NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

# NICE indicator guidance

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## Indicator NM108

The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who have a comprehensive care plan documented in the record, in the preceding 12 months, agreed between individuals, their family and/or carers as applicable.

## Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

## Rationale

This indicator supports the coordinated delivery of health care services for people with schizophrenia, bipolar disorder or other psychoses. Between 18-30% of people with severe mental illness in the UK are described as being seen only in a primary care setting so it is important that practices take responsibility for discussing and documenting care plans for these people in their care record (see [The Role of Primary Care in Service Provision for People with Severe Mental Illness in the United Kingdom. Reilly et al. 2012](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3352919/)). Care plans should include a crisis plan, medication plan and individualised recovery goals.

## Source guidance

[Psychosis and schizophrenia in adults: prevention and management. NICE guideline CG178](https://www.nice.org.uk/guidance/cg178) (2014), recommendations 1.3.3.4 and 1.5.3.6.

[Bipolar disorder: assessment and management. NICE guideline CG185](https://www.nice.org.uk/guidance/cg185) (2014), recommendations 1.2.4, 1.3.4 and 1.9.4.

## Specification

Numerator: The number of patients in the denominator who have an agreed comprehensive care plan documented in their record (recorded in the preceding 12 months).

Denominator: The number of patients with schizophrenia, bipolar disorder or other psychoses.

Calculation: (Numerator/denominator) \*100

Exclusions:

* Care plans dated prior to a date of relapse should not be included.
* A care plan should be updated on relapse if the patient has been previously recorded as in remission.

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

## Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.