NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE indicator guidance

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# Indicator NM67

The percentage of patients aged 79 years or under with peripheral arterial disease in whom the last blood pressure reading (measured in the preceding 12 months) is below 140/90 mmHg.

# Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

# Rationale

This indicator supports secondary prevention of cardiovascular disease in people aged 79 and under with peripheral arterial disease by ensuring blood pressure is monitored and maintained to target. This indicator measures the intermediate outcome of blood pressure below 140/90 mmHg and can be achieved through lifestyle advice or drug therapy.

# Source guidance

[Hypertension in adults: diagnosis and management. NICE guideline NG136](https://www.nice.org.uk/guidance/ng136) (2019, updated 2022), recommendation 1.4.20.

# Specification

Numerator: The number of patients in the denominator in whom the last blood pressure reading (measured in the preceding 12 months) is below 140/90 mmHg.

Denominator: The number of patients on the peripheral arterial disease register aged 79 or under.

Calculation: (Numerator/denominator) \*100

Exclusions: Patients receiving maximal blood pressure therapy.

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

# Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.