NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

NICE indicator guidance

Date first published on NICE menu: August 2013

Last update: April 2022

# Indicator NM69

The percentage of patients aged 79 years and under with a history of stroke or TIA in whom the last blood pressure reading (measured in the preceding 12 months) is below 140/90 mmHg.

# Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

# Rationale

This indicator measures the intermediate outcome of blood pressure below 140/90 mmHg in people aged 79 years and under who have experienced a stroke or transient ischaemic attack (TIA). It aims to promote the secondary prevention of cardiovascular disease through satisfactory blood pressure control. The intermediate outcome can be achieved through lifestyle advice or drug therapy.

# Source guidance

[Hypertension in adults: diagnosis and management. NICE guideline NG136](https://www.nice.org.uk/guidance/ng136) (2019, updated 2022), recommendation 1.4.20.

# Specification

Numerator: The number of patients in the denominator in whom the last blood pressure reading (measured in the preceding 12 months) is below 140/90 mmHg.

Denominator: The number of patients aged 79 years and under with a history of stroke or TIA.

Calculation: (Numerator/denominator)\*100

Exclusions:

* patients who are receiving maximal blood pressure therapy
* patients who chose not have their blood pressure recorded
* patients for whom stroke quality indicator care was unsuitable or who chose not to receive stroke quality indicator care.

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

# Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.