NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Indicators for the NICE menu for the QOF

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**Indicator: NM51**

The percentage of male patients with diabetes with a record of being asked about erectile dysfunction in the preceding 15 months.

**Introduction**

Diabetes is a chronic metabolic disorder caused by defects in insulin secretion and action. Diabetes occurs when the insulin-producing cells in the pancreas are destroyed (type 1 diabetes), the pancreas does not produce enough insulin or when the body cannot effectively use the insulin it produces (type 2 diabetes).

Although type 2 diabetes is primarily managed in primary care it is common for people with type 2 diabetes to experience related complications and people with diabetes are admitted to hospital for both elective and emergency care. Much of the general care for type 2 diabetes is the same as for type 1 diabetes, although the initial management is different and many people with type 1 diabetes will attend secondary care clinics for their diabetes.

**Rationale**

Erectile dysfunction is a manifestation of autonomic neuropathy as a complication of long-term hyperglycaemia and as such is a common complication of diabetes. Erectile dysfunction is a traumatic complication for some men with diabetes. Although not perceived as life-threatening, it can have a significant impact on the quality of life for men with diabetes, their partners and families.

NM51: August 2016
Source guidance and recommendations

Type 1 diabetes in adults: diagnosis and management NICE guideline 17 (2016)

- Recommendation 1.15.37. Offer men with type 1 diabetes the opportunity to discuss erectile dysfunction as part of their regular review.

Type 2 diabetes in adults NICE guideline 28 (2015)

- Recommendation 1.7.13 Offer men with type 2 diabetes the opportunity to discuss erectile dysfunction as part of their annual review.

Reporting and verification
The practice reports the percentage of men with diabetes who have been asked about erectile dysfunction in the preceding 15 months.

Further information
This is NICE indicator guidance for QOF, which is part of the NICE menu of indicators. This document does not represent formal NICE guidance. The NICE menu of indicators for QOF is available online at:

https://www.nice.org.uk/Standards-and-Indicators/index