

Nottingham and Nottinghamshire

Sustainability and Transformation Partnership (STP)

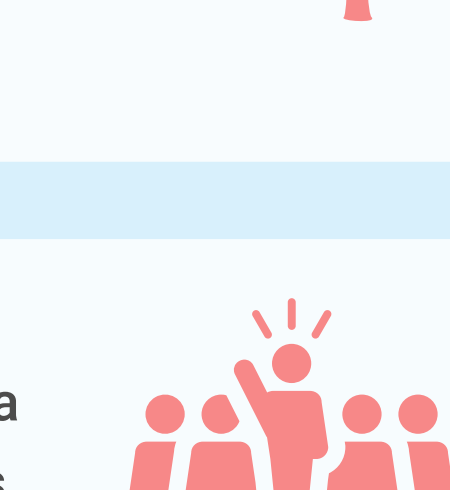
6 District councils
1 Unitary council
1 County council
4 NHS trusts
7 CCGs



A history of innovation and collaboration

Nottingham and Nottinghamshire has a history of proactive innovation, with a focus on collaboration between partners (health, social care and wider partners including housing).

An accelerator sustainability and transformation partnership (STP) area, chaired by the county council director of adult services, Nottingham and Nottinghamshire was unique in including a workstream on **housing and the environment** in their initial plan.



Successful collaboration is down to strong senior leadership, the ability to take **measured risks** and a recognition that no single part of the system on its own can offer people the best in terms of health and wellbeing.



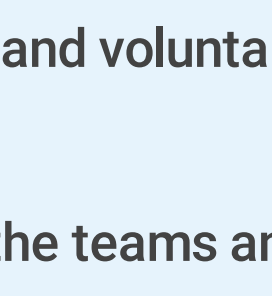
"Trust sets the pace of change. It's essential in order to take the collective risks necessary to deliver quality for local people."

David Pearson, Director of Adult Social Care, Health and Public Protection, Nottinghamshire County Council.

Integration: what works?

Integration is often considered in terms of organisations and structures. Nottingham and Nottinghamshire wanted to find **evidence of what works for people** in terms of integration.

The Local Government Association (LGA) funded evaluation research into the effect of **local integrated primary care teams**.

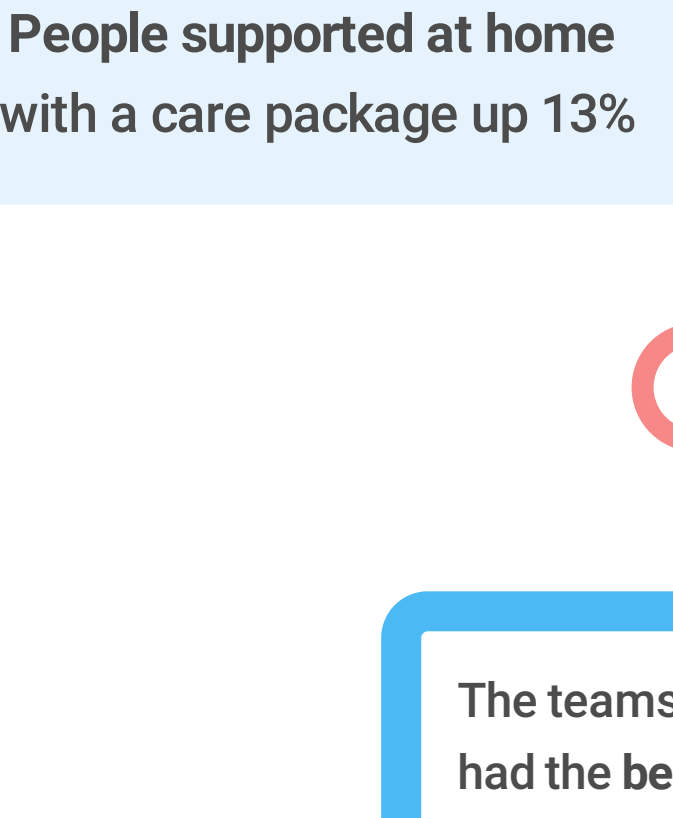


Teams consist of social workers, GPs, therapists, nursing and voluntary service staff.

