidism
- Tests for confirmed subclinical thyroid disease
- Thyroid enlargement
- Patient information

4.4 A brief presentation was delivered highlighting the next project steps and key dates for the committee. The areas covered included:

- Dealing with enquiries from the public
- NICE out-of-hours contact details

- Committee member input

5. Any other business

5.1 There being no further business the meeting ended at 1600. The committee was thanked for their support during the development of the guideline.