# Oesophago-gastric cancer Assessment and management in adults

### **Review questions**

#### Information and support

What are the specific information and support needs before and after treatment for adults with oesophago-gastric cancer who are suitable for radical treatment and their carers?

What are the specific information and support needs of adults with oesophago-gastric cancer who are suitable for palliative treatments and care only?

### **Organisation of services**

What is the most effective organisation of local and specialist MDT services for adults with oesophago-gastric cancer?

What is the optimal provision and organisation of surgical services for people with oesophago-gastric cancer?

#### **Assessment after diagnosis**

What are the optimal staging investigations to determine suitability for curative treatment of oesophageal or gastro-oesophageal junctional cancer after diagnosis with endoscopy and whole-body CT scan?

What are the optimal staging investigations to determine suitability for curative treatment of gastric cancer after diagnosis with endoscopy and whole-body CT scan?

Which people with adenocarcinoma of the stomach and oesophagus should have their tumours HER2 tested?

#### **Radical treatment**

What is the optimal management of T1NO oesophageal cancer?

What is the most effective operative approach for the surgical treatment of oesophageal cancer?

Does the extent of lymph node dissection influence outcomes in adults with oesophageal and gastric cancer?

What is the optimal choice of chemotherapy or chemoradiotherapy in relation to surgical treatment for people with localised oesophageal and gastro-oesophageal junctional cancer?

What is the optimal choice of chemotherapy of chemoradiotherapy in relation to surgical treatment for gastric cancer?

What is the most effective curative treatment of squamous cell carcinoma of the oesophagus?

### **Palliative management**

What is the optimal treatment for adults with non-metastatic disease in the oesophagus who are not suitable for surgery?

What is the optimal palliative first-line systemic chemotherapy for locally advanced and/or metastatic oesophagogastric cancer?

What is the optimal palliative second-line chemotherapy for locally-advanced or metastatic oesophago-gastric cancer?

What is the optimal management of luminal obstruction for adults with oesophago-gastric cancer not amenable to treatment with curative intent?

#### **Nutritional support**

What is the effectiveness of nutritional support interventions for adults undergoing curative treatment for oesophago-gastric cancer?

What is the effectiveness of nutritional interventions in adults with oesophago-gastric cancer receiving palliative care?

## Follow-up

Routine follow-up (In adults who have undergone treatment for oesophago-gastric cancer with curative intent, with no symptoms or evidence of residual disease, what is the optimal method(s), frequency, and duration of routine follow-up for the detection of concurrent disease?)