

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE GENERAL PRACTICE INDICATOR DEVELOPMENT PROGRAMME

Resource impact statement: NM148

Date: August 2017

Indicators

NM148: The contractor establishes and maintains a register of all people with a diagnosis of non-diabetic hyperglycaemia (nDH).

Introduction

People with a blood glucose level above normal limits but not reaching the threshold for a diagnosis of diabetes are at increased risk of developing type 2 diabetes. These people are described as having non-diabetic hyperglycaemia. The management of type 2 diabetes and its complications represents a significant cost to the NHS. Attention has therefore shifted from disease management to disease prevention through targeted interventions and ongoing monitoring of people with non-diabetic hyperglycaemia.

Maintaining a register of these people at general practice level will support systematic ongoing monitoring of this population.

This statement covers a new indicator that is part of the NICE menu of indicators for general practice, following the recommendations of the NICE indicator advisory committee in June 2017.

Resource impact

No additional costs are anticipated from establishing and maintaining a register of all people with non-diabetic hyperglycaemia. Long term savings are anticipated because of progression to type 2 diabetes being prevented or

delayed for some people with non-diabetic hyperglycaemia as a result of targeted interventions and ongoing monitoring.