NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

# NICE indicator guidance

Date first published on NICE menu: August 2015

Last update: October 2020

## Indicator NM110

The percentage of patients aged 18 or over on drug treatment for epilepsy who have been seizure free for the last 12 months recorded in the preceding 12 months.

## Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

## Rationale

The aim of recording seizure control is to inform on the effectiveness of epilepsy management. However, it is recognised that seizure control is influenced by factors outside the GP's control. It is expected that exception reporting for this indicator will be more common than for other chronic conditions.

Most people with epilepsy (up to 70%) have the potential to be seizure-free. Seizure freedom should be strived for in each person with epilepsy, but not at the expense of excessive side effects. Choices of anti‐epileptic medication must be tailored to the person and informed by the evidence base.

## Source guidance

[Epilepsies: diagnosis and management. NICE guideline CG137](https://www.nice.org.uk/guidance/cg137) (2012), recommendation 1.20.9.

## Specification

Numerator: The number of patients in the denominator who have been seizure free for the last 12 months recorded in the preceding 12 months.

Denominator: The number of patients aged 18 years and over with an unresolved diagnosis of epilepsy who have a record of being on drug treatment for epilepsy in the last 6 months.

Calculation: (Numerator/denominator)\*100

Exclusions: None

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

## Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.