

**NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE**

**Healthy Start Vitamins**

**1<sup>st</sup> Meeting of the Expert reference group**

**Wednesday 11<sup>th</sup> December 2014**

**Derwent room, NICE Offices, London**

**Final Minutes**

<b>Attendees:</b>	<p><b>ERG Members</b> Susan Jebb, Adrian Martineau, Alison McFadden, Colin Michie, Eleanor McGee, Gillian Swan, Helen Crawley, Judy More, Julia Fox-Rushby (left at 14:30), Paul Jacklin</p> <p><b>NICE Team</b> Jane Huntley, Karen Peploe, Adrienne Cullum, Alastair Fischer, Caroline Mulvihill, Rupert Franklin</p> <p><b>Review Team – York Health Economics Consortium Ltd.</b> Alex Filby Matthew Taylor</p>
<b>Apologies:</b>	<p><b>ERG Members</b> Annie Anderson, Atul Singhal</p>

<b>Author</b>	Project Manager
<b>File Ref</b>	Final minutes of ERG 1 <sup>st</sup> meeting 11 December 2014
<b>Version</b>	Final
<b>Audience</b>	<b>ERG members, NICE team, members of the public</b>

<b>Item</b>		<b>Action</b>
<b>1. Welcome and objectives for the meeting</b>	<p>The Chair welcomed the Expert reference group (ERG) to the 1<sup>st</sup> meeting on Healthy Start vitamins.</p> <p>The Chair welcomed the members of the review team.</p> <p>The Chair outlined the objectives of the meeting which included:</p> <ul style="list-style-type: none"><li>• Receiving and discussing the draft cost</li></ul>	

	<p>effectiveness review</p> <ul style="list-style-type: none"> <li>• Receiving and discussing the draft plan for the economic model and the assumptions it is based on</li> <li>• Receiving an update on the various data sources that the contractors and NICE have been collating to inform the economic model</li> <li>• Identifying any gaps in the data sources and discussing how they might be filled.</li> </ul> <p>The Chair informed the group that apologies had been received. These are noted above.</p>	
<p><b>2. Declarations of Interests</b></p>	<p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record. The Chair asked everyone to verbally declare the interests they had made in writing at the time of their application to join the ERG and also to declare any additional interests that may have arisen since then.</p> <p>The Chair noted that a number of members had worked in the field of Healthy Start vitamins and so had published papers and/or publicly expressed opinions about the topic. She asked that those members with previous involvement with Healthy Start agree to the following statement:</p> <p>“I declare that I have previously published papers/ publicly expressed an opinion about Healthy Start vitamins. I am fully committed to NICE’s evidence-based processes and will take into account all of the evidence that is presented when discussing this topic. I will support the collective view of the committee once a final decision has been made and understand that it may not match my previously expressed opinions.”</p> <p>It was clarified that this would not preclude members from publishing further work on this topic in the future.</p> <p>The interests declared were as follows:</p> <p><b>Personal specific financial interest</b></p> <p><b>Eleanor McGee</b> – Lead for the Birmingham scheme which provides universal supplementation in the area</p> <p><b>Helen Crawley</b> – Director of First Steps Nutrition Trust that provides practical support to healthcare professionals in relation to the Healthy Start scheme.</p> <p><b>Personal specific non-financial interest</b></p> <p><b>Colin Michie</b> – Has published papers on Healthy Start</p>	

