

# National Clinical Guideline Centre

Draft for consultation

## Preoperative tests

### Routine preoperative tests for elective surgery

*Clinical guideline <...>*

*Appendix J: Forest plots*

*October 2015*

*Draft for consultation*

*Commissioned by the National Institute for  
Health and Care Excellence*



### **Disclaimer**

Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and, where appropriate, their guardian or carer.

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### **Funding**

National Institute for Health and Care Excellence

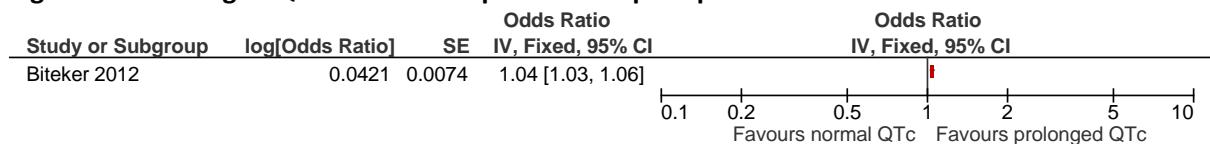
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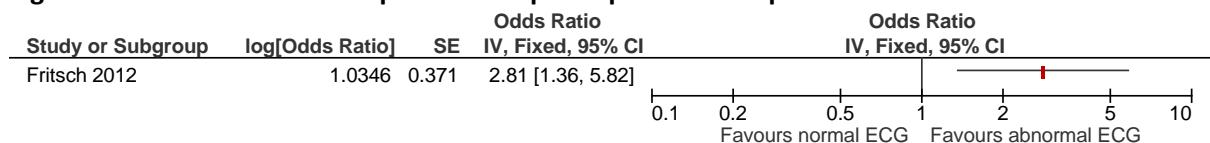
## Appendix J: Forest plots

### J.1 Resting electrocardiogram (ECG)

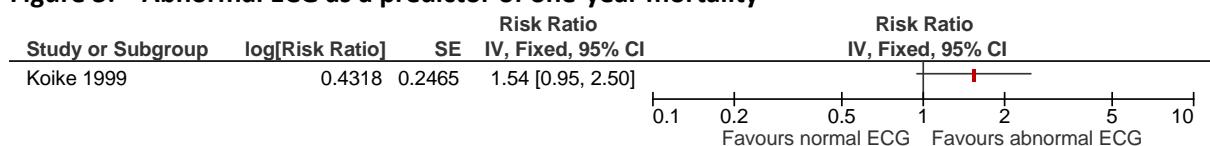
**Figure 1: Prolonged QTc interval as a predictor of perioperative cardiovascular events**



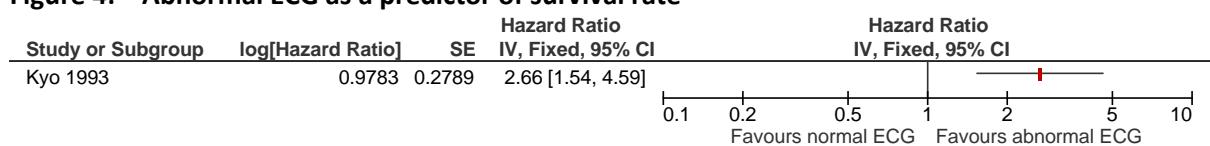
**Figure 2: Abnormal ECG as a predictor of post-operative complications**



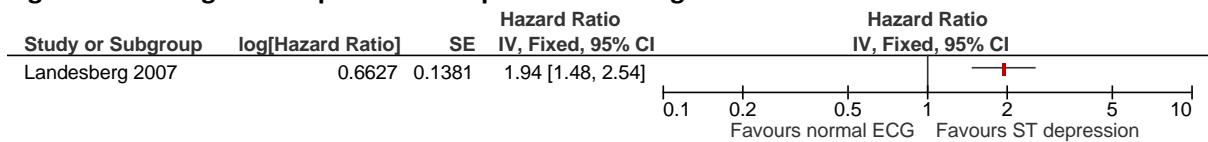
**Figure 3: Abnormal ECG as a predictor of one-year mortality**



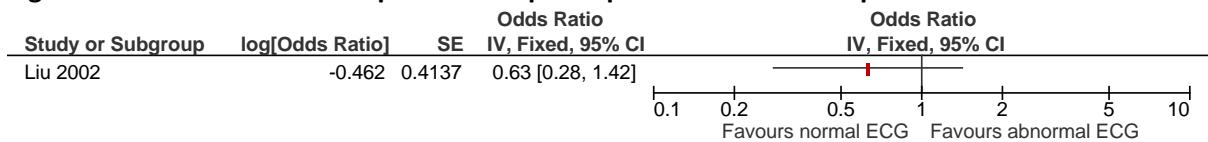
**Figure 4: Abnormal ECG as a predictor of survival rate**



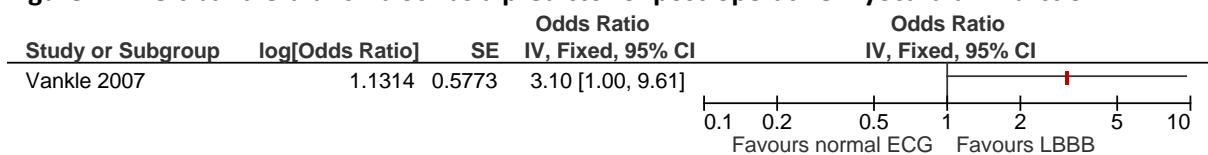
**Figure 5: ST segment depression as a predictor of long-term survival**



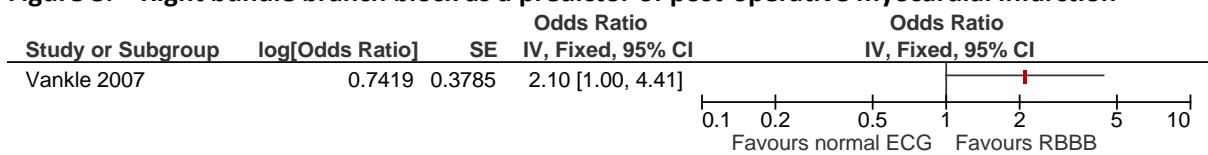
**Figure 6: Abnormal ECG as a predictor of post-operative cardiac complications**



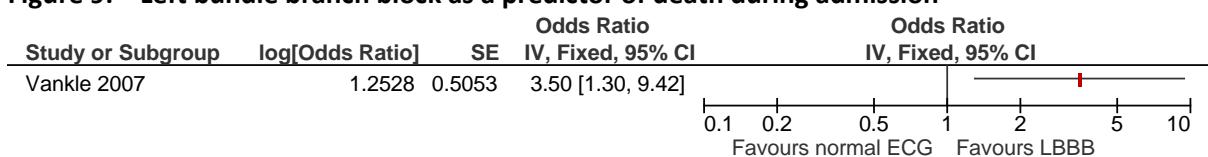
**Figure 7: Left bundle branch block as a predictor of post-operative myocardial infarction**



