

## NICE PUBLIC HEALTH GUIDANCE

### Managing overweight and obesity among children and young people: lifestyle weight management services

3<sup>rd</sup> PDG Meeting - Tuesday 4<sup>th</sup> December 2012

Royal College of Physicians, 11 St Andrew's Place, Regent's Park  
London, NW1 4LE

<b>Attendees</b>	<p><b>PDG Members</b> Paige Ataou, Claire Bennett, Julia Burrows, Janice Christie, Orla Flannery, Rajeev Gupta, Alexandra Jones, Alan Maryon-Davis (Chair), Julian Hamilton-Shield, Sarah Mills, Paula Watson, Laura Webber, Jane Wells, Sarah West-Sadler</p> <p><b>NICE</b> Nicola Ainsworth (NA), Hugo Crombie (HC), Alastair Fischer (AF), Jane Huntley (JH), Patricia Mountain (PM), Caroline Mulvihill (CM) from 11am, Karen Peploe (KP), Tricia Younger (TY)</p> <p><b>Experts</b> Kim Hastie, Helen Walters</p> <p><b>Contractors</b> <b>National Heart Forum:</b> Martin Brown,</p>
<b>Apologies</b>	<p><b>PDG Members</b> Peymane Adab, Elisabeth Fenwick, Stephen Westgarth</p> <p><b>Contractors</b> University of East Anglia: Ric Fordham, Richard Little, Marc Suhrcke. National Heart Forum : Tim Marsh</p>

<b>Authors</b>	PM
<b>Audience</b>	PDG members, NICE team, the public (via web publication)

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No.	Item	Action
1	<p><b>Welcome, Introductions and Aims of the Meeting</b></p> <p>The Chair welcomed members to the third meeting of the Programme Development Group and conveyed the apologies received. The Chair informed the PDG that Helen Pittson has resigned from the PDG due to conflicts of interest. Jane Huntley, associate director at NICE was introduced to the PDG and she will be leading on this guidance, following the retirement of Tricia Younger later in the month.</p> <p>The Chair informed the group of the aims of the meeting:</p> <ul style="list-style-type: none"> <li>• To discuss the options for economic modelling</li> <li>• To hear a progress report on the responses from weight management organisations</li> <li>• To discuss expert testimony on the work of the former Childhood Obesity National Support Team</li> <li>• To discuss expert testimony from the Greater London Authority on the implications for the transfer of public health responsibilities to local government</li> <li>• To revise and develop draft recommendations, considerations and research recommendations based on Reviews 1 and 2</li> <li>• To discuss and develop a draft referral pathway</li> </ul> <p><b>Minutes of PDG 2</b></p> <p>These were agreed as an accurate record, with one minor amendment to the Declarations of interest.</p>	
2	<p><b>Declarations of Interest</b></p> <p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes. PDG members declared any additional interests that had arisen since PDG 1 <a href="http://guidance.nice.org.uk/PHG/75/PDGMinutes/1/pdf/English">http://guidance.nice.org.uk/PHG/75/PDGMinutes/1/pdf/English</a></p> <p><b>PDG members: Rajeev Gupta: personal non pecuniary interest-</b> part of a commissioned service for obesity in children in Barnsley  <b>Martin Brown: no change since PDG 1</b>  <b>NICE team: none</b>  <b>Kim Hastie:none</b>  <b>Helen Walters: Personal pecuniary interest:</b> shareholder in Forest Medical ( pharmacy chain in Hampshire)  None of the interests declared prevented anyone present from taking full part in the meeting.</p>	
3	<p><b>Update on responses from weight management organisations and progress report</b></p> <p>NA gave a brief update on the number and range of responses NICE received and the progress of the report to be presented at the next meeting.</p>	
4	<p><b>Draft recommendations, research recommendations and</b></p>	

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	<p><b>considerations to date: Introduction</b></p> <p>KP introduced the revised draft recommendations, the draft research recommendations and the draft considerations section, and highlighted how these had been changed in response to the PDG's deliberations at the last meeting.</p> <p>.</p>	
5,6	<p><b>Options for economic modelling: questions and discuss</b></p> <p>Martin Brown from National Heart Forum gave the PDG an overview of the options for economic modelling. There was time for questions and discussion.</p> <p><b>Action point: NICE to set up an economic sub-group teleconference meeting</b></p>	NICE
7,8	<p><b>Findings of the former Childhood Obesity National Support Team: Questions and discussions</b></p> <p><b>Expert testimony:</b> Kim Hastie, head of the former Childhood Obesity National Support Team (NST), set out the insight, experiences of and evidence from the NST in providing intensive diagnostic and follow-up support to 44 local area partnerships from the period September 2007 to March 2011. There was time for questions and discussion. The discussions included:</p> <ul style="list-style-type: none"> <li>• Uptake of weight management services for children and young people</li> <li>• Integration of weight management services with other commissioning on obesity</li> <li>• Staff training needs</li> <li>• Monitoring and evaluation</li> </ul>	
9,10	<p><b>Implications of the transition of public health responsibilities to local government.: Questions and discussions</b></p> <p><b>Expert testimony:</b> Helen Walters, Health Improvement Programme Director, Greater London Authority, presented her view of the opportunities and challenges of the transfer of public health responsibilities to local government. The discussions included:</p> <ul style="list-style-type: none"> <li>• Priorities of local government as opposed to the priorities of the NHS</li> <li>• Skills and competencies needed to deliver improvements in childhood obesity rates</li> <li>• Framing recommendations to address the priorities of local government</li> </ul>	
11,12	<p><b>Draft recommendations, research recommendations and considerations</b></p> <p>The PDG discussed in plenary session and revised and refined the draft recommendations, research recommendations and considerations to date.</p>	

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	<b>Action point: NICE team to revise as advised by the PDG for their consideration</b>	<b>NICE</b>
<b>13,14</b>	<p><b>Referral pathway: Introduction</b>            CM introduced the work on the referral pathway. The PDG broke into small groups to discuss further and fed back in plenary session.</p> <p><b>Action point: NICE team to draft as advised by the PDG for their consideration</b></p>	<b>NICE</b>
<b>15</b>	<p><b>Summary of the day, agreed actions and next steps</b></p> <p>The Chair summarised the agreed actions from the meeting</p>	
<b>14</b>	<p><b>AOB</b>            This was Tricia Younger's last PDG meeting before she retires. Alan Maryon-Davis thanked Tricia on behalf of the PDG, for all her hard work on this topic, and wished her well for her retirement. Jane Huntley will be taking over in the New Year.</p> <p>The next meeting on <b>Thursday 17<sup>th</sup> January 2013</b>, will be in the new NICE offices at <b>10 Spring Gardens, London SW1A 2BN.</b>  <b>Papers to be mailed: Thursday 10<sup>th</sup> January 2013</b></p>	
The meeting closed at 4.00pm		