NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

# NICE indicator guidance

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## Indicator NM41

The contractor establishes and maintains a register of all patients aged 17 or over with diabetes mellitus, which specifies the type of diabetes where a diagnosis has been confirmed.

## Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

## Rationale

It is not possible to undertake planned systematic care for patients with diabetes without a register which forms the basis of a recall system, and is needed in order to audit care.

## Source guidance

[Type 1 diabetes in adults: diagnosis and management](https://www.nice.org.uk/guidance/ng17). NICE guideline NG17 (2016).

[Type 2 diabetes in adults](https://www.nice.org.uk/guidance/ng28). NICE guideline NG28 (2015).

## Specification

A register of people with a diagnosis of diabetes mellitus.

Exclusions: None

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

## Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.