	<p>vitamins auditing its efficacy, and made comments cited in the press. None of those statements should conflict with what is discussed in the ERG.</p> <p>Agreed to the statement above.</p> <p><b>Eleanor McGee</b> – published papers in 2012 and 2013 on the implementation and outcomes of the universal Healthy Start supplementation scheme in Birmingham. Has publicly expressed the opinion that universal supplementation may be more cost-effective than targeted provision.</p> <p>Agreed to the statement above</p> <p><b>Judy More</b> – In 2006/07 worked as a consultant at the Department of Health on procurement of the Healthy Start vitamin supplements.</p> <p>Has published articles with opinions on children's vitamin supplements including the Healthy Start vitamins.</p> <p>Agreed to the statement above</p> <p><b>Alison McFadden</b> – Project-led an evaluation of Healthy Start and subsequently published a report in 2013. This work was funded by the Department of Health.</p> <p>Published a paper in February 2014 about the food voucher element of the Healthy Start scheme. A second paper on the vitamins element of the Healthy Start scheme is being reviewed. This study reports practitioners' views of the barriers to the current scheme and recommendations for universal supplementation.</p> <p>Agreed to the statement above.</p> <p><b>Helen Crawley</b> – Set up the Healthy Start Alliance – a network of organisations and individuals to support the Healthy Start scheme. This is a voluntary scheme which receives no funding.</p> <p>Agreed to the statement above</p> <p><b>Julia Fox-Rushby</b> – Produced an economic report and publications on Healthy start vitamins which have been included in the economic model and literature review.</p> <p>Agree to the statement above</p> <p><b>Personal non-specific financial interest</b></p> <p><b>Matthew Taylor</b> – Director of YHEC which has developed a number of public health analyses for NICE, and a range of pharmaceutical companies. One of the analyses developed for NICE was on vitamin D supplementation</p> <p><b>Judy More</b> – Works as an independent nutrition</p>	
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	<p>consultant and has received payment for articles and books on infant and child nutrition as well as consultancy fees from companies that manufacture infant formulas and baby food – Danone Nutrica Early Life Nutrition and SMA Nutrition.</p> <p>Member of the Infant and Toddler Forum, an expert group which provides evidence-based nutritional information and educational tools for healthcare professionals and parents on feeding infants and toddlers. This forum is funded by an educational grant from Danone Nutrica Early Life Nutrition</p> <p><b>Julia Fox-Rushby</b> – Will consider submitting bids for grants for research in this area in the future.</p> <p><b>Personal non-specific non-financial interest</b></p> <p><b>Alex Filby</b> – Employee of YHEC which has developed a number of public health analyses for NICE, and a range of pharmaceutical companies. One of the analyses developed for NICE was on vitamin D supplementation</p> <p><b>Colin Michie</b> – Member of the Healthy Start network established by Helen Crawley. Member of the NICE public health advisory committee (PHAC) on Vitamin D supplementation (PH56)</p> <p><b>Gillian Swann</b> – Manager of the National Diet and Nutrition Survey (NDNS). Provided expert testimony to the PHAC looking at vitamin D supplementation (PH56)</p> <p><b>Eleanor McGee</b> – Member of the NICE (PHAC) on Vitamin D supplementation (PH56)</p> <p><b>Susan Jebb</b> – Chair of the NICE (PHAC) on Vitamin D supplementation (PH56)</p> <p><b>Adrian Martineau</b> – Has published clinical trials on vitamin D supplementation and was a member of the NICE (PHAC) on Vitamin D supplementation (PH56)</p> <p><b>Paul Jacklin</b> – Employed by the National Collaborating Centre for Women's and Children's Health; a contractor for NICE that develops clinical guidelines. Conducted the health economic reviews and modelling for the public health guideline on Maternal and Child Nutrition (PH11)</p> <p><b>Julia Fox-Rushby</b> – Member of the NICE funded external assessment centre programme to the Health Economics Research Group.</p> <p><b>Jane Huntley</b> – Member of the NICE technical team that developed the guideline on Vitamin D</p>	
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	<p>supplementation</p> <p><b>Alastair Fischer</b> – Member of the NICE technical team that developed the guideline on Vitamin D supplementation</p> <p><b>Caroline Mulvihill</b> – Member of the NICE technical team that developed the guideline on Vitamin D supplementation</p> <p><b>Rupert Franklin</b> – Member of the NICE technical team that developed the guideline on Vitamin D supplementation</p> <p>The Chair and the Associate Director noted that the interests declared did not prevent the attendees at committee from fully participating in the meeting</p>	
<b>3. Minutes of the teleconference from 22<sup>nd</sup> September</b>	The minutes of the previous teleconference were agreed with a minor typographical amendment	
<b>4. Introduction to economic modelling</b>	Alastair Fischer gave an introduction to health economic modelling	
<b>5. Questions and discussion</b>	The Chair thanked Alastair for his presentation. The group raised a number of questions and discussed the points that were raised	
<b>6. Draft cost-effectiveness review</b>	Alex Filby (YHEC) presented the findings from the draft cost-effectiveness review	
<b>7. Questions and discussion</b>	The Chair thanked Alex for her presentation. The group raised a number of questions and discussed the findings	
<b>8. Draft plan for the economic model</b>	Matthew Taylor (YHEC) gave a presentation about the draft plan for the health economic model. He highlighted the key assumptions of the model and asked for feedback from the group about whether those assumptions are correct.	
<b>9. Draft plan for the economic model – discussion</b>	The group discussed the model and its assumptions. They agreed the appropriate assumptions to use	
<b>10. Overview of sources of data for the economic model</b>	MT gave an overview of the sources of data which currently inform the health economic model	
<b>11. Discussion to identify and fill gaps</b>	The group discussed the data sources for the health economic model and made suggestions for further	

in the data	sources of information	
<b>12. Summary of the day and next steps</b>	<p>The Chair summarised the items that had been discussed throughout the day.</p> <p>The Chair informed the group that the next meeting would be held on 4<sup>th</sup> February in the NICE office in London</p>	
<b>13. Any other business</b>	<p>There were no additional matters arising. The Chair thanked the group for their work.</p>	
<b>12. Close</b>	<p>The meeting closed at 15:30</p>	