

Myalgic encephalomyelitis (or encephalopathy)/Chronic fatigue syndrome (ME/CFS) Committee meeting 16

Date: 24/07/2020

Location: Video-conference

Minutes: Final

Committee members present:		
Peter Barry (Chair)		(Present for notes 1 – 4)
Ilora Finlay (Vice-chair)		(Present for notes 1 – 4)
Theo Anbu		(Present for notes 1 – 4)
Joanne Bond-Kendall		(Present for notes 1 – 3c)
Saran Bonser		(Present for notes 1 – 4)
Sally Burch		(Present for notes 1 – 4)
Chris Burton		(Present for notes 1 – 4)
Tony Crouch		(Present for notes 1 – 4)
Jo Daniels		(Present for notes 1 – 3b)
Dorinda Jack		(Present for notes 1 – 4)
Nicola Kidby		(Present for notes 1 – 4)
Caroline Kingdon		(Present for notes 1 – 4)
Adam Lowe		(Present for notes 1 – 4)
Jennifer McIntosh		(Present for notes 1 – 4)
Gabrielle Murphy		(Present for notes 1 – 4)
Alan Stanton		(Present for notes 1 – 4)
Susan Watson		(Present for notes 1 – 4)
William Weir		(Present for notes 1 – 4)
Charles Shepherd (co-optee)		(Present for notes 1 – 4)

In attendance:		
Kate Ashmore	NGC Project Manager	(Present for notes 1 – 4)
Richard Clubbe	NGC Research Fellow	(Present for notes 1 – 4)

Kate Kelley	NGC Guideline Lead	(Present for notes 1 – 4)
Maria Smyth	NGC Senior Research Fellow	(Present for notes 1 – 4)
Karin VanBart	NGC Research Fellow	(Present for notes 1 – 4)
Melina Vasileiou	NGC Research Fellow	(Present for notes 1 – 4)
Rupert Franklin	NICE Senior Guideline Commissioning Manager	(Present for notes 1 – 4)
Dr Muj Husain	Consultant Liaison Psychiatrist, South London and Maudsley NHS Foundation Trust	(Present for note 3b)

Apologies:

Michael Beadsworth	Consultant in Infectious Diseases, Clinical Director Specialist and Academic Medicine, Clinical Lead CFS/ME Regional Services, Royal Liverpool University Hospital
David Wonderling	NGC Head of Health Economics
Luis Nacul	GP

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the sixteenth meeting of the ME/CFS guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were:

- Multi-disciplinary teams

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest	Decision taken
Sally Burch	Lay member	I have been asked by Iain Deboys (Commissioning Lead,	No action other than the process of

		Belfast Commissioning Directorate, Health & Social Care Board. 12 – 22 Linenhall Street, Belfast, BT2 8BS) to sit on an interview panel for the appointment of a Regional Medical Lead for ME/CFS in Northern Ireland.	open declaration.	
<p>The Chair and a senior member of the Developer’s team noted that the interests declared did not prevent the attendees from fully participating in the meeting.</p>				
<p>3. Presentations, questions and discussion</p>				
<ul style="list-style-type: none"> a) Maria Smyth presented the multi-disciplinary teams evidence review and the committee discussed. b) Dr Muj Husain presented his testimony on the different modes of multidisciplinary care for people with ME/CFS and answered questions from the committee. c) The committee discussed and drafted recommendations. 				
<p>4. Any other business</p>				
<p>None.</p>				

Date of next meeting: 31/07/2020

Location of next meeting: Video-conference