



# Depression and anxiety: review within 10 to 35 days

NICE indicator

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[www.nice.org.uk/indicators/ind104](http://www.nice.org.uk/indicators/ind104)

## Indicator

The percentage of patients with a new diagnosis of depression in the preceding 1 April to 31 March who have been reviewed within 10 to 35 days of the date of diagnosis.

## Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

This document does not represent formal NICE guidance. For a full list of NICE indicators, see our [menu of indicators](#).

To find out how to use indicators and how we develop them, see our [NICE indicator process guide](#).

## Rationale

People with depression or sub-threshold symptoms should be reviewed and re-assessed after initial presentation, normally within 2 weeks dependent on risk of suicide. This indicator promotes a single depression review between 10 and 35 days after the date of the depression diagnosis. For some people this may not be their first review as they will have been reviewed initially within a week of the diagnosis. Unless the symptoms have resolved, this incentivised review should not be their only review.

## Source guidance

Depression in adults. NICE guideline NG222 (2022), recommendations 1.4.3, 1.4.4, 1.4.11, 1.4.24 and 1.5.1

## Specification

**Numerator:** The number of patients in the denominator who have been reviewed within 10 to 35 days of the date of diagnosis.

**Denominator:** The number of patients with a new diagnosis of depression in the preceding 1 April to 31 March.

**Calculation:** Numerator divided by the denominator, multiplied by 100.

**Minimum population:** The indicator would be appropriate to assess performance at individual general practice level.

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