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NICE National Institute for
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Public Health Evidence Awareness

A selection of key evidence-based public health information



Issue 42 - October 2015

In this month's Public Health Evidence Awareness

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Children and young people

[Poor beginnings: health inequalities among young children across England](#)

National Children's Bureau

This report looks at 4 key measures of young children's health and wellbeing in England - obesity, tooth decay, accidental injury and school readiness. It provides a picture of the health of children under the age of 5 and shows how growing up in different areas of the country has a dramatic effect on their lives.

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Older people

[Village life: independence, loneliness, and quality of life in retirement villages with extra care](#)

International Longevity Centre - UK

This report examines residential housing with flexible care provision (extra care) and how it can have a major impact in promoting residents' quality of life and reducing feelings of loneliness and isolation.

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Schools

[School meals and nutritional standards](#)

House of Commons Library

This briefing summarises the main recent policy developments regarding school meals, including the revised school food standards and plans to expand provision of free school meals.

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Workplaces

[Physical environments and employee wellbeing: topic overview](#)

Public Health England

This topic overview focuses on the impact of the physical work environment on employee wellbeing. It looks at the office layout, furniture, lighting and temperature, and employee control over their work environment.

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Service improvement

[Health and care quality systems in practice: a guide for local leaders](#)

Local Government Association

This guide, produced in collaboration with the Centre for Public Scrutiny and Think Local Act Personal, supports health and care leaders in navigating the local agencies and organisations responsible for regulating and improving the quality of health and care services.

[On the journey to becoming a dementia friendly organisation: sharing the learning for employers and organisations](#)

Joseph Rowntree Foundation

This paper shares the learning from an evaluation of the work of the Joseph Rowntree Foundation and the Joseph Rowntree Housing Trust to become a dementia friendly organisation.

[Service user involvement: a guide for drug and alcohol commissioners, providers and service users](#)

Public Health England

This guide describes the benefits of involving recovering alcohol and drug users in the design and development of their own, and others', treatment and recovery. It explores 4 different levels of service user involvement, from co-developing one's own care plan through to initiating and running recovery-focused enterprises.

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Alcohol

[Alcohol: minimum pricing](#)

House of Commons Library

This briefing looks at current policies and the continuing debate on minimum pricing for alcohol.

[A systematic review: effectiveness of mass media campaigns for reducing alcohol-impaired driving and alcohol-related crashes](#)

BMC Public Health

This systematic review looks at the effect of mass media campaigns for reducing alcohol-impaired driving and alcohol-related crashes.

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Behaviour change

[Diabetes prevention programmes: evidence review](#)

Public Health England

This systematic review examines the effectiveness of 'real-world' interventions for the prevention of type 2 diabetes mellitus in high risk populations.

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Homelessness

[Statutory homelessness in England](#)

House of Commons Library

This briefing paper provides statistics on statutory homelessness and explains local authorities' duties to assist homeless households. The paper includes an overview of, and comment on, recent government policy in this area.

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Mental health and wellbeing

[Suicide prevention: identifying and responding to suicide clusters](#)

Public Health England

This toolkit provides advice for local authorities and their partner agencies on preparing for and responding to a situation in which more suicides than expected occur in terms of time, place, or both.

[The five year forward view mental health taskforce: public engagement findings](#)

NHS England

This report presents the views of people with mental health problems and their families and carers as well as mental health staff, in order to help develop a new five year national strategy for services covering all ages. It covers views on priorities for change including access to services and choice of treatments.

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Oral and dental health

[Fluoridated milk for preventing dental caries](#)

Cochrane Database of Systematic Reviews

This systematic review looks at the effects of fluoridated milk versus non-fluoridated milk for the prevention of tooth decay at a community level.

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Smoking and tobacco

[E-cigarettes: an evidence update](#)

Public Health England

This report examines the relative risks and benefits of e-cigarettes, in terms of harm reduction when compared with cigarettes and as an aid to quitting.

[Stopping smoking by using other sources of nicotine](#)

Royal Society for Public Health

This paper explores the harmful effects of smoking tobacco and calls for measures including the promotion of safer forms of nicotine products to smokers and making it harder to use tobacco.

[The barriers and facilitators to smoking cessation experienced by women's partners during pregnancy and the post-partum period: a systematic review of qualitative research](#)

BMC Public Health

This systematic review looks at the views of women's partners of smoking in pregnancy and post-partum and explores the barriers and facilitators to quitting.

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