NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

# NICE indicator guidance

Date first published on NICE menu: August 2014

Last update: October 2020

## Indicator NM75

The percentage of patients with a new diagnosis of hypertension in the preceding 1 April to 31 March who have a record of urinary albumin: creatinine ratio test in the three months before or after the date of entry to the hypertension register.

## Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

## Rationale

This indicator aims to support early identification of target organ damage, such as left ventricular hypertrophy and chronic kidney disease, in people with a new diagnosis of hypertension.

Assessing target organ damage can alert the clinician to possible secondary causes of hypertension, some of which are potentially life threatening.

## Source guidance

[Hypertension in adults: diagnosis and management. NICE guideline NG136](https://www.nice.org.uk/guidance/ng136) (2019), recommendations 1.2.5 and 1.3.3.

## Specification

Numerator: The number of patients in the denominator who have a record of urinary albumin: creatinine ratio test in the three months before or after the date of entry to the hypertension register.

Denominator: The number of patients with a new diagnosis of hypertension in the preceding 1st April to 31st March.

Calculation: (Numerator/denominator)\*100

Exclusions: Patients aged 18 years and under.

Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

## Further information

This is NICE indicator guidance, which is part of the [NICE menu of indicators](https://www.nice.org.uk/Standards-and-Indicators/index). This document does not represent formal NICE guidance.