

# Pelvic floor dysfunction: prevention and non-surgical management Committee meeting

Date: 22/10/2019

Location: RCOG, U6/7

Minutes: Final

Committee members present:	
Raymond Jankowski (Chair)	Present for notes 1 – 7
Doreen McClurg (Topic adviser)	Present for notes 1 – 7
Lucia Berry	Present for notes 1 – 7
Heather Boult	Present for notes 1 – 7
Jennifer Davies	Present for notes 1 – 7
Lucy Dwyer	Present for notes 1 – 7
Catherine Heffernan	Present for notes 1 – 7
Nicola Adanna Okeahialam (Clinical Fellow)	Present for notes 1 – 7
Phil Reed	Present for notes 1 – 7
Julian Spinks	Present for notes 1 – 7
Ellie Stewart	Present for notes 4 - 7
Karen Ward	Present for notes 1 – 7

In attendance:		
Stephanie Armstrong	NGA Health Economist	Present for notes 1 – 7
Jo Varley-Campbell	NGA Systematic Reviewer	Present for notes 1 – 7
Eleni Chrysopoulou	NGA Project manager	Present for notes 1 – 7
Katharina Dworzynski	NGA Guideline Lead	Present for notes 1 – 7
Elise Hasler	NGA Information Scientist	Present for notes 1 – 7
Paul Jacklin	NGA Senior Health Economist	Present for notes 1 – 7
Laura Kuznetsov	NGA Systematic Reviewer	Present for notes 1 – 7
Clifford Middleton	NICE Guideline	Present for notes 1 - 5

	Commissioning Manager	
Steve Pilling	NGA Clinical Advisor	Present for notes 2 - 5

Apologies:	
Patrice Carter	NGA Senior Systematic Reviewer
Lucy Ryan	Lay-member

## 1. Welcome, housekeeping and apologies

The Chair welcomed the Committee members and attendees to the 2<sup>nd</sup> meeting on Pelvic floor dysfunction: prevention and non-surgical management. The Committee members and attendees introduced themselves.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting which included discussion of review protocols.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Pelvic floor dysfunction: prevention and non-surgical management

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Nam e	Role with NICE	Type of	Descriptio n of	Relevant dates		Comment s	
		interes t	es interest	Interest arose	Interest declared	Interes t ceased	
Kare n Ward	Committe e Member	Direct non- financi al	Vice-Chair BSUG	31/10/201 9	22/10/201 9	Octobe r 2021	Declare and participate

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

## 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

## 4. Presentations

The Chair introduced Stephanie Armstrong (NGA Health Economist) who gave a presentation on health economic priorities for Pelvic floor dysfunction: prevention and non-surgical management guideline

The Chair introduced Jo Varley-Campbell (NGA Systematic reviewer) who gave a presentation on the guideline population to facilitate searches and identify all relevant papers

## 5. Questions and discussion

The Chair introduced Jo Varley-Campbell (NGA Systematic reviewer) who gave a presentation on review protocols for:

RQ 8.1 What is the effectiveness of pelvic floor muscle training (including Kegel exercises, biofeedback, weighted vaginal cones, and electrical stimulation) for improving symptoms of pelvic floor dysfunction?

RQ 2.1 What are the non-obstetric risk factors (for example age, ethnicity and family history, diet [including caffeine and alcohol], weight, smoking, physical activity) for pelvic floor dysfunction?

RQ 2.3 What are the obstetric risk factors for pelvic floor dysfunction?

The Chair introduced Laura Kuznetsov (NGA Systematic reviewer) who gave a presentation on review protocols for

RQ 9.1 What is the effectiveness of physical devices (including support garments, pessaries and dilators) for improving symptoms of pelvic floor dysfunction?

RQ10.1 What is the effectiveness of psychological interventions for women with symptoms associated with pelvic floor dysfunction?

RQ 2.2 What co-existing long-term conditions (for example chronic respiratory disorders) are associated with a higher risk of pelvic floor dysfunction?

The Committee then discussed the issues presented in relation to this guideline.
7. Any other business
None

Date of next meeting: 28/11/2019

Location of next meeting: Broadway House Conference Centre, Tothill Street, London SW1H 9NQ