# National Institute for Health and Care Excellence

Early submission

# Self-harm: assessment, management and preventing recurrence

### **Review questions**

NICE guideline tbc Review questions November 2021

Early submission

Developed by the National Guideline Alliance part of the Royal College of Obstetricians and Gynaecologists



#### Disclaimer

The recommendations in this guideline represent the view of NICE, arrived at after careful consideration of the evidence available. When exercising their judgement, professionals are expected to take this guideline fully into account, alongside the individual needs, preferences and values of their patients or service users. The recommendations in this guideline are not mandatory and the guideline does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of the individual patient, in consultation with the patient and/or their carer or guardian.

Local commissioners and/or providers have a responsibility to enable the guideline to be applied when individual health professionals and their patients or service users wish to use it. They should do so in the context of local and national priorities for funding and developing services, and in light of their duties to have due regard to the need to eliminate unlawful discrimination, to advance equality of opportunity and to reduce health inequalities. Nothing in this guideline should be interpreted in a way that would be inconsistent with compliance with those duties.

NICE guidelines cover health and care in England. Decisions on how they apply in other UK countries are made by ministers in the <u>Welsh Government</u>, <u>Scottish Government</u>, and <u>Northern Ireland Executive</u>. All NICE guidance is subject to regular review and may be updated or withdrawn.

#### Copyright

© NICE 2021 All rights reserved. Subject to Notice of Rights.

ISBN:

#### **Contents**

Review questions......5

## **Review questions**

_	•
Reviev	v question
Α	What are the information and support needs of people who have self-harmed?
В	What are the information and support needs of the families and carers of people who have self-harmed?
С	What is the most effective approach to obtain consent, ensure confidentiality and promote safeguarding when people have self-harmed?
D	What are the views and preferences of people who have self-harmed, their families and carers, and staff working with people who have self-harmed about the best ways of involving family and carers in the management of people who have self-harmed?
Е	How should assessment for people who have self-harmed be undertaken in specialist settings, such as: community mental health services, emergency departments (by specialist staff), inpatient mental health services?
F	How should assessment for people who have self-harmed be undertaken in non-specialist settings, such as: primary care, social care, community pharmacy, ambulances, emergency departments (by non-specialist staff), schools, colleges and universities, the criminal justice system and immigration removal centres and acute general hospitals?
G	What are the benefits and harms of a risk assessment and formulation including those models or tools that combine elements of machine learning and artificial intelligence for people who have self-harmed?
Н	What are the benefits and harms associated with admission to acute general hospital for people who have self-harmed but no longer require physical care?
I	How should initial after-care be provided to people following an episode of self-harm?
J	What psychological and psychosocial interventions (including safety plans and electronic health-based interventions) are effective for people who have self-harmed?
K	What pharmacological interventions are effective for people who have self-harmed?
L	What is the effectiveness of harm minimisation strategies for people who have self-harmed?
М	What is the effectiveness of therapeutic risk-taking strategies for people who have self-harmed?
N	What are the most effective ways of supporting people to be safe after self-harm?
0	What are the key principles of safer prescribing for people who have self-harmed?
Р	What are the views and preferences of staff in specialist mental health settings, people who have self-harmed and their family members/carers about what skills are required for staff in specialist mental health settings who assess and treat people who have self-harmed?
Q	What are the views and preferences of staff in specialist mental health settings about what supervision is required for staff in

Review question		
	specialist mental health settings who assess and treat people who have self-harmed?	
R	What are the views and preferences of staff in non-specialist settings, people who have self-harmed and their family members/carers about what skills are required for staff in non-specialist settings who assess and treat people who have self-harmed?	
S	What are the views and preferences of staff in non-specialist mental health settings about what supervision is required for staff in non-specialist mental health settings who assess and treat people who have self-harmed?	
Т	What are the most effective models of care for people who have self-harmed?	