**NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE**

**NICE indicator validity assessment**

# Assurance date: March 2022

# Review date: March 2023

# Indicator IAP00361

# Unplanned readmissions to mental health services within 30 days of a mental health inpatient discharge in people aged 17 and over

# Validity assessment

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| **Domain** | **Notes** | **Assessment** |
| Importance | Indicator is part of the CCG outcomes indicator set domain 3: Helping people recover from episodes of ill health or following injury.  This indicator had data published in 2013/14 and 2014/15, and as an indirectly standardised ratio a national trend cannot be observed. Variation exists between CCGs. | Indicator is based on a recognised dataset.  While a national trend cannot be identified through this indicator variation does exist between CCGs. |
| Evidence base | From indicator quality statement[[1]](#footnote-1):  “This indicator forms part of Domain 3: Helping people recover from episodes of ill health or following injury and is intended to act as a proxy for the overall management of mental health conditions. Some, but not all mental health readmissions are potentially avoidable by high quality management in mental health care and the community, a count of readmissions can be used as a proxy to measure avoidable adverse outcomes.” | Evidence base exists. This indicator aligns with NICE guidance on mental health (CG123[[2]](#footnote-2), NG53[[3]](#footnote-3)). |
| Specification | Numerator: Of the denominator, the number of unplanned readmissions to a mental health service within 30 days of the discharge date.  Denominator: CCG level count of discharges from a mental health inpatient service in people aged 17 and over.  Exclusions: Discharges are excluded if the patient was discharged as dead, or if they left and refused treatment. Subsequent admissions are filtered to exclude planned attendances.  Methodology: Indirectly age and sex standardised ratio  Geography: England, CCG  Data Source: Mental Health and Learning Disabilities Data Set (MHLDDS), now superseded by the Mental Health Services Data Set (MHSDS), NHS Digital.  Disclosure control: When publishing the data, if the indicator is calculated from a numerator of 0 to 4, the value is suppressed to ensure an individual’s identity is not at risk of being disclosed. All other figures are rounded to the nearest 5, national figures are presented unrounded. Ratios are rounded to one decimal place before publication. | The indicator has defined components necessary to construct the indicator. |
| Feasibility | All data from long running data sources, however no published data in the CCGOIS since 2014/15. NHS Digital have advised that no active development is taking place for this indicator. | Data has been flowing for some time and data sources will continue, however no published data in the CCGOIS since 2014/15.  We have been advised by NHS Digital that no active development is taking place on this indicator. |
| Acceptability | Indicator methodology is well established. Numbers are relatively small at CCG level. | The indicator assesses performance that is attributable to or within the control of the audience.  The results of the indicator can be used to improve practice. |
| Risk | MHSDS data to allow construction of this indicator is not accessible to the public, therefore a practical test of feasibility has not taken place. | Practical feasibility test has not taken place as part of this assessment due to lack of publicly available data. |

**Summary:** Indicator to be provisionally renewed.

Potential impact of COVID-19 on this indicator, though difficult to predict.

**NHS Digital Indicator reference:**

CCG Outcomes Indicator Set – 3.16 Unplanned readmissions to mental health services within 30 days of a mental health inpatient discharge in people aged 17 and over

1. NHS Digital. CCG outcomes indicator set, Indicator Quality Statement, Domain 3. Unplanned readmissions to mental health services within 30 days of a mental health inpatient discharge in people aged 17 and over. Version 1.4, March 2016 [↑](#footnote-ref-1)
2. Common mental health problems: identification and pathways to care, Published 25 May 2011. <https://www.nice.org.uk/guidance/cg123> [↑](#footnote-ref-2)
3. Transition between inpatient mental health settings and community or care home settings, Published 30 August 2016. <https://www.nice.org.uk/guidance/ng53> [↑](#footnote-ref-3)