**Figure 8: Right bundle branch block as a predictor of post-operative myocardial infarction**

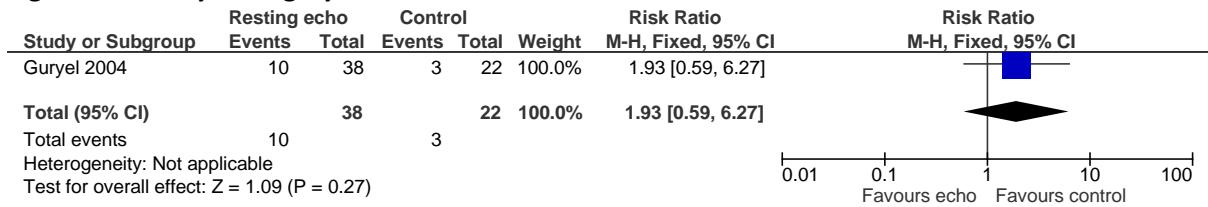


**Figure 9: Left bundle branch block as a predictor of death during admission**

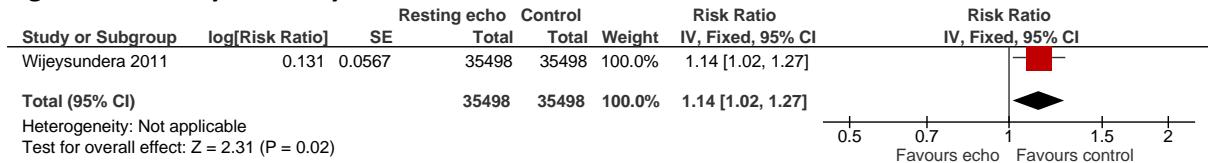


## J.2 Resting echocardiogram

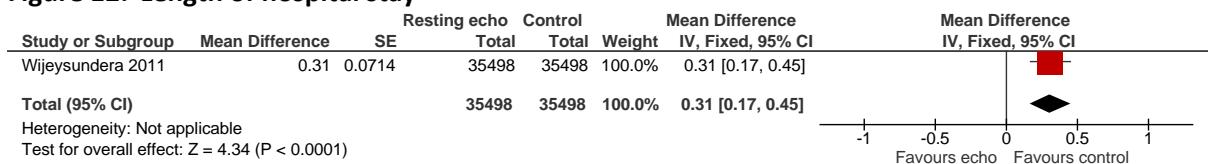
**Figure 10: Delay in surgery**



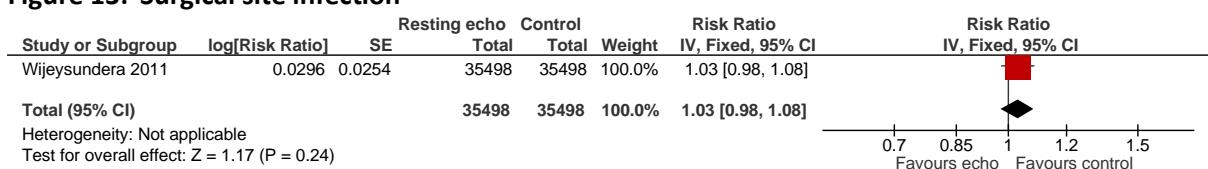
**Figure 11: 30-day mortality**



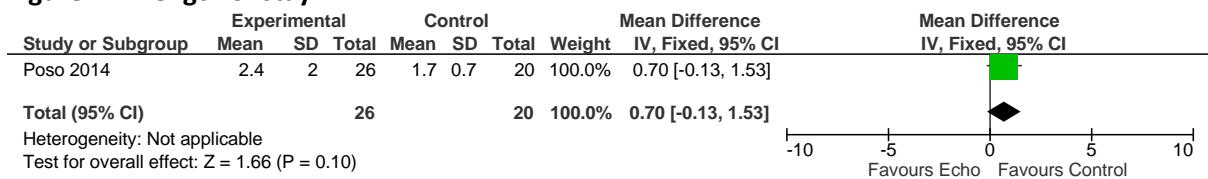
**Figure 12: Length of hospital stay**



**Figure 13: Surgical site infection**



**Figure 14: Length of stay**

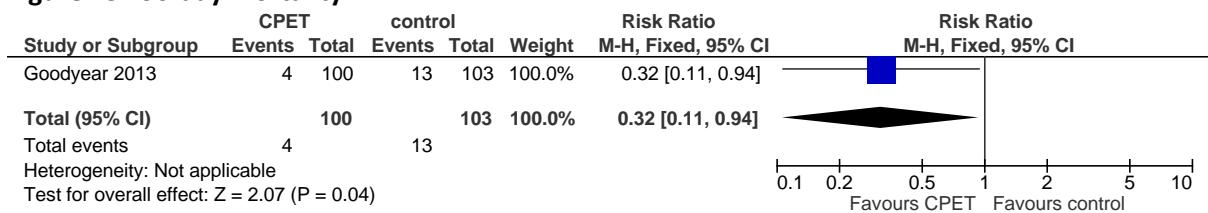


## J.3 Cardiopulmonary exercise testing (CPET)

### J.3.1 Intervention review

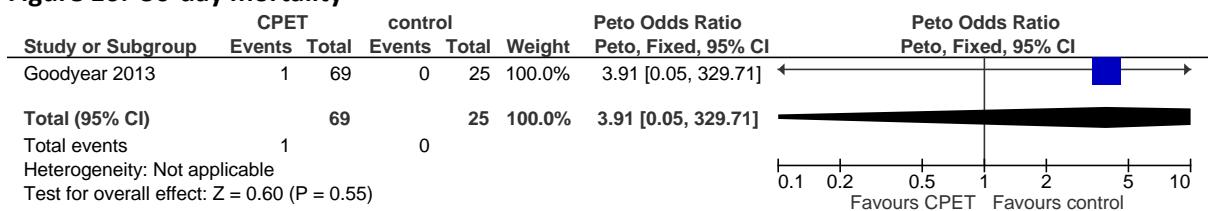
#### Open AAA surgery

**Figure 15: 30-day mortality**



#### EVAR AAA surgery

**Figure 16: 30-day mortality**

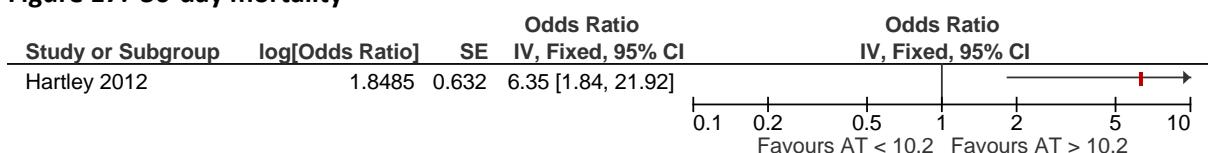


### J.3.2 Prognostic review

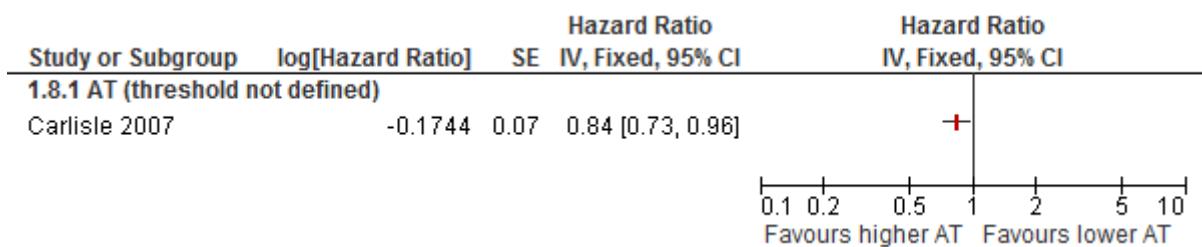
#### J.3.2.1 Abdominal aortic aneurysm (AAA) repair surgery

