

# **NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE**

## **NICE GENERAL PRACTICE INDICATOR DEVELOPMENT PROGRAMME**

### **Resource impact statement: NM148**

**Date:** August 2017

#### **Indicators**

NM148: The contractor establishes and maintains a register of all people with a diagnosis of non-diabetic hyperglycaemia (nDH).

#### **Introduction**

People with a blood glucose level above normal limits but not reaching the threshold for a diagnosis of diabetes are at increased risk of developing type 2 diabetes. These people are described as having non-diabetic hyperglycaemia. The management of type 2 diabetes and its complications represents a significant cost to the NHS. Attention has therefore shifted from disease management to disease prevention through targeted interventions and ongoing monitoring of people with non-diabetic hyperglycaemia.

Maintaining a register of these people at general practice level will support systematic ongoing monitoring of this population.

This statement covers a new indicator that is part of the NICE menu of indicators for general practice, following the recommendations of the NICE indicator advisory committee in June 2017.

#### **Resource impact**

No additional costs are anticipated from establishing and maintaining a register of all people with non-diabetic hyperglycaemia. Long term savings are anticipated because of progression to type 2 diabetes being prevented or

delayed for some people with non-diabetic hyperglycaemia as a result of targeted interventions and ongoing monitoring.