

Pelvic floor dysfunction: prevention and non-surgical management Committee Meeting 9

Date: 16th of November 2020

Location Via Zoom

Minutes: Final

Committee members present:	
Raymond Jankowski (Chair)	Present for notes 1 – 6
Doreen McClurg (Topic Adviser)	Present for notes 1 – 6
Lucia Berry	Present for notes 1 – 6
Jennifer Davies	Present for notes 1 – 6
Lucy Dwyer	Present for notes 1 – 6
Mary McDonald	Present for notes 1 – 6
Julian Spinks	Present for notes 1 – 6
Ellie Stewart	Present for notes 1 - 6
Karen Ward	Present for notes 1 – 6
Priya Madhuvrata	Present for notes 1 – 6
Catherine Heffernan	Present for notes 1 – 6
Heather Boult	Present for notes 1 – 4 (and later part of 5/6)
Jim Khan	Present for notes 1 – 6
Nicole Gannon	Present for notes 1 – 6

In attendance:		
Katharina Dworzynski	NGA Guideline Lead	Present for notes 1 – 6
Nathan Bromham	NGA Senior Systematic Reviewer	Present for notes 1 – 6
Jo Varley-Campbell	NGA Systematic Reviewer	Present for notes 1 – 6
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 6
Paul Jacklin	NGA Senior Health Economist	Present for notes 1 – 6
Victoria Axe	NICE Guideline Commissioning Manager	Present for notes 1 – 6
Nicola Adanna Okeahialam	NGA Clinical Fellow	Present for notes 1 – 6



Apologies:		
Phil Reed	Committee member	
Lucy Ryan	Committee member	
Hadil Al-Etabi	NGA Project Manager	

1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to the 9th meeting on Pelvic floor dysfunction: prevention and non-surgical management.

The Chair informed the committee that apologies had been received as noted above.

The Chair outlined the objectives of the meeting, which included reviewing evidence for a number of reviews.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were pelvic floor dysfunction.

The Chair asked everyone to verbally declare any interests that have risen since the last meeting. One new interest was declared

Nam Role with e NICE		Type Descriptio of n of	Relevant dates			Comment s	
		interes t	interest	Interest arose	Interest declared	Interes t ceased	
Dore en McCl urg	Committe e Member	Direct non- financi al (person al and profess ional)	A co- applicant in a publication that might be relevant to this review but has not been included as yet Hagen S, Elders A	Published Oct 2020	16/11/202	Ongoin g	Declare and participate



floor
muscle
training
with and
without
electromyo
graphic
biofeedbac
k for
urinary
incontinenc
e in
women:
multicenter
randomize
d
controlled
trial BMJ
2020;3719
doi
10.1136/b
mj.m3719

The chair and a senior member of the developer's team noted that the interest declared did not prevent the attendee from fully participating in the meeting.

3. Minutes of last meeting

The chair asked the committee if it wanted any changes made to the minutes of the last meeting. The committee agreed that the minutes were a true and accurate account of the meeting.

The chair confirmed that all matters arising had been completed or were in hand.

4. Morning presentations

Nathan Bromham, NGA Senior Systematic Reviewer, presented the evidence for review question 8.1 - What is the effectiveness of pelvic floor muscle training (including Kegel exercises, biofeedback, weighted vaginal cones, and electrical stimulation) for improving symptoms of pelvic floor dysfunction? The chair and topic group lead Lucia Berry guided the committee into discussion of the evidence and drafted recommendations.

5. Afternoon presentations

Jo Varley-Campbell, NGA Systematic Reviewer, presented the evidence for review question 13.1 - What competencies should be represented in a community-based multidisciplinary team for the management of symptoms associated with pelvic floor dysfunction? The Chair and Topic group lead Catherine Heffernan guided the committee into discussion of the evidence and drafted recommendations.



6. Any other business

Actions arising from the meeting were summarised and no other business was raised.

Date of next meeting: 15th December 2020 (afternoon)

Location of next meeting: Via Zoom