##### J.3.2.1.1 Anaerobic threshold (AT)

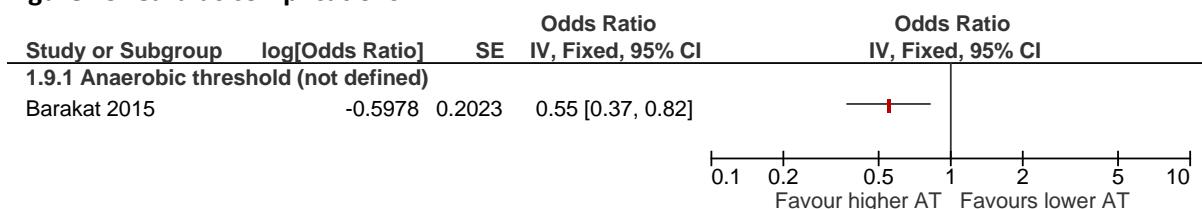
**Figure 17: 30-day mortality**



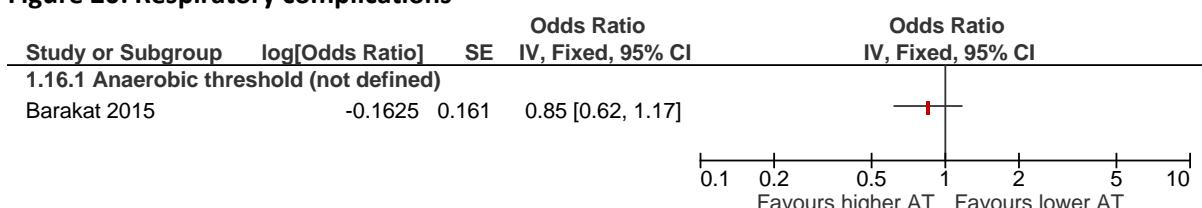
**Figure 18: Survival at 35 months**



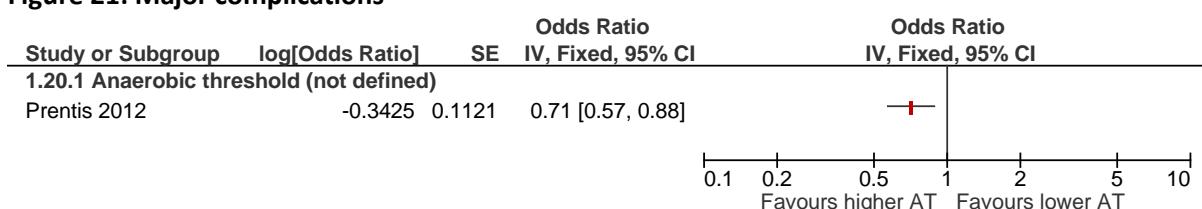
**Figure 19: Cardiac complications**



**Figure 20: Respiratory complications**

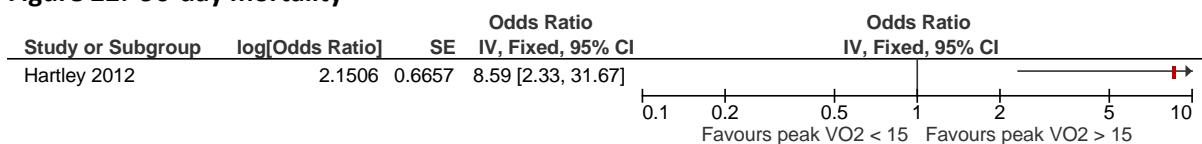


**Figure 21: Major complications**

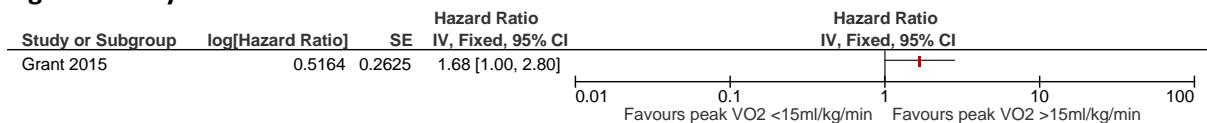


### J.3.2.1.2 VO<sub>2</sub>

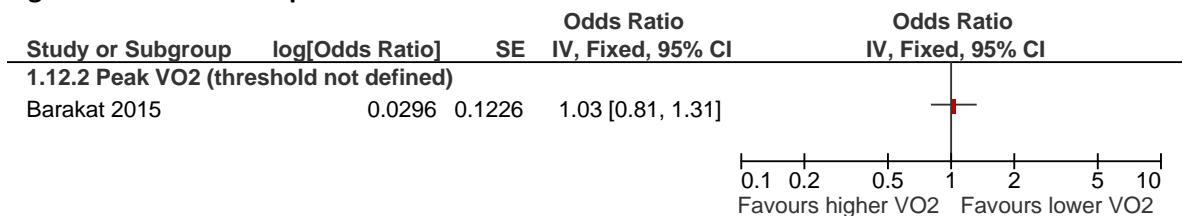
**Figure 22: 90-day mortality**



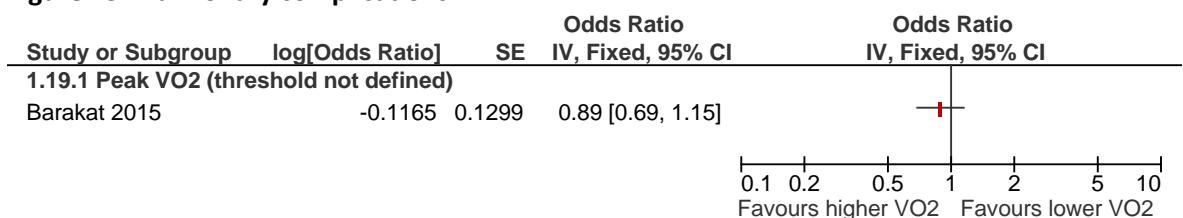
**Figure 23: 3-year survival**



**Figure 24: Cardiac complications**

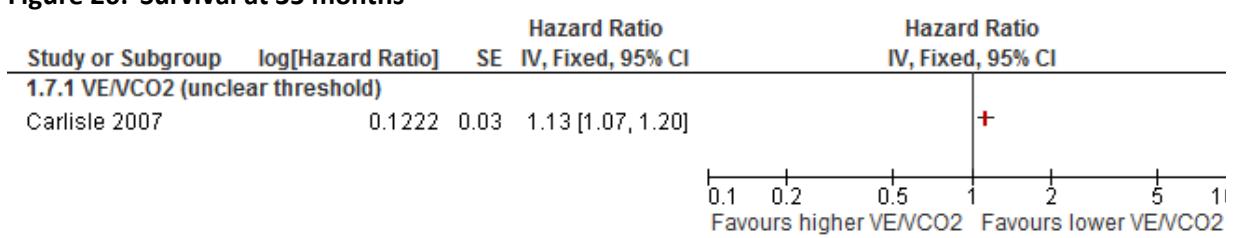


**Figure 25: Pulmonary complications**

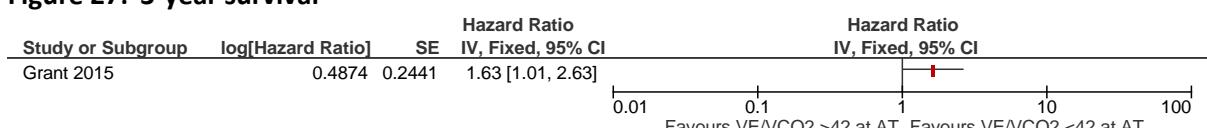


### J.3.2.1.3 VE/VCO<sub>2</sub>

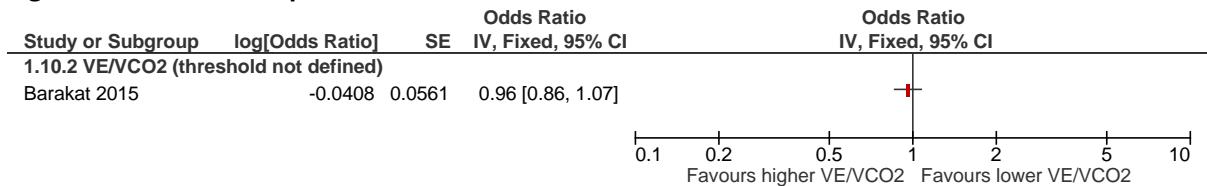
**Figure 26: Survival at 35 months**



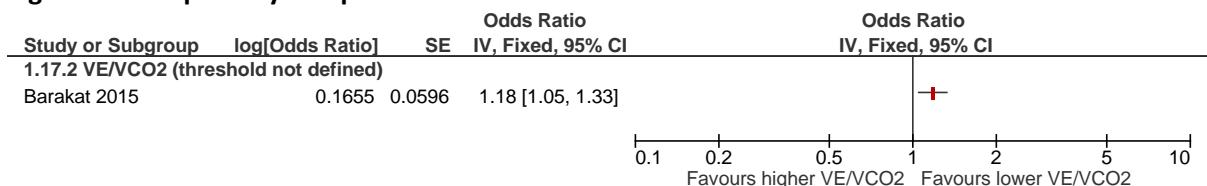
**Figure 27: 3-year survival**



**Figure 28: Cardiac complications**



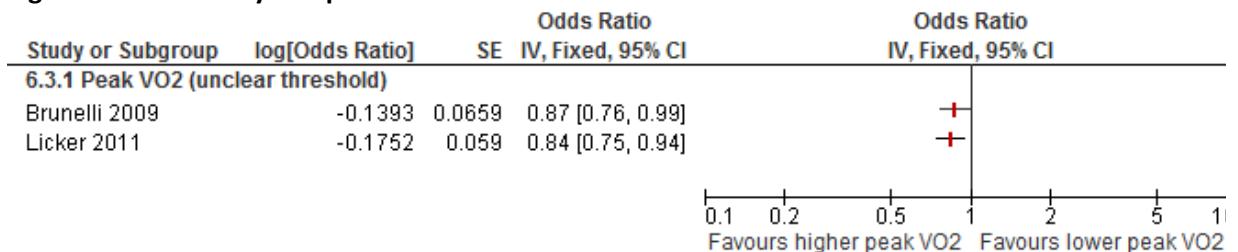
**Figure 29: Respiratory complications**



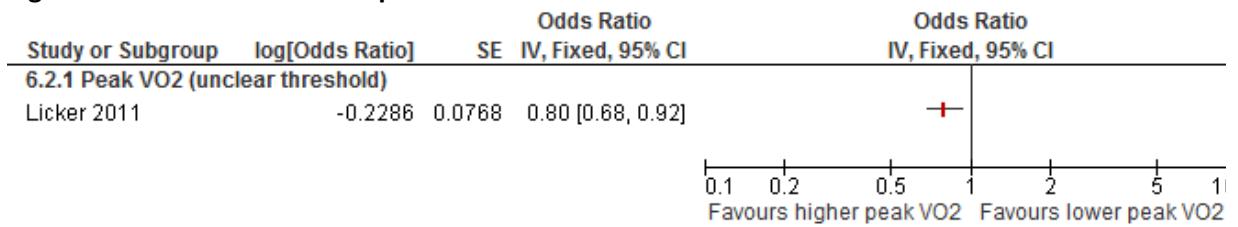
### J.3.2.2 Lung resection surgery

#### J.3.2.2.1 $VO_2$ Complications

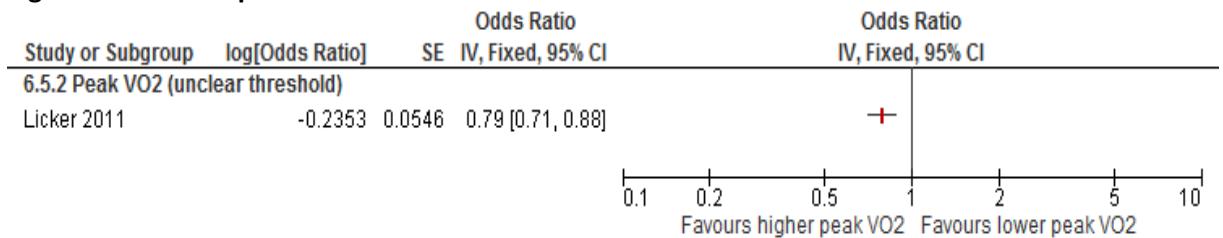
**Figure 30: Pulmonary complications**



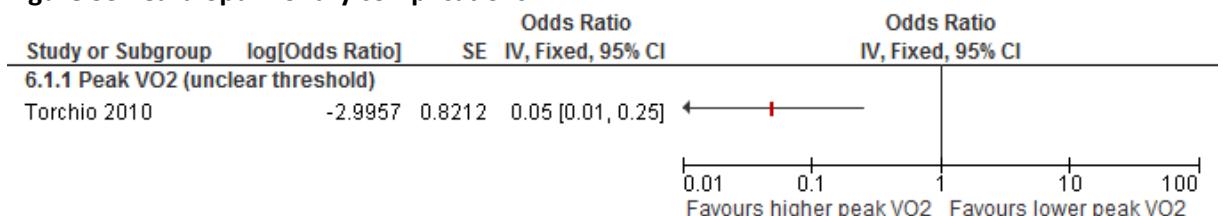
**Figure 31: Cardiovascular complications**



