Enhanced COPD Care Planning in primary care.

The enhanced review (A to G of COPD) will provide the following:

**Advice:**

Provide advice on smoking cessation, healthy lifestyle, provide patient education for example about the progression of their condition, associated risks, self-management plan inclusive of plan for exacerbations

**Best Medication**

Medication review of inhaled and non-inhaled medication as prescribed per the local COPD treatment guidelines

Ensure correct inhaler technique and compliance

**Comorbidity**

Review and accurate record of BMI

Screen for Anxiety and depression, consider treatment if appropriate

Awareness of other pre-existing comorbidities and effect any exacerbation may have on other conditions

Any complications of COPD

**Disability**

Measure MRC Dyspnoea

Where MRC dyspnoea score of ≥3, offer referral for Pulmonary Rehabilitation if appropriate

**Exacerbation**

Understanding of symptoms

Review/ consider rescue pack with antibiotics/ steroid

Maintaining a record of exacerbations

Linking in with other community support utilising risk stratification

Developing an individualised self-management plan inclusive of what to do when experiencing an exacerbation

**FEV1/ FVC**

Quality assured spirometry at diagnosis

**Guardians**

Oxygen review (oxygen sats <92% - LTOT referral)

Consider osteoporosis prophylaxis in those patients requiring frequent courses of oral steroids or long term steroids or with other risk factors including BMI <20, current smoker, FEV1 <50%, inactivity and previous fractures.