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| **Questions** | **Patient feedback** |
| Do you feel that the group therapy session of benefit to you? If so, how? | * You can make friends and see how they compare to yourself and stops you feeling embarrassed * It brings everyone together and stimulates you to work hard * Yes – keeps me on the move and improving movements. Becomes easier throughout with using UL * To get back in the kitchen, you dream about after the kind of stroke I had, it gives encouragement * Yes, better than taking a tablet * Yes, helping to get my left side going * Yes, helping with co-ordination and walking to/from session |
| Are there any particular aspects of the group sessions that you enjoy? | * I like all of it, seeing new things * All of it * All of it, I enjoy the therapy * Likes that it’s a one-on-one basis, however would happy to complete tasks independently * Pleasant company * I enjoy making friends with other people * Having different faces * Enjoyed the whole group - a variety of activities and that others are present |
| Are there any particular aspects of the group session that you dislike? | * More things to do * More space to work at * I can’t think of anything negative * Repetition in tasks * More things to do * Not in the circumstances |
| Do you feel your function has improved? If so, how? | * I feel that my hand function has improved after all and the walking after class has also helped improved my confidence * 100% yes. Stimulates my brain * Yes. Able to do things for myself a little more * Yes, feels strength is improving but need to work on co-ordination * Yes. I feel the various adjuncts altogether make the difference to my arm and my walking * Not at the moment but also expect it to take a long time * Using a hand you thought was utterly useless * Not enough time to pass comment |
| Are there any changes you would make to the group? | * No, just not during visiting hours * Having a reward system to highlight achievements * Happy as the group is * There should be more * A more regular task to help improve the wellbeing of the group. * More interesting games, more variety, the games are a bit easy. |