**Figure 32: All complications**

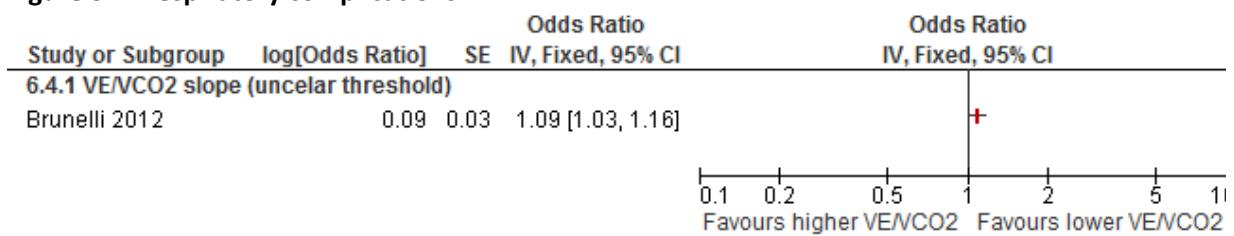


**Figure 33: Cardiopulmonary complications**

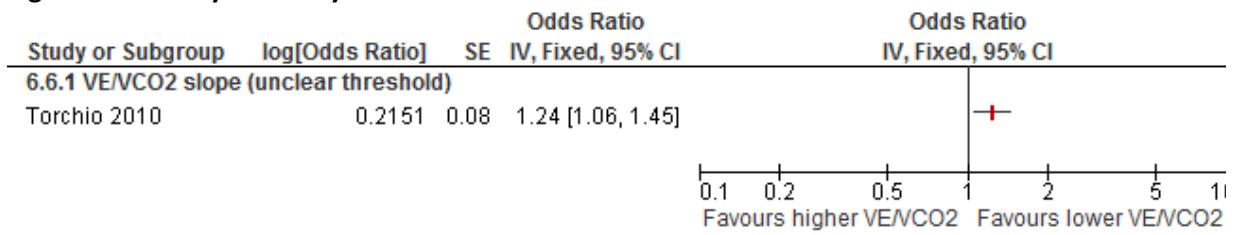


### J.3.2.2.2 VE/VCO<sub>2</sub> slope

**Figure 34: Respiratory complications**



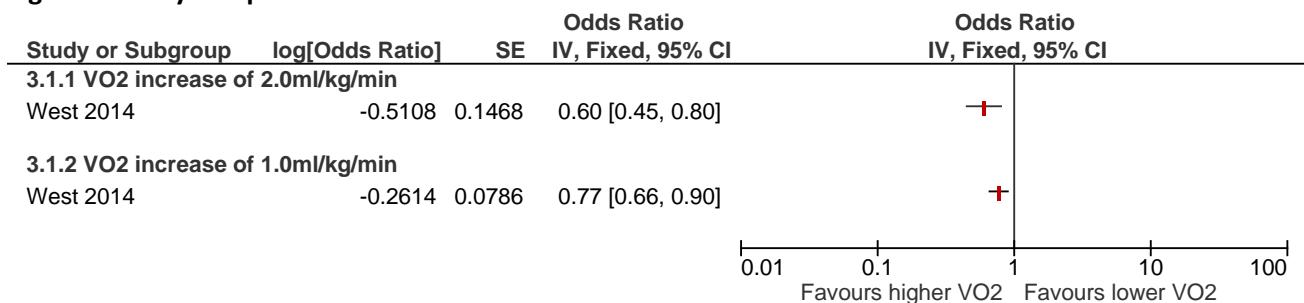
**Figure 35: 30-day mortality**



### J.3.2.3 Major colonic surgery

#### Peak VO<sub>2</sub>

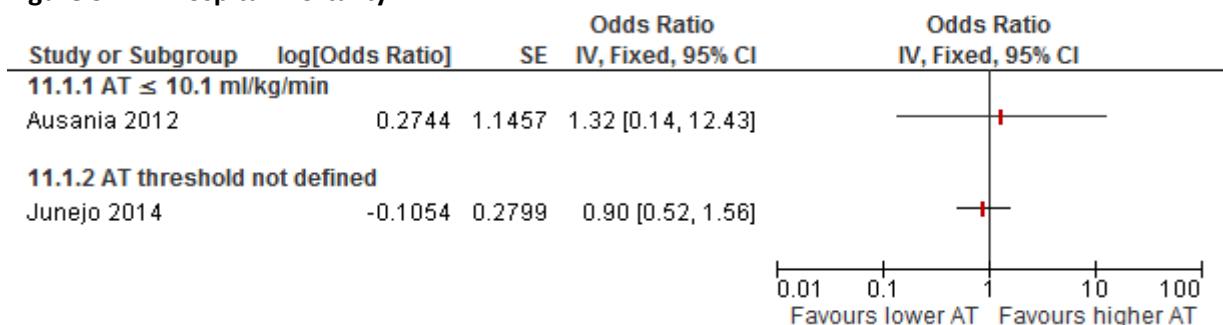
**Figure 36: Any complication**



#### J.3.2.4 Pancreaticoduodenectomy

##### J.3.2.4.1 Anaerobic threshold

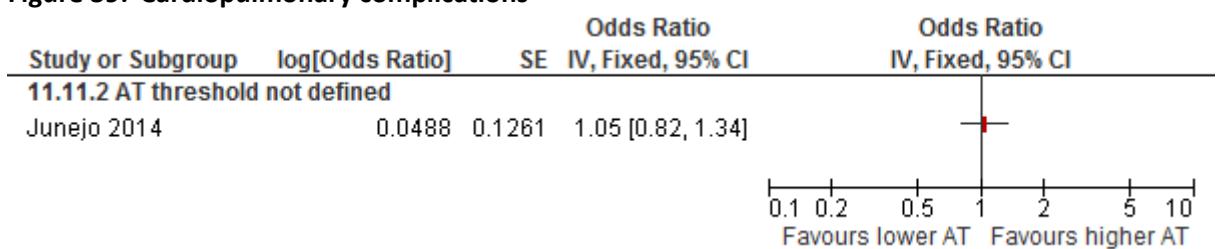
**Figure 37: In hospital mortality**



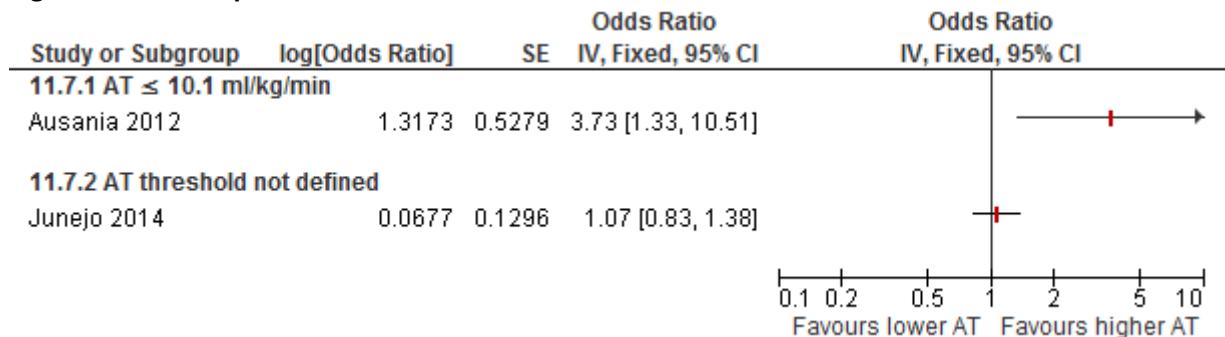
**Figure 38: Cardiorespiratory complications**



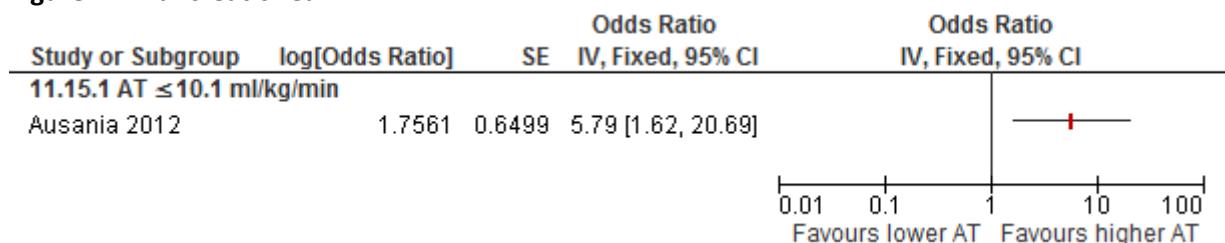
**Figure 39: Cardiopulmonary complications**



