NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE indicator guidance

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# Indicator NM27

The percentage of patients newly diagnosed with diabetes, on the register, in the preceding 1 April to 31 March who have a record of being referred to a structured education programme within 9 months after entry on to the diabetes register.

# Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

# Rationale

Diabetes is a progressive long-term medical condition that is predominantly managed by the person with diabetes and/or their carer as part of their daily life. Structured educational programmes have been designed not only to improve people’s knowledge and skills, but also to help motivate and sustain people with both type 1 and type 2 diabetes in taking control of their condition and in delivering effective self-management. Structured education should be offered preferably through a group education programme, to every person with diabetes and/or their carer from the time of diagnosis, with annual reinforcement and review.

# Source guidance

[Type 1 diabetes in adults: diagnosis and management. NICE guideline NG17](https://www.nice.org.uk/guidance/ng17). (2015, updated 2022) recommendations 1.3.1, 1.3.2 and 1.3.4

[Type 2 diabetes in adults: management. NICE guideline NG28](https://www.nice.org.uk/guidance/ng28) (2015, updated 2022) recommendations 1.2.1 and 1.2.2

# Specification

Numerator: The number of patients in the denominator in the preceding 1 April to 31 March who have a record of being referred to a structured education programme within 9 months after entry on to the diabetes register.

Denominator: The number of newly diagnosed patients on the diabetes register.

Calculation: (Numerator/denominator)\*100

Exclusions: None.

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

# Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.