

### Postnatal Care Guideline Committee Meeting 7

**Date:** Thursday 18<sup>th</sup> October 2018

**Location** Broadway House, St. James Park, London

**Minutes:** Final

<b>Committee members present:</b>	
David Jewell (Chair)	Present for notes 1-9
Nina Khazaezadeh (Topic Adviser)	Present for notes 1-9
Sunita Sharma	Present for notes 1-9
Elizabeth Punter	Present for notes 1-9
Clare Macdonald	Present for notes 1-9
Emily Stow	Present for notes 1-9
Denise Pemberton	Present for notes 1-9
Lucinda Donaldson (Co-opted member)	Present for notes 1-9
Naomi Cotton (Co-opted member)	Present for notes 1-9
Debra Kroll	Present for notes 1-9
Gwyneth Eanor	Present for notes 1-9
Tamara Kubba	Present for notes 1-9

<b>In attendance:</b>		
Katherine Andrea	NGA Guideline Lead	Present for notes 1-9
Jennifer M. Francis	NGA Senior Systematic Reviewer	Present for notes 1-9
Jo Varley-Campbell	NGA Systematic Reviewer	Present for notes 1-9
Rami Cosulich	NGA Systematic Reviewer	Present for notes 1-9
Palida Teelucknavan	NGA Project Manager	Present for notes 1-9
Ifigeneia Mavranouzouli	NGA Senior Health Economist	Present for notes 1-9
Victoria Roberts	NGA DClinPsy	Present for notes 1-9
Catrina Charlton	NICE Guideline Commissioning Manager	Present for notes 1-9

<b>Apologies:</b>	
Charlotte Barry	Co-opted Committee Member
Stephen Murphy	NGA Clinical Advisor

Peter Fleming	Committee member
Catherine Pullan	Committee member
Deepa Panjwani	Co-opted Committee Member
Nicola Murphy	Co-opted Committee Member

### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the sixth guideline committee meeting on Postnatal Care. The Committee members and attendees introduced themselves.

The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included an update on the health economic modelling for Breastfeeding; developing the protocol for Q1.8; reviewing the evidence and making recommendations for Q3.4 and Q4.5; and finalising the draft recommendations for Q2.1.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Postnatal Care. The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Lucinda Donaldson	Co-opted committee member (Perinatal Psychiatrist)	Indirect, non-financial	Member of the London Maternal Morbidity and Mortality Working Group.	No action required

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

<b>3. Minutes of the last meeting</b>
The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.
<b>4. Update on the health economic modelling for Breastfeeding</b>
The Chair introduced Ifigeneia Mavranetzouli, NGA Health Economist, who gave a presentation on an update to the health economic modelling for Breastfeeding.  The Chair thanked Ifigeneia Mavranetzouli for their presentation.
<b>5. Protocol 1.8 ‘What is the essential content of the postnatal care contacts for women and babies?’</b>
The Chair introduced Victoria Roberts (NGA DClinPsy) and Jennifer Francis (NGA Senior Systematic Reviewer) who presented the protocol for review question 1.8 and finalised it with the Committee.
<b>6. Review 3.4 ‘What interventions in the postnatal period are effective at promoting emotional attachment?’</b>
The Chair introduced Victoria Roberts (NGA DClinPsy) who presented the evidence review for question 3.4 and took questions from the committee. The Committee then drafted the recommendations.
<b>7. Review 4.5 ‘What information on breastfeeding do parents find helpful (single births)’ &amp; Review 4.7 ‘What support on breastfeeding do parents find helpful (single births)?’</b>
The Chair introduced Rami Cosulich (NGA Systematic Reviewer) and Jo Varley-Campbell (NGA Systematic Reviewer) who presented the evidence reviews for question 3.4 and 4.7. The presenters then took questions from the committee and drafted the recommendations.
<b>8. Review of NICE edits to recommendations for Q2.1 ‘When and how should information be given to mothers and their partners about postnatal health of the mother?’</b>
The committee discussed edits to draft recommendations and rationale and impact made by the NICE Editor and agreed changes to review question 2.1.
<b>9. Any other business</b>
None.

#### 4.0.03 DOC Cmte minutes

**Date of next meeting:** 29/11/2018

**Location of next meeting:** Royal College of Obstetricians and Gynaecologists,  
London