**Figure 40: All complications**

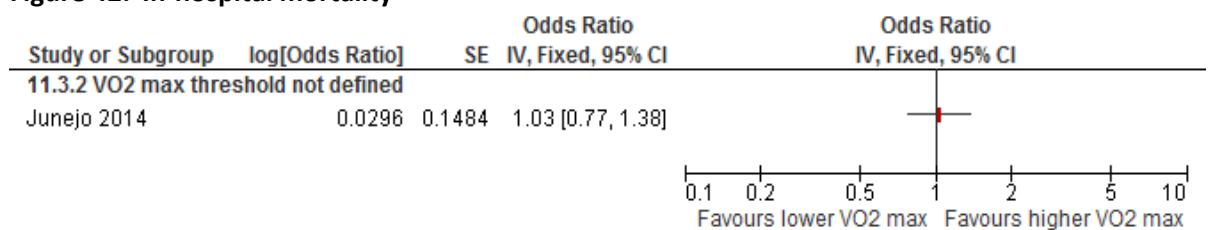


**Figure 41: Pancreatic Leak**

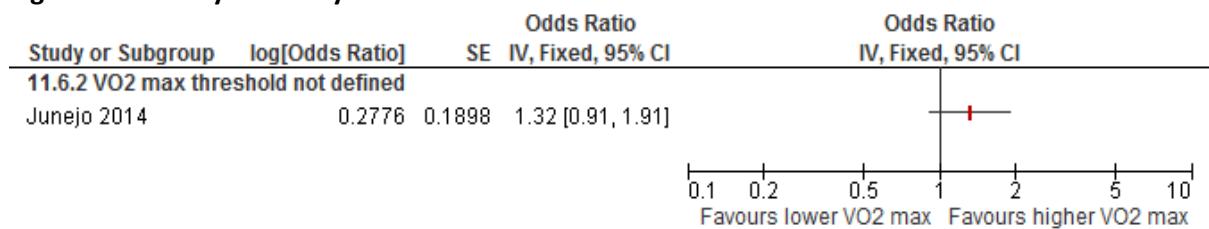


### J.3.2.4.2 $VO_2$

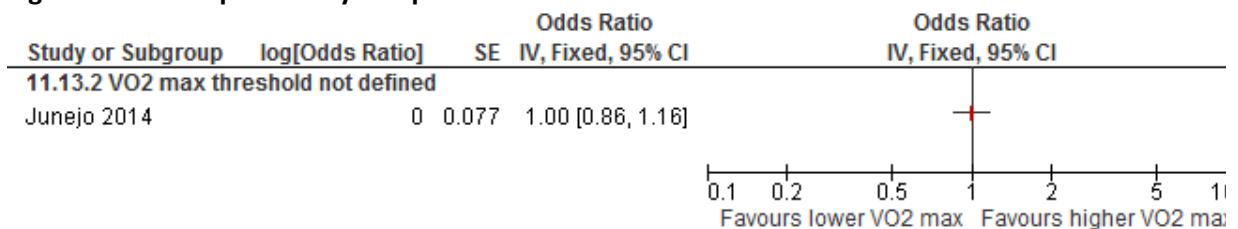
**Figure 42: In-hospital mortality**



**Figure 43: 30-day mortality**

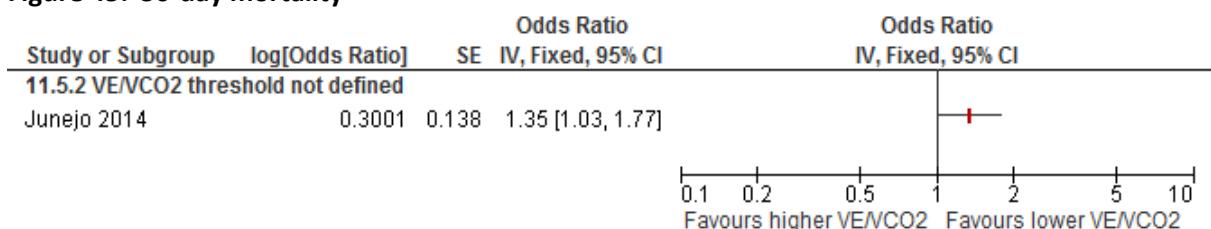


**Figure 44: Cardiopulmonary complications**

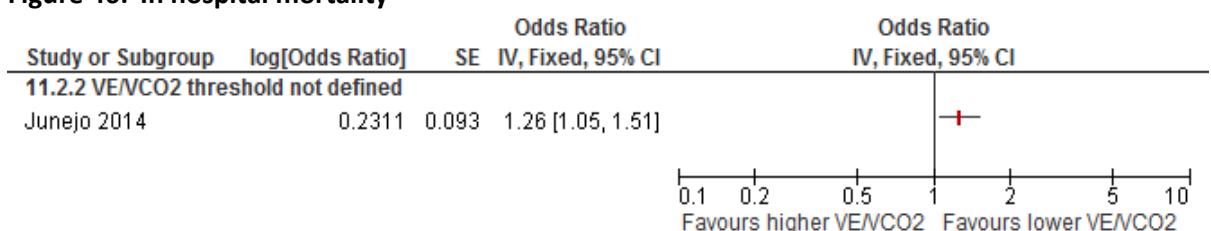


### J.3.2.4.3 VE/VCO<sub>2</sub>

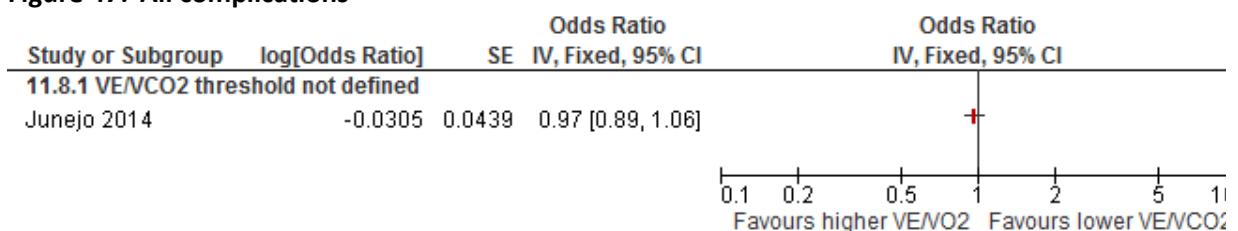
**Figure 45: 30-day mortality**



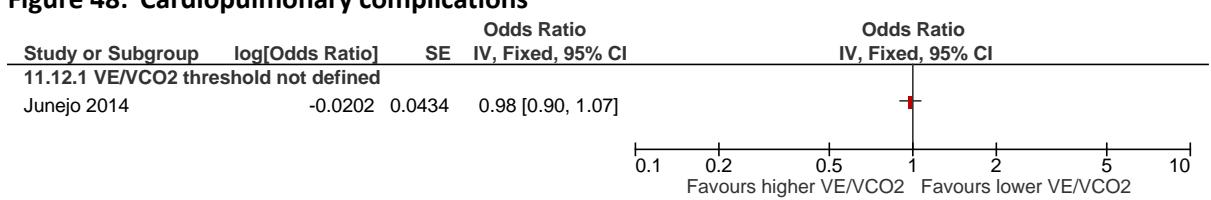
**Figure 46: In hospital mortality**



**Figure 47: All complications**



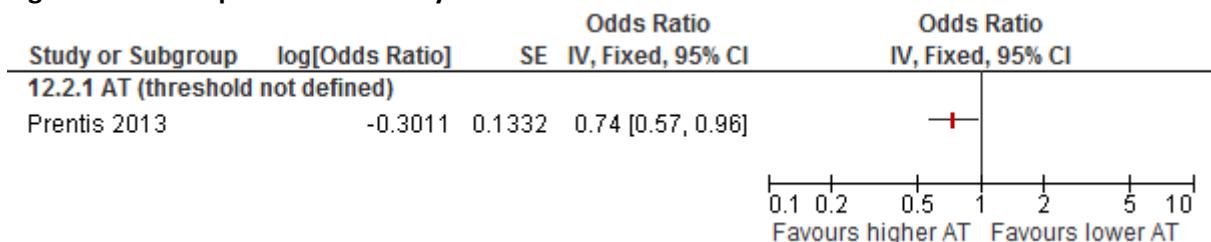
**Figure 48: Cardiopulmonary complications**