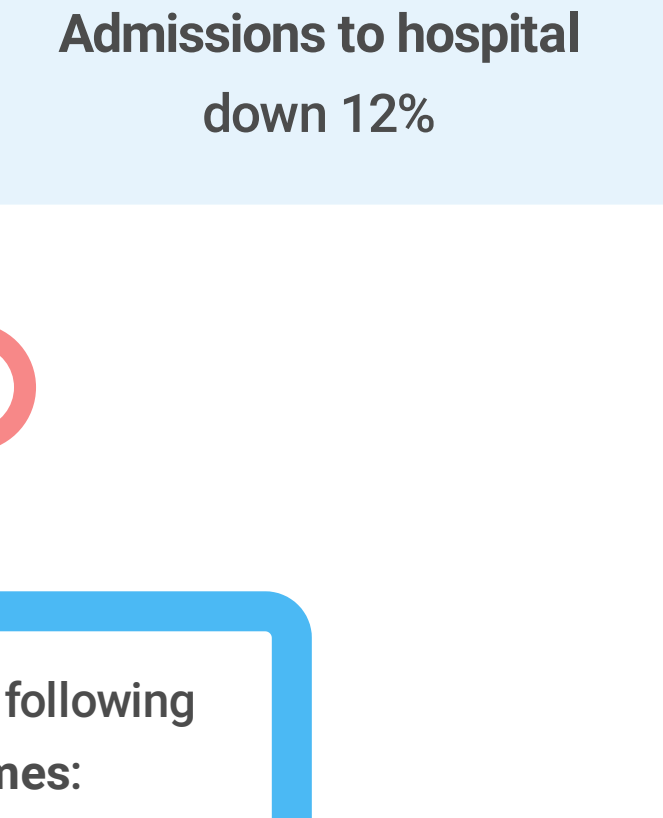
The research explored the level of integration of each of the teams and compared the outcomes achieved by them to the outcomes achieved by equivalent non-integrated structures.

Outcomes of the integrated care model

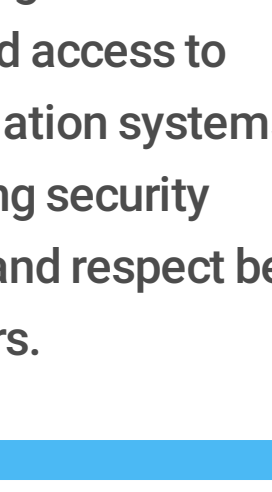
Nottingham Trent University found evidence of a positive correlation between **outcomes for people using services** (including hospital avoidance) and **cost-effectiveness**, and the level of integration of the team.



People supported at home with a care package up 13%



Admissions to hospital down 12%



The teams with the following had the **best outcomes**:

- co-located
- high frequency of joint assessments
- regular multi-disciplinary meetings
- shared access to information systems
- funding security
- trust and respect between workers.

Non-integrated teams had the **second worst outcomes**.

Teams with some levels of integration had the **worst outcomes**.

Collaboration with housing

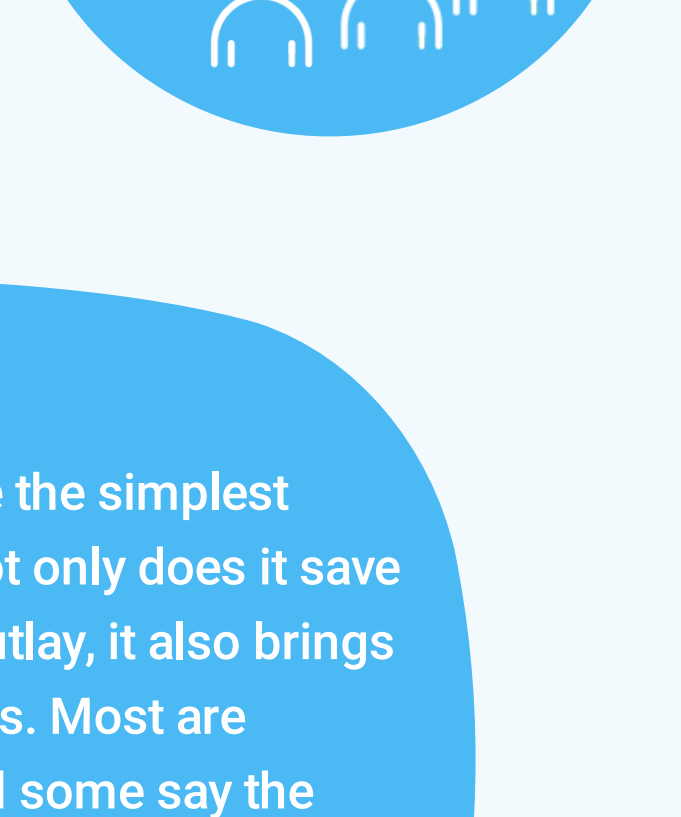
Nottingham and Nottinghamshire's collaboration with housing is well known, as are some of the **innovative results** of this work which are helping to address system priorities.

