NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

# NICE indicator guidance

Date first published on NICE menu: June 2016

Last update: October 2020

## Indicator CCG38

The proportion of babies exclusively or partially breastfed 6 to 8 weeks after birth.

## Indicator type

Clinical commissioning group indicator.

## Rationale

Pregnant women should be given information and support to encourage breastfeeding prior to and after birth. There is well established evidence concerning the benefits for both mother and the baby. This indicator aims to increase the number of babies who are breastfed.

## Source guidance

[Postnatal care up to 8 weeks after birth](https://www.nice.org.uk/guidance/cg37). [NICE guideline CG37](https://www.nice.org.uk/guidance/cg37) (2015), recommendation 1.3.3

[Maternal and child nutrition](https://www.nice.org.uk/guidance/ph11). [NICE guideline PH11](https://www.nice.org.uk/guidance/ph11) (2008), recommendations 1 and 7.

## Specification

Numerator: The number of infants in the denominator recorded as being exclusively or partially breastfed after 6 to 8 weeks.

Denominator: The number of infants due a 6 to 8 week check.

Calculation: (Numerator/denominator)\*100

Exclusions: None.

Data source: [Breastfeeding statistics, Public Health England](https://www.gov.uk/government/collections/breastfeeding-statistics)

Minimum population: The indicator would be appropriate to assess performance of individual CCGs.

## Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.