Rheumatoid Arthritis?
Access the New2RA Right Start Service
With **Right Start**, you will:

- Better understand what RA is
- Know how it can affect you
- Get the right support
- Feel more in control
- Get a tailored pack of information that meets your personal needs
- Talk to a like-minded person who has lived with RA
About us

Founded in 2001, the National Rheumatoid Arthritis Society (NRAS), is the only patient-led organisation in the UK specialising in rheumatoid arthritis (RA) and juvenile idiopathic arthritis (JIA). Due to its targeted focus on RA and JIA, NRAS provides truly expert and wide-ranging services to support, educate and campaign for people living with these complex autoimmune conditions, their families and the health professionals who treat them.

Right Start

You can ask your health professional to make an online referral to NRAS Right Start at www.nras.org.uk/rightstart

We will provide rapid access to support and information to help you deal with your diagnosis and manage your condition in 4 easy steps.

On receipt of your referral, a member of our team will contact you to arrange a call with our trained Helpline Team and explain the services we can offer you. It’s an informal, friendly chat with a trained expert.

Visit the website www.nras.org.uk/rightstart
Approximately **500,000** people in the UK are affected by RA.

RA can affect anyone at any age, but common age of onset is 40-60 years.

**Ask your healthcare provider to refer you to the New2RA Right Start service.**

www.npras.org.uk/rightstart