

Depression in adults Committee meeting

Date: 18/09/2015

Location: Royal College of Psychiatrist

Minutes: Confirmed

| Committee members present: | |
|----------------------------|--------------------------------|
| Nav Kapur (Chair) | Present for all of the meeting |
| Steve Pilling | Present for all of the meeting |
| June Brown | Present for all of the meeting |
| Carolyn Chew Graham | Present for all of the meeting |
| David Ekers | Present for all of the meeting |
| David Hewison | Present for all of the meeting |
| Tony Kendrick | Present for all of the meeting |
| Neil Nixon | Present for all of the meeting |
| Louise O'Connor | Present for all of the meeting |
| Catherine Ruane | Present for all of the meeting |
| Jenni Speller | Present for all of the meeting |
| Anonymous | Present for all of the meeting |
| David Taylor | Present for all of the meeting |
| Ed Watkins | Present for all of the meeting |
| Philip Wilkinson | Present for all of the meeting |

| In attendance: | | |
|------------------------|--|--------------------------------|
| Clifford Middleton | Guidelines Commissioning Manager | Present for all of the meeting |
| Maryla Moulin | Developer : Project Manager | Present for all of the meeting |
| Iona Symington | Developer: Systematic Reviewer | Present for all of the meeting |
| Ifigeneia Mavranezouli | Developer: Senior Health Economist | Present for all of the meeting |
| Lauren Becker | Developer: RA (in training) | Present-PM only |

| Observer: | |
|--------------|--------------------------------|
| Adam Moreton | Present for all of the meeting |

| Apologies: | |
|---------------|--|
| Sinead Dervin | |
| Simon Gilbody | |
| Jeremy Clarke | |

1. Welcome and objectives for the meeting

Adam Moreton, was welcomed as an observer. Apologies were received from Simon Gilbody, Jeremy Clarke and Sinead Dervin.

The minutes of the previous guideline committee meeting were reviewed and corrected.

No service user or carer concerns were raised.

2. Declarations of interest

The following interests were declared:

EW was involved in 2 MCT trials which were presented to the GC.

Table 1 has been updated for your reference.

3. Minutes of last meeting

The minutes from the last meeting were reviewed and confirmed as accurate.

4. Presentations

CCQI have an Accreditation Programme for Psychological Therapies Services, network system but have explained that this has been difficult to map and there is a list of NHS Psychological Therapies Services which was developed for the NAPT audit. The GC confirmed they would like to see both.

IS presented a set of terms and definition for service delivery. The GC were asked to assess the proposed categorisation and definitions, so that the evidence review

captured the intervention.

IS presented the clinical evidence review on psychological and pharmacological interventions for relapse prevention.

IM presented the findings of the systematic literature review looking at the costeffectiveness of interventions aiming at relapse prevention in depression.

IM updated the GC on the proposed NMA approach and issues ahead.

IM presented the methods for estimating the QALYs for use in economic evaluation based on the availability of utility data for adults with depression.

The GC were presented with a rough draft writing plan for the full guideline. The GC were asked to review and feedback on the structure and to consider what sections they would be willing to contribute to at the next GC meeting. The technical team will write the evidence sections of the full guideline but the GC members will be asked to draft introductions and put in any key contextual issues.

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Date of next meeting: 23/10/2015

Location of next meeting: Royal College of Psychiatrists

Table 1: GC member's declarations of interest

| Nav Kapur (Chair) Declaration of interest None Actions taken None Steve Pilling (Facilitator) Declaration of interest None Actions taken None June Brown Declaration of interest None Actions taken None Carolyn Chew Graham | |
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| Actions taken None Steve Pilling (Facilitator) Declaration of interest None Actions taken None June Brown Declaration of interest None Actions taken None Carolyn Chew Graham | |
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| Declaration of interest Neve | |
| Declaration of interest None | |
| Actions taken None | |
| Jeremy Clarke | |
| Declaration of interest None | |
| Actions taken None | |
| Sinead Dervin | |
| Declaration of interest None | |
| Actions taken None | |
| David Ekers | |
| Declaration of interest None | |
| Actions taken None | |
| Simon Gilbody | |
| Declaration of interest None | |
| Actions taken None | |
| David Hewison | |
| Declaration of interest None | |
| Actions taken None | |
| Tony Kendrick | |
| Declaration of interest None | |
| Actions taken None | |
| Neil Nixon | |
| Declaration of interest None | |
| Actions taken None | |
| Louise O'Connor | |
| Declaration of interest None | |
| Actions taken None | |

| Catherine Ruane | |
|-------------------------|---|
| Declaration of interest | None |
| Actions taken | None |
| Anonymous | |
| Declaration of interest | None |
| Actions taken | None |
| Jenni Speller | |
| Declaration of interest | None |
| Actions taken | None |
| David Taylor | |
| Declaration of interest | None |
| Actions taken | None |
| Ed Watkins | |
| Declaration of interest | In GC meeting 3: Service delivery presentation. EW declared has been involved in 2 of the MCT trial (Segal, Williams and Teasdale). |
| Actions taken | None |
| Philip Wilkinson | |
| Declaration of interest | None |
| Actions taken | None |
| Maryla Moulin | |
| Declaration of interest | None |
| Actions taken | None |
| Ifigeneia Mavranezouli | |
| Declaration of interest | None |
| Actions taken | None |
| Iona Symington | |
| Declaration of interest | None |
| Actions taken | None |
| Gemma Halliday | |
| Declaration of interest | None |
| Actions taken | None |
| Actions taken | None |