NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

# NICE indicator guidance

Date first published on NICE menu: July 2017

Last update: October 2020

## Indicator CCG82

Proportion of pregnant women who were asked about their mental health at their first booking appointment.

## Indicator type

Clinical commissioning group indicator.

## Rationale

Identifying mental health problems in pregnancy is important because of the potential effect on the baby and on the woman’s physical health and care, and her ability to function and care for her family. The first booking appointment allows healthcare professional to discuss emotional wellbeing with women and identify potential mental health problems. This indicator will help to identify women who have mental health problems and enable health professionals to provide appropriate support.

## Source guidance

[Antenatal and postnatal mental health](https://www.nice.org.uk/guidance/cg192). [NICE guideline CG192](https://www.nice.org.uk/guidance/cg192) (2014), recommendations 1.5.4 and 1.5.8.

## Specification

Numerator: The number of pregnant women in the denominator who were asked about their mental health at their first booking appointment.

Denominator: The number of pregnant women having a first booking appointment.

Calculation: (Numerator/denominator)\*100

Exclusions: Booking appointments with dates greater than or equal to the labour onset date or date of caesarean section

Data source: [Maternity services dataset (MSDS), NHS Digital](https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-sets/maternity-services-data-set)

Minimum population: The indicator would be appropriate to assess performance of individual CCGs.

## Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.