# Pelvic floor dysfunction: prevention and non-surgical management Committee Meeting 8

# Day 1 of 2

Date: 12<sup>th</sup> of October 2020

Location Via Zoom

Minutes: Final

Committee members present:	
Raymond Jankowski (Chair)	Present for notes 1 – 6
Doreen McClurg (Topic Adviser)	Present for notes 1 – 6
Lucia Berry	Present for notes 1 – 6
Jennifer Davies	Present for notes 1 – 6
Lucy Dwyer	Present for notes 1 – 6
Mary McDonald	Present for notes 1 – 6
Julian Spinks	Present for notes 1 – 6
Ellie Stewart	Present for notes 1 - 6
Karen Ward	Present for notes 1 – 6
Priya Madhuvrata	Present for notes 1 – 6
Catherine Heffernan	Present for notes 1 – 6
Heather Boult	Present for notes 1 – 6

In attendance:		
Katharina Dworzynski	NGA Guideline Lead	Present for notes 1 – 6
Hadil Al-Etabi	NGA Project Manager	Present for notes 1 – 6
Nathan Bromham	NGA Senior Systematic Reviewer	Present for notes 1 – 6
Jo Varley-Campbell	NGA Systematic Reviewer	Present for notes 1 – 6
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 6
Paul Jacklin	NGA Senior Health Economist	Present for notes 1 – 6
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 6
Victoria Axe	NICE Guideline Commissioning Manager	Present for notes 1 – 6
Nicola Adanna Okeahialam	NGA Clinical Fellow	Present for notes 1 – 6

# **Apologies:**

Jim Khan	Committee member
Phil Reed	Committee member
Lucy Ryan	Committee member

# 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to the 8<sup>th</sup> meeting on Pelvic floor dysfunction: prevention and non-surgical management.

The Chair informed the committee that apologies had been received as noted above.

The Chair outlined the objectives of the meeting, which included reviewing evidence for a number of reviews.

# 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were pelvic floor dysfunction.

The Chair asked everyone to verbally declare any interests that have risen since the last meeting. No new interests were declared at the meeting.

# 3. Minutes of last meeting

The chair asked the committee if it wanted any changes made to the minutes of the last meeting. The committee agreed that the minutes were a true and accurate account of the meeting.

The chair confirmed that all matters arising had been completed or were in hand.

#### 4. Morning presentations

Jo Varley-Campbell, NGA Systematic Reviewer, presented the evidence for review question 3.1 - What is the effectiveness of modifying lifestyle factors (diet [including caffeine and alcohol], weight loss, stopping smoking, physical activity) for preventing pelvic floor dysfunction? The chair and topic group lead Lucia Berry guided the committee into discussion of the evidence and drafted recommendations.

#### 5. Afternoon presentations

Jo Varley-Campbell, NGA Systematic Reviewer, presented the evidence for review question 2.2 - What co-existing long-term conditions (for example chronic respiratory disorders) are associated with a higher risk of pelvic floor dysfunction? The Topic group lead jennifer Emerson guided the committee into discussion of the evidence

and drafted recommendations.

# 6. Any other business

No other business was raised.

# Pelvic floor dysfunction: prevention and non-surgical management Committee Meeting 8

Day 2 of 2

Date: 13<sup>th</sup> of October 2020

Location Via Zoom

Minutes: Final

Committee members present:	
Raymond Jankowski (Chair)	Present for notes 1 – 4
Doreen McClurg (Topic Adviser)	Present for notes 1 – 4
Lucia Berry	Present for notes 1 – 4
Jennifer Davies	Present for notes 1 – 4
Lucy Dwyer	Present for notes 1 – 4
Julian Spinks	Present for notes 1 – 4
Lucy Ryan	Present for notes 1 – 4
Ellie Stewart	Present for notes 1 - 4
Karen Ward	Present for notes 1 – 4
Priya Madhuvrata	Present for notes 1 – 4
Catherine Heffernan	Present for notes 1 – 4
Heather Boult	Present for notes 1 – 4

In attendance:		
Katharina Dworzynski	NGA Guideline Lead	Present for notes 1 – 4
Hadil Al-Etabi	NGA Project Manager	Present for notes 1 – 4
Nathan Bromham	NGA Senior Systematic Reviewer	Present for notes 1 – 4
Elise Hasler	NGA Information Scientist	Present for notes 1 – 4
Jo Varley-Campbell	NGA Systematic Reviewer	Present for notes 1 – 4
Steve Pilling	NGA Clinical Advisor	Present for notes 1 – 4



Paul Jacklin	NGA Senior Health Economist	
Victoria Axe	NICE Guideline Commissioning Manager	Present for notes 1 – 4
Nicola Adanna Okeahialam	NGA Clinical Fellow	Present for notes 1 – 4

Apologies:	
Lucy Ryan	Committee member
Phil Reed	Committee member
Jim Khan	Committee member
Priya Madhuvrata	Committee member
Mary McDonald	Committee member

# 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to second day of the 8<sup>th</sup> meeting on Pelvic floor dysfunction: prevention and non-surgical management.

The Chair informed the committee that apologies had been received as noted above.

The Chair outlined the objectives of the meeting, which included reviewing evidence for a number of reviews.

#### 2. Morning presentations

Paul Jacklin NGA Senior Health Economist provided the committee with an update on Intravaginal device model and presented model inputs, the committee discusses this.

Nathan Bromham, NGA Senior Systematic Reviewer, presented the evidence for review question 11.1 - What is the effectiveness of behavioural approaches (for example toilet training, seating, splinting) for improving symptoms of pelvic floor dysfunction? The chair guided the committee into discussion of the evidence and drafted recommendations.

#### 3. Afternoon presentations

Jo Varley-Campbell, NGA Systematic Reviewer, presented the evidence for review question 12.1 - What is the effectiveness of pharmacological management for improving? The chair and Topic group lead Karen ward guided the committee into discussion of the evidence and drafted recommendations.

#### 4. Any other business

No other business was raised.



Date of next meeting: 16<sup>th</sup> November 2020

Location of next meeting: Via Zoom