NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE indicator guidance

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# Indicator CCG49

The proportion of people who had a stroke that are supported by a skilled stroke early supported discharge (ESD) team.

# Indicator type

Clinical commissioning group indicator

# Rationale

Early supported discharge is the discharge of people from hospital into the community where they are able to continue their rehabilitation. People are discharged to a comprehensive stroke specialist and multidisciplinary team (which includes social care) with a similar level of intensity to stroke unit care. It enables adults with stroke to spend less time in hospital, improving patient experience and quality of life.

# Source guidance

[Stroke rehabilitation in adults. NICE guideline NG236](https://www.nice.org.uk/guidance/ng236) (2023), recommendations 1.1.9 and 1.1.10.

[National clinical guideline for stroke for the UK and Ireland](https://www.strokeguideline.org/). Intercollegiate Stroke Working Party (2023), recommendations 2.8 A, 2.8 C and 2.8D.

# Specification

Numerator: People in the denominator with a plan to be seen and managed by the ESD team.

Denominator: People with a primary diagnosis of stroke alive at discharge from hospital.

Calculation: (Numerator/denominator)\*100

Exclusions: None

Data source: [Sentinel Stroke National Audit Programme](https://www.strokeaudit.org/) (SSNAP).

Minimum population: The indicator would be appropriate to assess performance of individual CCGs.

# Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.