

# Depression in adults Committee meeting 23

**Date:** 26/02/2021

Location: Virtual meeting

Minutes: Final

Committee members present:	
Ed Watkins (Vice Chair, acting Chair for this meeting)	Present for notes 1 – 7
Jeremy Clarke	Present for notes 3 – 7
Satheesh Gangadharan	Present for notes 1 – 7
Tarun Gupta	Present for notes 1 – 7
Peter Kinderman	Present for notes 1 – 7
Neil Nixon	Present for notes 1 – 7
Philip Wilkinson	Present for notes 1 – 7
Louise O'Connor	Present for notes 1 – 7
Prishah Shah	Present for notes 1 – 7
Catherine Ruane	Present for notes 1 – 7
David Taylor	Present for notes 3 – 7
Toby Sweet	Present for notes 1 – 7

In attendance:		
Melissa Bolessa	NGA Project Manager	(Present for notes 1 – 7)
Hilary Eadon	NGA Guideline Lead	(Present for notes $1 - 7$ )
Odette Megnin-Viggars	NGA Senior Systematic Reviewer	(Present for notes 1 – 7)
Katriona O'Donoghue	NGA Systematic Reviewer	(Present for notes 1 – 7)
Ifigeneia Mavranezouli	NGA Senior Health Economist	(Present for notes 1 – 7)
Steve Pilling	NGA Clinical Advisor	(Present for notes $1-7$ )
Clifford Middleton	NICE Guideline Commissioning Manager	(Present for notes 1 – 7)
Hugo Pedder	NICE TSU	(Present for notes $1 - 7$ )
Deborah Caldwell	NICE TSU	(Present for notes $1 - 7$ )
Nicky Welton	NICE TSU	(Present for notes 1 – 7)

Gareth Haman	NICE Senior Editor	(Present for notes $4 - 7$ )
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Apologies:	
Nav Kapur (Chair)	Chair
Jennifer Speller	GC member
Carolyn Chew-Graham	GC member
Tony Kendrick	GC member
David Ekers	GC member
Stephanie Arnold	NGA Information Scientist

## 1. Welcome and objectives for the meeting

The Vice Chair welcomed the Committee members and attendees to the 23<sup>rd</sup> Committee meeting for the Depression in adults guideline.

The Vice Chair informed the Committee that apologies had been received. These are noted above.

The Vice Chair informed the committee of the NGA's upcoming end of the financial year and reminded all fee claimers to ensure they submit their claims to NGA Travel by the deadline on the document.

## 2. Confirmation of matter under discussion, and declarations of interest

The Vice Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was Depression in adults: treatment and management.

The Vice Chair asked everyone to verbally declare any interests that have arisen since the last meeting and send their forms in to the Project Manager. The following declarations were made:

Name	Role	Declaration of interest	Type of interest	Decision taken
Satheesh Gangadharan	GC member	Currently chief investigatorfor a development grant from NIHR on use of machine learning aided stratification of multiple long term conditions in people with ID	Direct Non-financial professional and personal interest	Declare and participate Agreed by: GL, March 2021 Rationale: Not specific to guideline

Satheesh Gangadharan	Editor of a book titled "Intellectual Disability across cultures" which would be published by Oxford University Press. When published I may receive royalty for this.	Direct Financial interest	Declare and participate Agreed by: GL, March 2021 Rationale: Not specific to guideline
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The Vice Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

# 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

## 4. Presentations

#### Morning presentations

The Vice Chair introduced Ifigeneia Mavranezouli, NGA Senior Economist who gave a presentation on the NMA results for review question 2.1 For adults with a new episode of less severe depression, what are the relative benefits and harms of psychological, psychosocial, pharmacological and physical interventions alone or in combination?

The Vice Chair introduced Odette Megnin-Viggars, NGA Senior Systematic Reviewer who gave a summary of the secondary outcomes from the pairwise metaanalysis.

Ifigeneia Mavranezouli then presented the health economic modelling results.

Ifigeneia Mavranezouli and Odette Megnin-Viggars took questions from the committee. The Vice Chair thanked them for their presentations.

## Afternoon presentations

The Vice Chair introduced Gareth Haman, NICE Senior Editor who gave a short presentation to the committee on writing the Rationale and impact sections of the guideline.

Gareth Haman took questions from the committee. The Vice Chair thanked Gareth for his presentation and for attending the meeting.

The Vice Chair introduced Hilary Eadon, Guideline Lead who update the committee on the liaison with the Safer prescribing guideline committee at the NGC.

# 5. Questions and discussion

The committee discussed the content of the presentations and the results of the NMA and economic modelling, and drafted recommendations.

# 6. Any other business

None.

## 7. Date of next meeting

24<sup>th</sup> March 2021.