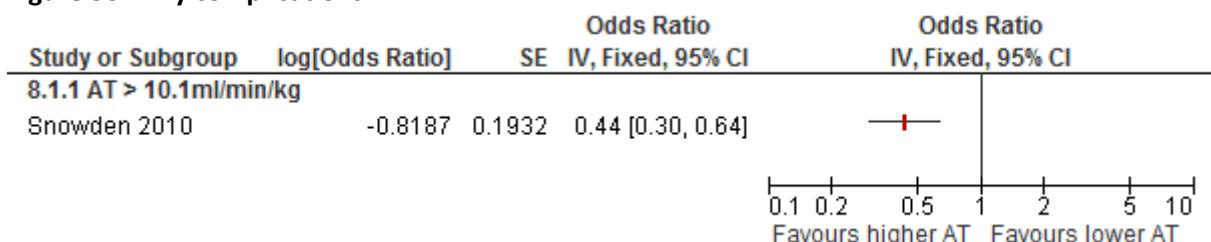
### J.3.2.5 Other types of surgeries

#### J.3.2.5.1 Anaerobic threshold

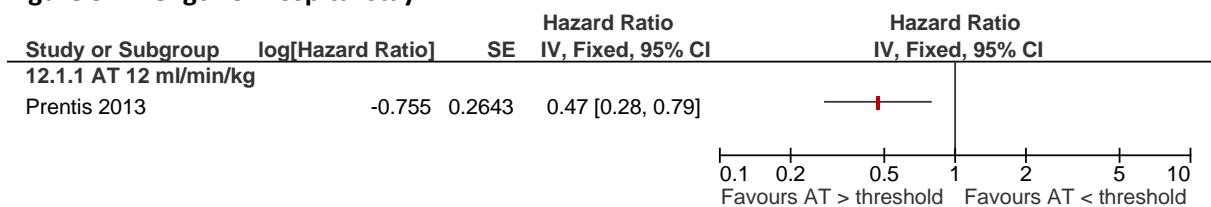
**Figure 49: Post-operative morbidity**



**Figure 50: Any complications**

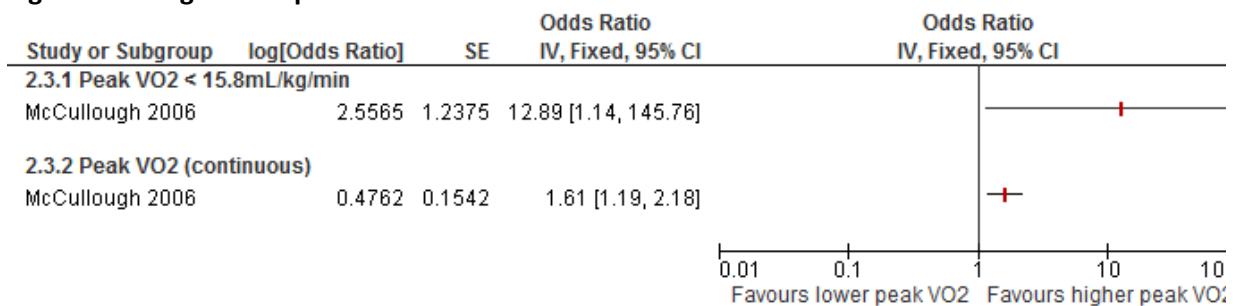


**Figure 51: Length of hospital stay**



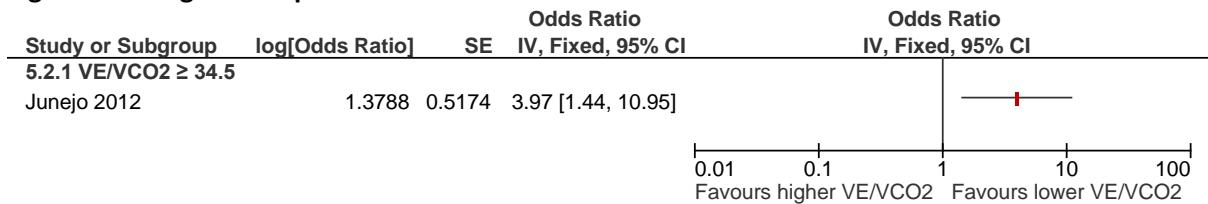
#### J.3.2.5.2 $VO_2$

**Figure 52: Surgical complications**

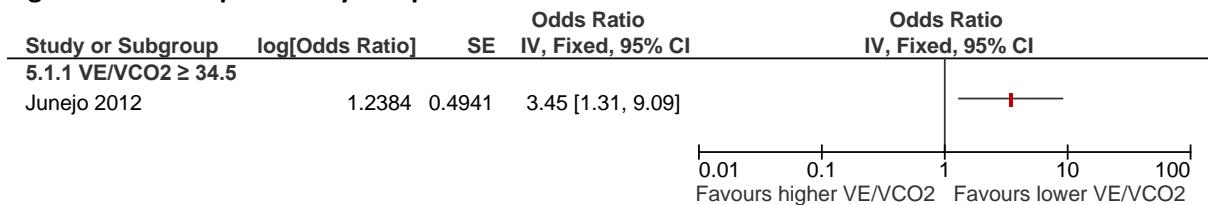


### J.3.2.5.3 VE/VCO<sub>2</sub>

**Figure 53: Surgical complications**



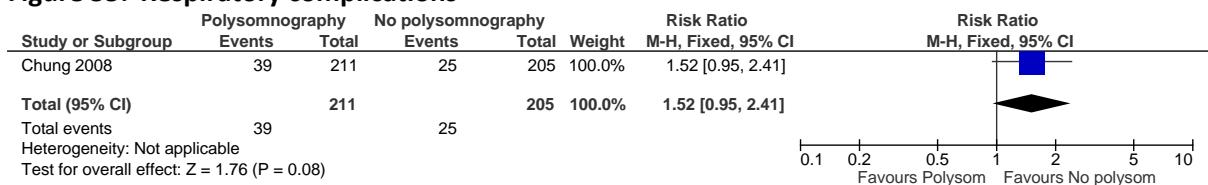
**Figure 54: Cardiopulmonary complications**



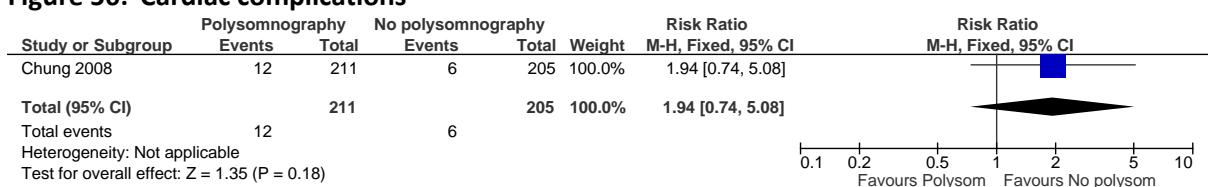
## J.4 Polysomnography

### J.4.1 Intervention evidence

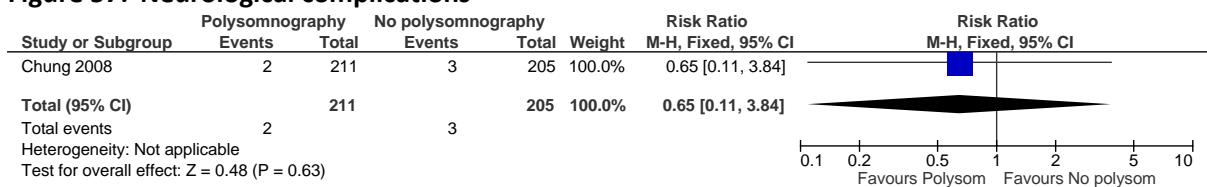
**Figure 55: Respiratory complications**



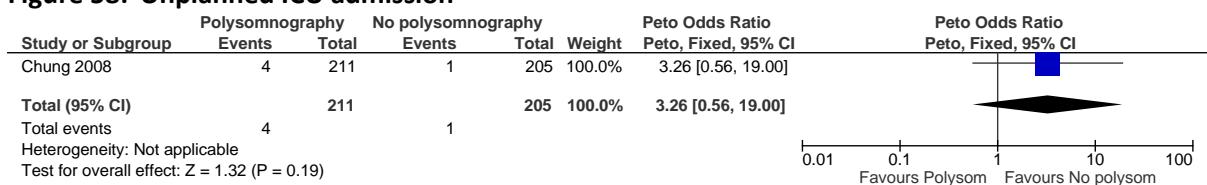
**Figure 56: Cardiac complications**



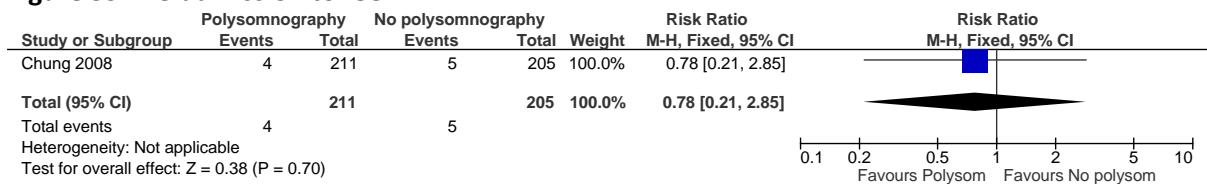
**Figure 57: Neurological complications**