ASSIST

Manfield District Council's ASSIST scheme supports early discharge from hospital.

Funded by a CCG and a hospital trust, it's based at a local hospital where hospital staff work closely with the Council's housing department.

As well as improved outcomes for people, it's provided a **400% return on investment** and **NHS savings of £1.4million a year**.

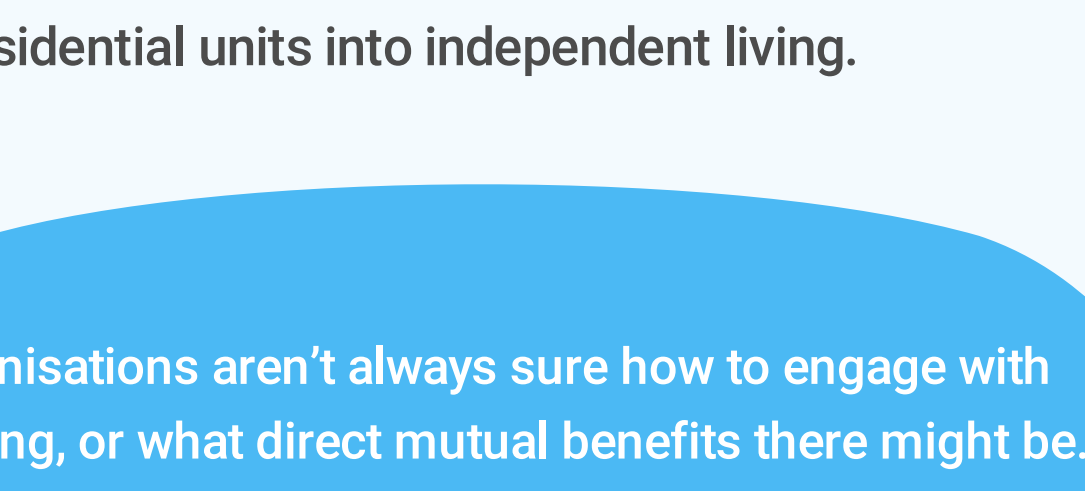


"Sometimes the best solutions are the simplest solutions. ASSIST really works. Not only does it save the NHS a lot of money for little outlay, it also brings huge benefits to the people it helps. Most are pleased to stay out of hospital and some say the scheme has even saved their lives."

Hayley Barsby, Chief Executive, Mansfield District Council.

Housing to Health

A similar programme, Housing to Health, offers supported access to more suitable housing. Referrals are made by health staff in hospitals or the community.



The service has demonstrated **significant savings for health and local authorities** through hospital admission avoidance, speedier hospital discharge and support for people with mental health issues to move out of high-cost residential units into independent living.

"Organisations aren't always sure how to engage with housing, or what direct mutual benefits there might be. I often say that it's like being a child with lots of fun toys but no one to play with. Housing providers have a real interest in health and wellbeing, and we have considerable assets to bring to the table.

It's not always about finding extra money, there are real opportunities to be gained from making links between what's already there and by doing things differently."

Gill Moy, Director of Housing and Customer Services, Nottingham City Homes.

Next steps

Nottingham and Nottinghamshire's next key challenge as a system is to find ways to sustain the innovative work which has proved successful at the pilot stage.

This will rely on partners finding ways to release resources from existing organisational budgets, and investing in those parts of the system of greatest benefit to the population.

Find out more about collaborative working

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