NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

# NICE indicator guidance

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## Indicator NM100

The percentage of patients with hypothyroidism, on the register, with thyroid function tests recorded in the preceding 12 months.

## Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

## Rationale

This indicator measures the percentage of people with hypothyroidism who have an annual thyroid function test. The aim of testing is to check adherence to treatment and to ensure the dosage of levothyroxine is still correct.

NICE-accredited guidance advises that people with overt hypothyroidism have annual thyroid-stimulating hormone measurements.

## Source guidance

[Hypothyroidism.](https://cks.nice.org.uk/topics/hypothyroidism/) NICE clinical knowledge summaries (2011), scenario: overt hypothyroidism.

## Specification

Numerator: The number of patients in the denominator that have thyroid function tests recorded in the preceding 12 months

Denominator: The number of patients with hypothyroidism on the register.

Calculation: (Numerator/denominator)\*100

Exclusions: N/A

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

## Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.