**Figure 58: Unplanned ICU admission**

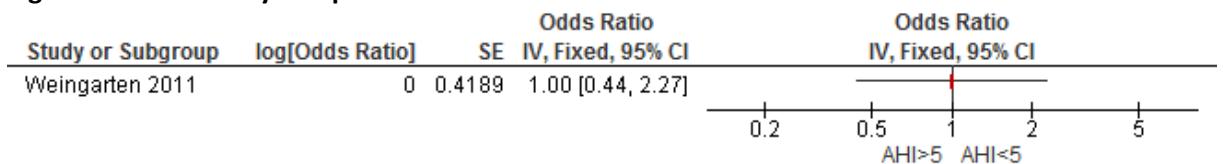


**Figure 59: Re-admission to ICU**

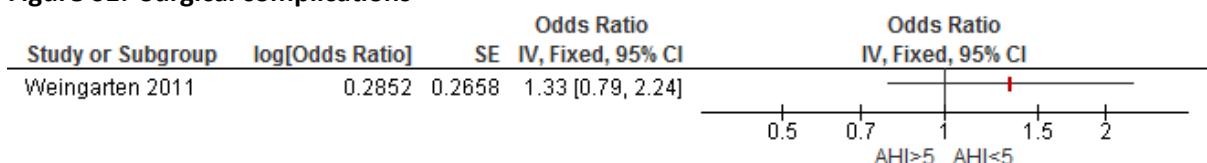


#### J.4.2 Prognostic evidence

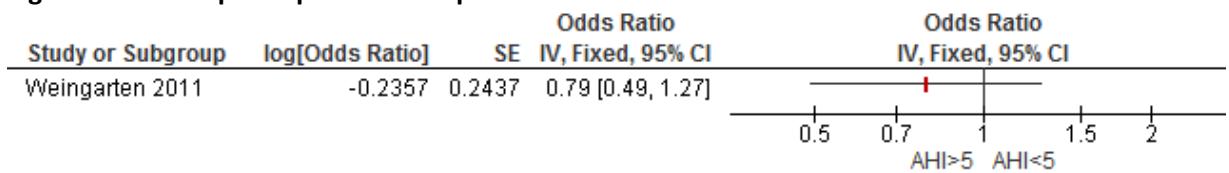
**Figure 60: Pulmonary complications**



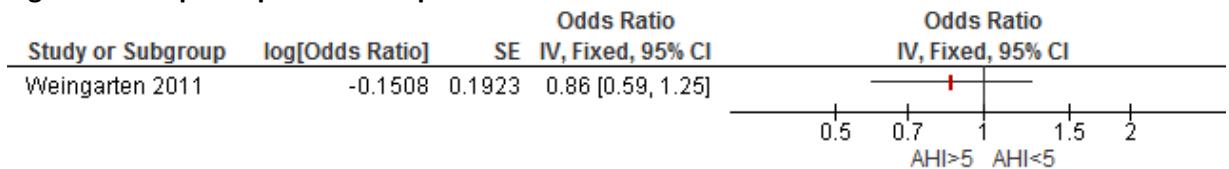
**Figure 61: Surgical complications**



**Figure 62: Other post-operative complications**



**Figure 63: All post-operative complications**

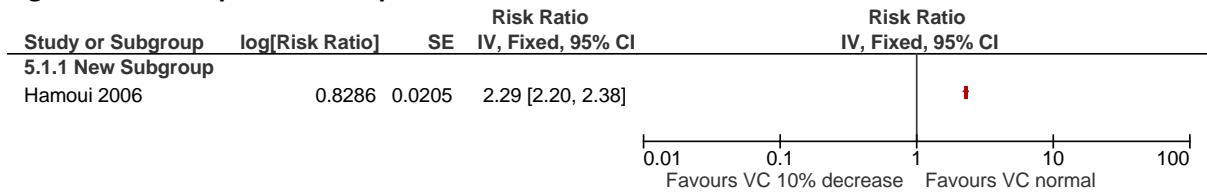


## J.5 Health technology assessment update

### J.5.1 Pulmonary function tests

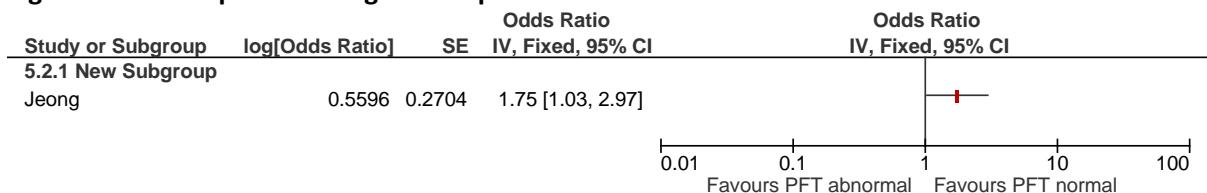
#### J.5.1.1 Bariatric surgery

**Figure 64: Post-operative complications**

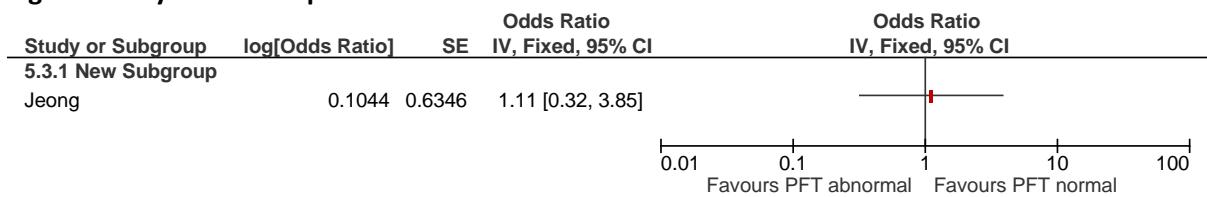


#### J.5.1.2 Cancer surgery

**Figure 65: Post-operative surgical complications**



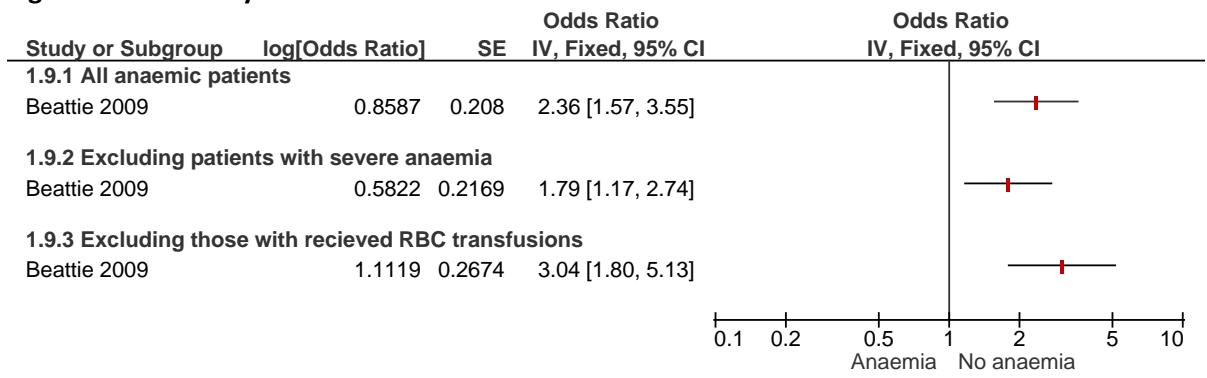
**Figure 66: Systemic complication**



## J.5.2 Full blood count

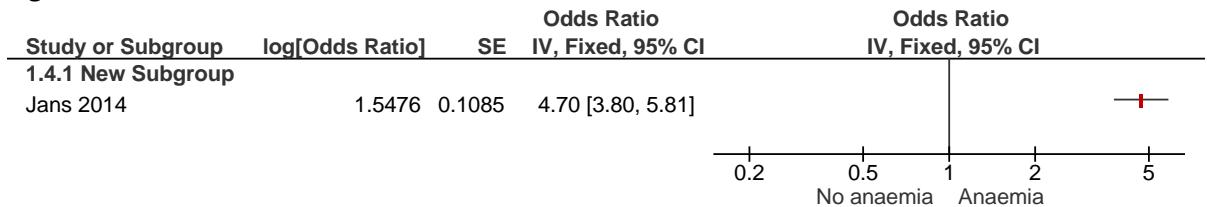
### J.5.2.1 All elective surgeries - anaemia

**Figure 67: Mortality**

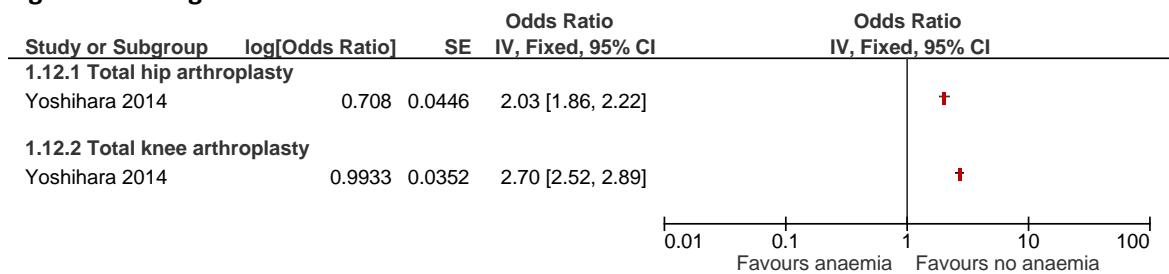


### J.5.2.2 Orthopaedic surgery – hip or knee arthroplasty

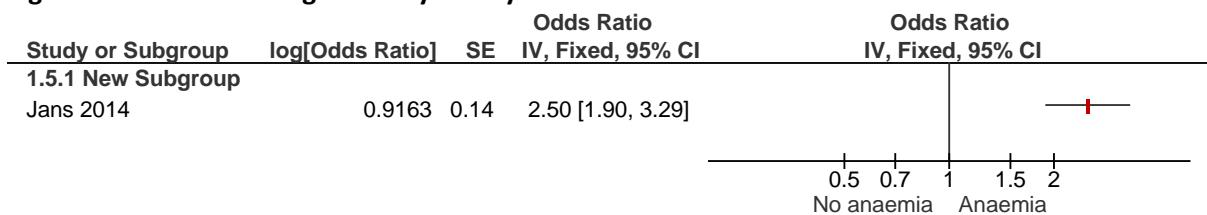
**Figure 68: Red blood cell transfusion**



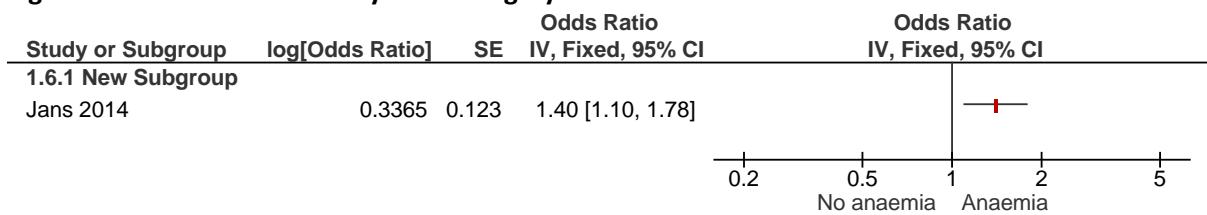
**Figure 69: Allogenic blood transfusion**



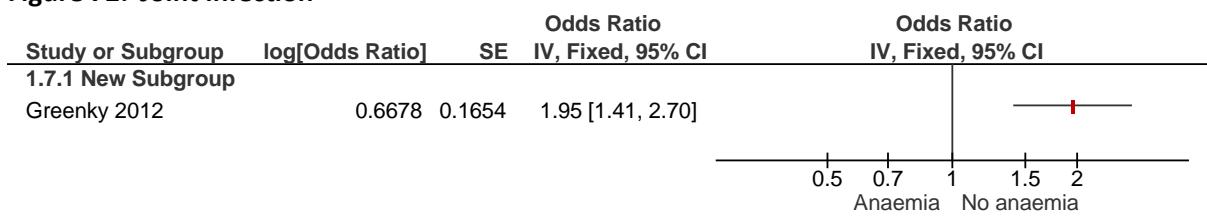
**Figure 70: Increased length of stay  $\geq 5$  days**



