NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE indicator guidance

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# Indicator NM20

The percentage of women aged 25 or over and who have not attained the age of 65 with schizophrenia, bipolar affective disorder and other psychoses whose notes record that a cervical screening test has been performed in the preceding 5 years.

# Indicator type

General practice indicator for use outside the QOF.

Corresponding QOF indicator MH008 was retired from the QOF in 2019 as data showed average numbers of eligible patients per practice to be less than 20 per year.

# Introduction

Psychosis is a common mental illness, with schizophrenia being the most common form of psychotic disorder in which a person’s perception, thoughts, mood and behavior are significantly altered. Bipolar affective disorder is a condition characterized by episodes of mania (abnormally elevated mood or irritability and related symptoms with severe functional impairment or psychotic symptoms for 7 days or more) or hypomania (abnormally elevated mood or irritability and related symptoms with decreased or increased function for 4 days or more) and episodes of depressed mood. [The adult psychiatric morbidity survey](https://digital.nhs.uk/data-and-information/publications/statistical/adult-psychiatric-morbidity-survey) in 2014 found prevalence of psychosis of around 0.7% of people in the UK, and 2% of people in the UK screened positive for bipolar affective disorder.

# Rationale

Patients with serious mental health problems are at considerably increased risk of physical ill health, have poorer health outcomes and die 15 to 20 years earlier than the general population ([NHS England, 2014](https://www.england.nhs.uk/mental-health/resources/smi/)). This indicator supports participation in the UK national cervical screening programme for people with schizophrenia, bipolar affective disorder and other psychoses to improve health outcomes for this population and reduce health inequalities.

# Source guidance

[Psychosis and schizophrenia in adults: prevention and management](https://www.nice.org.uk/guidance/cg178) (2014) NICE guideline CG178, recommendation 1.5.3.1.

[Bipolar disorder: assessment and management](https://www.nice.org.uk/guidance/cg185) (2014, updated 2018) NICE guideline CG185, recommendation 1.2.10

See [UK National Screening Committee](https://www.gov.uk/guidance/cervical-screening-programme-overview) policies.

# Specification

Numerator: The number of patients in the denominator whose notes record that a cervical screening test has been performed in the preceding 5 years.

Denominator: The number of women aged 25 or over and who have not attained the age of 65 with schizophrenia, bipolar affective disorder and other psychoses.

Calculation: (Numerator/denominator) \* 100.

Exclusions: None.

Minimum population: The indicator would be appropriate to assess performance of collaborations or networks of GP practices serving populations of around 30,000 to 50,000.

# Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.