

# NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

## QUALITY STANDARD TOPIC OVERVIEW

### 1 Quality standard title

Diabetes in children and young people

### 2 Introduction

#### 2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

#### 2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards,

published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

### **3 This quality standard**

This quality standard is expected to publish in July 2016.

#### **3.1 Population and topic to be covered**

This quality standard will cover the diagnosis and management of type 1 and type 2 diabetes in children and young people aged under 18. This quality standard will not cover children and young people with other forms of diabetes mellitus (for example monogenic diabetes and cystic fibrosis-related diabetes). Also young women with diabetes who wish to conceive or who are pregnant are not covered in the quality standard as it is covered by a separate clinical guideline and quality standard referral.

#### **3.2 Key development sources (NICE and NICE-accredited sources)**

##### **Primary source**

- [Diabetes \(type 1 and type 2\) in children and young people: diagnosis and management](#) (2015) NICE guideline NG18
- [Diabetic foot problems: prevention and management](#) (2015) NICE guideline NG19
- [Preventing type 2 diabetes: risk identification and interventions for individuals at high risk](#) (2012) NICE guideline PH38
- [Preventing type 2 diabetes: population and community interventions](#) (2011) NICE guideline PH35

### **Other sources that may be used**

- [Maintaining a healthy weight and preventing excess weight gain among adults and children](#) (2015) NICE guideline NG7
- [Obesity: identification, assessment and management of overweight and obesity in children, young people and adults](#) (2014) NICE guideline CG189
- [Managing overweight and obesity among children and young people: lifestyle weight management services](#) (2013) NICE guideline PH47
- [Obesity: working with local communities](#) (2012) NICE guideline PH42
- [Walking and cycling: local measures to promote walking and cycling as forms of travel or recreation](#) (2012) NICE guideline PH41
- [Management of diabetes](#) (2010) Scottish Intercollegiate Guidelines Network (SIGN) guideline 116

### **Key policy documents, reports and national audits**

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- NHS England (2015) [NHS Diabetes Prevention Programme \(NDPP\)](#)
- Department of Health (2015) [Government response to the House of Commons Health Select Committee report on the 'Impact of physical activity and diet on health', Sixth Report of Session 2014-15](#)
- Welsh Government (2015) [Food and physical activity](#)
- Royal College of Paediatrics and Child Health (2015) [National Paediatric Diabetes Audit Report 2013-14 Part 1: Care Processes and Outcomes](#)
- Health & Social Care Information Centre (2015) [National Diabetes Audit - 2012-2013, Report 2](#)
- Public Health England (2014) [Diabetic eye screening: guidance for commissioners](#)
- Welsh Government (2014) [Together for Health – a diabetes delivery plan](#)
- NHS England (2014) [Action for diabetes](#)

- Scottish Government (2014) [Diabetes improvement plan](#)
- Health & Social Care Information Centre (2014) [National Diabetes Audit - 2012-2013: Report 1, Care Processes and Treatment Targets](#)
- Royal College of Nursing (2013) [Supporting children and young people with diabetes](#)
- Diabetes UK (2013) [State of the nation 2013](#)
- Department of Health (2013) [2010 to 2015 government policy: children's health](#)
- Department of Health (2013) [Chief Medical Officer's annual report 2012: Our Children Deserve Better: Prevention Pays](#)
- Welsh Government (2013) [Together for health-a diabetes delivery plan. A Delivery Plan up to 2016 for NHS Wales and its partners](#)
- Department of Health (2010) [Diabetes type 1 in childhood. National Service Framework for children, young people and maternity services](#)
- Royal College of Paediatrics and Child Health (2009) [Growing up with Diabetes: children and young people with diabetes in England](#)

### **3.3 Related NICE quality standards**

#### **Published**

- [Obesity: prevention and lifestyle weight management in children and young people](#) (2015) NICE quality standard 94.
- [Diabetes in adults](#) (2011) NICE quality standard 2011

#### **In development**

- [Diabetes in pregnancy](#). Publication expected January 2016.
- [Medicines optimisation](#). Publication expected March 2016.
- [Obesity: clinical assessment and management](#). Publication expected May 2016.
- [Diabetes in adults](#). Publication expected June 2016.
- [Early years: promoting health and wellbeing](#). Publication expected August 2016.

## **Future quality standards**

This quality standard will be developed in the context of all quality standards referred to NICE, including the following quality standards scheduled for future development:

- Long-term conditions, people with comorbidities, complex needs
- Preventing sight loss

The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

## **4 Further information**

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).