

# Lincolnshire

## Sustainability and Transformation Partnership (STP)

4 CCGs  
1 County council  
3 NHS trusts  
1 Local care association



## Building trust and relationships

Lincolnshire STP describes itself as a single system, centred around local people.

There's good collaboration between health, the local authority and care providers, through the Lincolnshire Care Association.



Trust-based relationships have been actively developed between local leaders.

Whilst differences in culture and language still exist, they've proved their ability to work through difficult conversations and remain seated at the table together.

A senior executive team, with executive members of the local authority, 4 CCGs and 3 NHS trusts, meets on a weekly basis to address strategic issues affecting the local population.

In the short video below, the local authority director of adult services, the CCG chief clinical officer and the Lincolnshire Care Association chair discuss collaborative working.



## Steps for effective collaboration

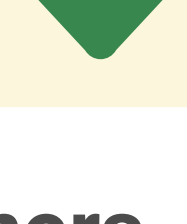
Lincolnshire has some clear tips for effective collaboration:

- Find a common goal all partners can sign up to.
- Start as small as you need to in order to deliver (but make it scalable).
- Develop relationships (this is as important as achieving the common goal).

The following example is a small-scale but important collaborative project, to illustrate the Lincolnshire approach.

### 1. The goal

De-prescribing of common medicines in care homes (for example, moving away from individual prescriptions for pain relief, laxatives, and nutritional supplements).



### 2. Benefits to partners

- People in care homes – safe and timely access to medicines (improved quality of life).
- Care homes – safer practices, staff feel supported.
- General practice – more effective use of GP capacity.
- CCG – savings in prescription administration costs.



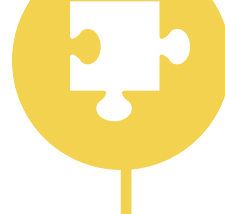
### 3. The process



It all started with a phone call from a CCG executive clinician to the chair of the local care association to ask if they would lead this work locally, with CCG support.



The establishment of a group to lead delivery. The group included partners that had never worked together directly before (care homes, CCG quality lead, prescribing leads, public health, local authority commissioners, community health partners and STP support).



The group was given the space to explore the problem and potential solutions from each partner's perspective.



The group jointly agreed on a solution and identified additional opportunities that might otherwise have been missed. One example was agreement for hospitals to use medicines from measured dosage systems in the first 48 hours following admission from a care home.

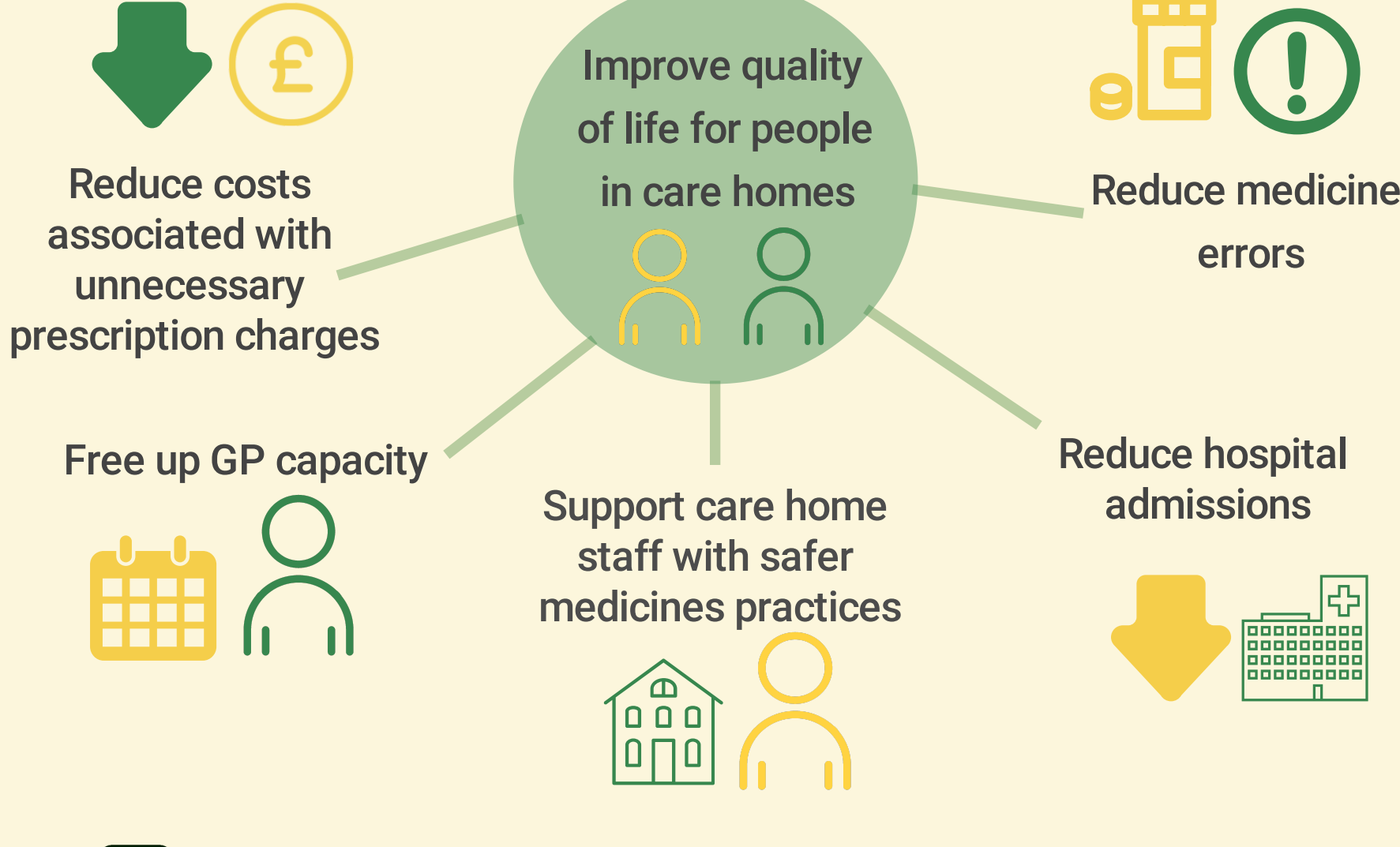


### 4. The results

Lincolnshire now has a collaboratively developed medicines policy for care homes, based on national guidance, which includes:

- Care home residents' right to self-administer medicines considered first not last.
- Standardised common medicines checklist for every person in a care home (completed once by the GP and reviewed as necessary).
- Bulk supply of common medicines to care homes by the CCG (reducing individual prescription charges).

Implementation of the new medicines policy is expected to:



## Next steps

Lincolnshire STP is already identifying new common goals.

The STP is working to address more complex and large-scale issues, as well as to involve new partners.

### Find out more about collaborative working

Website: [www.lincolnshire.nhs.uk](http://www.lincolnshire.nhs.uk)

Email: [stp@lincolnshireeastccg.nhs.uk](mailto:stp@lincolnshireeastccg.nhs.uk)