NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE indicator guidance

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# Indicator NM68

The percentage of patients aged 79 years or under with coronary heart disease in whom the last blood pressure reading (measured in the preceding 12 months) is below 140/90 mmHg.

# Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

# Rationale

This indicator supports the promotion of secondary prevention of cardiovascular disease through satisfactory blood pressure control in people with hypertension and coronary heart disease. It measures the intermediate outcome of blood pressure below 140/90 mmHg in people aged 79 years and under with coronary heart disease. The intermediate outcome can be achieved through lifestyle advice or drug therapy.

# Source guidance

[Hypertension in adults: diagnosis and management. NICE guideline NG136](https://www.nice.org.uk/guidance/ng136) (2019, updated 2022), recommendation 1.4.20.

# Specification

Numerator: The number of patients in the denominator in whom the last blood pressure reading is below 140/90 mmHg (measured in the preceding 12 months).

Denominator: The number of patients aged 79 years or under with coronary heart disease.

Calculation: (Numerator/denominator) \*100

Exclusions: Patients receiving maximal blood pressure therapy.

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

# Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.