

# NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

## Primary Care Quality and Outcomes Framework Indicator Advisory Committee recommendations

### Indicator area: Hypertension

#### *Recommended Indicator:*

The percentage of patients under 80 years old with hypertension in whom the last recorded blood pressure (measured in the preceding 9 months) is 140/90 or less.

### Background

The Primary Care Quality and Outcomes Framework (QOF) Indicator Advisory Committee (AC) met in June 2012 to consider information on the prioritisation of potential indicators for inclusion in the NICE menu for 2013/14. This included results of the NICE led public consultation, results from indicator development and pilot feedback, cost effectiveness evidence and equality impact assessment. This report is taken from the full unconfirmed minutes of this two day meeting.

### QOF Indicator Advisory Committee recommendations

Wording of the piloted indicator presented to the June 2012 AC:

*The percentage of patients under 80 years old with hypertension in whom the last recorded blood pressure (measured in the preceding 9 months) is 140/90 or less*

The Committee agreed that it was good to include people aged 80 and over in blood pressure monitoring.

The pilot process suggested achievement thresholds of 45% to 80% for Hypertension 1, and 60% to 90% for Hypertension 2. YHEC confirmed that the results of the cost-effectiveness analysis remained valid for the proposed achievement thresholds.

There was some discussion on whether indicator BP05 should be replaced by the new indicators, and this was agreed.

On BP targets (140/90 for people under 80, and 150/90 for people aged 80 and over), it was noted that the target for people aged 80 and over would help to reduce risks for that age group, although very healthy people aged 80 and over may wish to be assessed in the same way as younger people (i.e. to the same target levels).

### **QOF Indicator Advisory Committee final recommendation**

The Committee recommended both indicators be progressed for inclusion on the NICE menu for negotiation into the QOF, with no amendments to wording, and to recommend that they replace the existing indicator BP05 in the QOF.