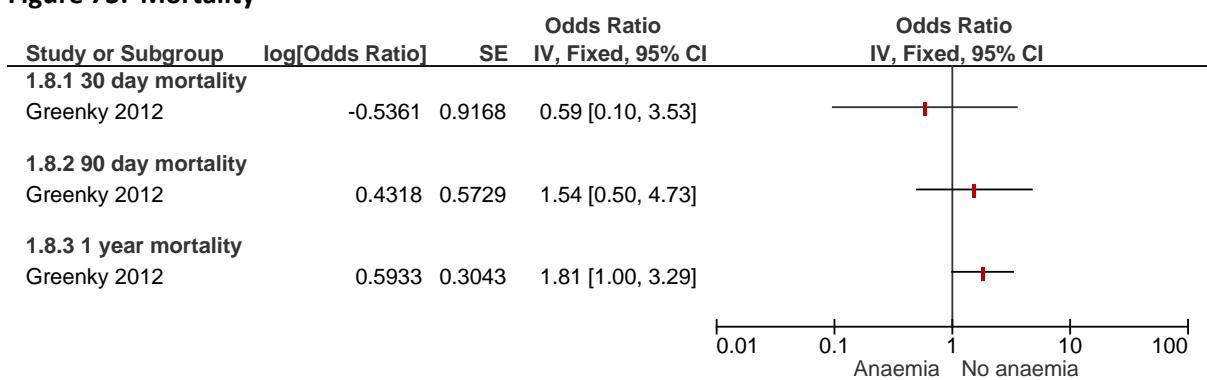
**Figure 71: Readmission 90 days after surgery**



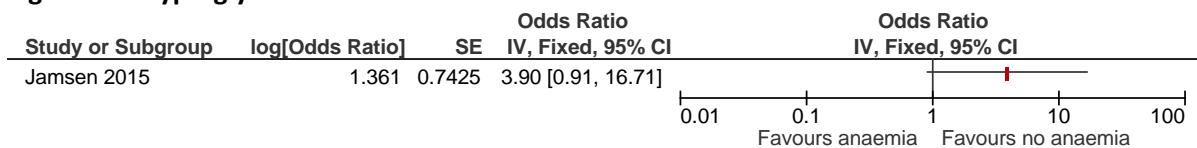
**Figure 72: Joint infection**



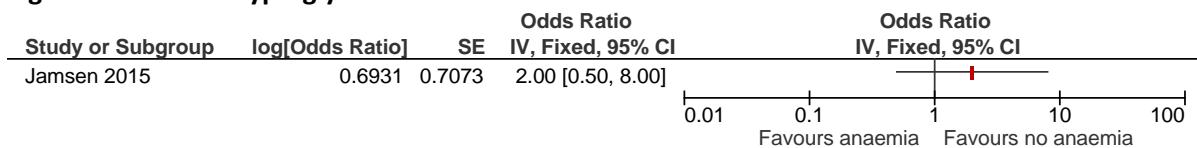
**Figure 73: Mortality**



**Figure 74: Hyperglycaemia**

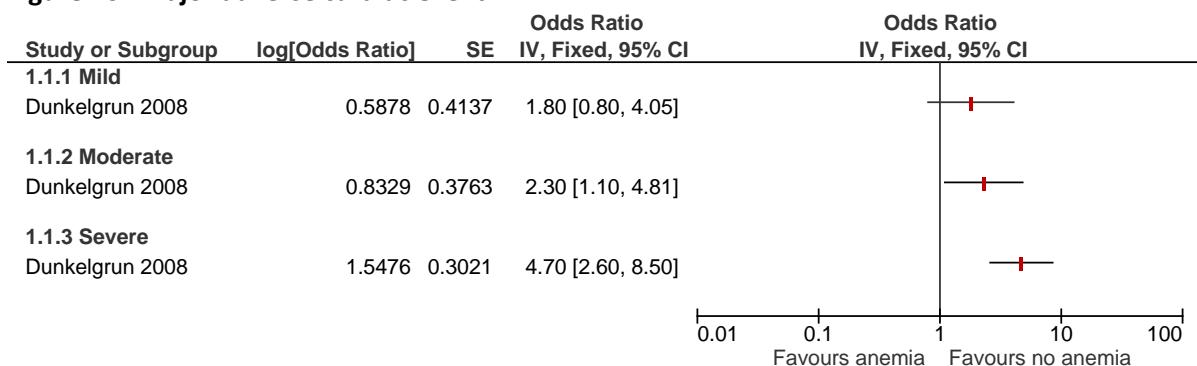


**Figure 75: Severe Hyperglycaemia**



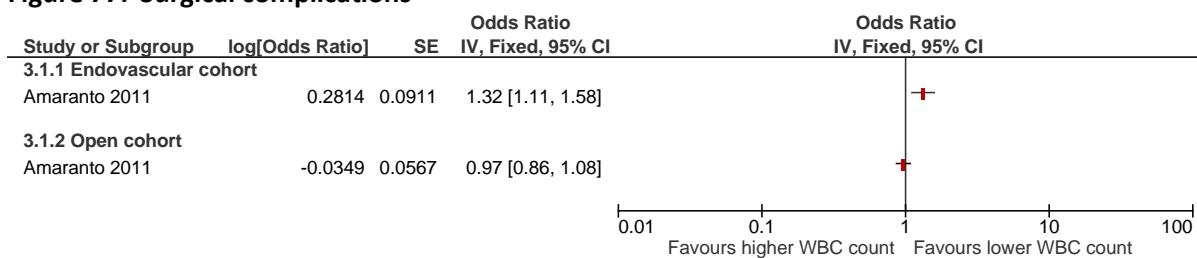
#### J.5.2.3 Vascular surgery - anaemia

**Figure 76: Major adverse cardiac event**

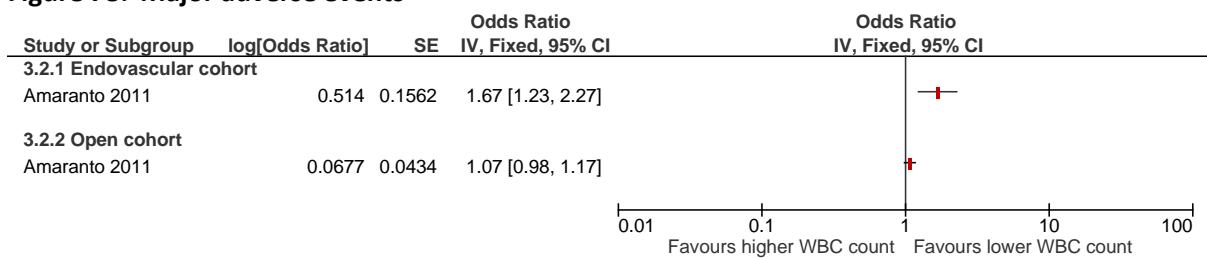


#### J.5.2.4 Vascular surgery – white blood cell count

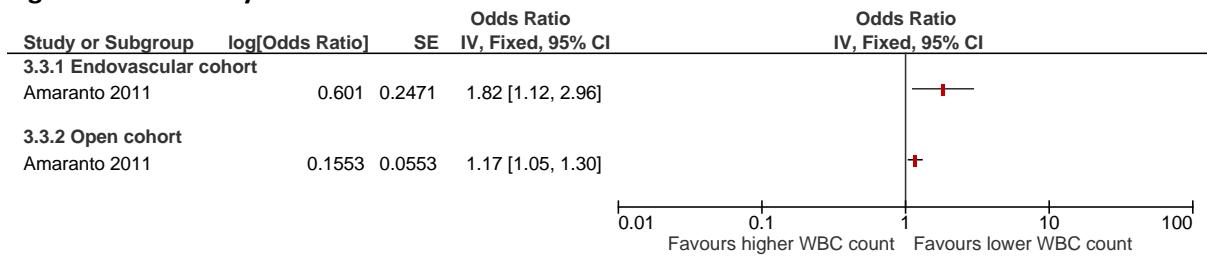
**Figure 77: Surgical complications**



**Figure 78: Major adverse events**

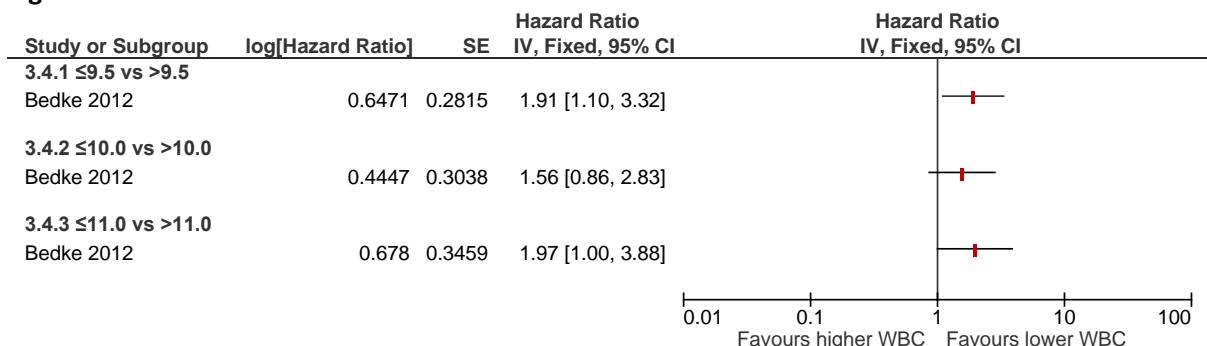


**Figure 79: Mortality**



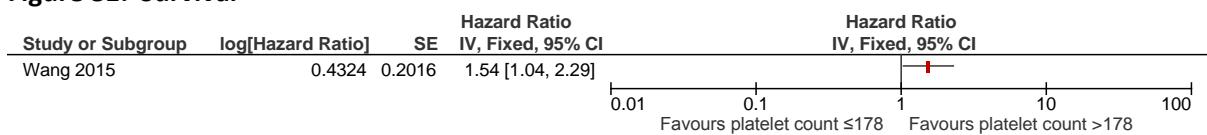
#### J.5.2.5 Cancer surgery – White blood cell count

**Figure 80: Survival**



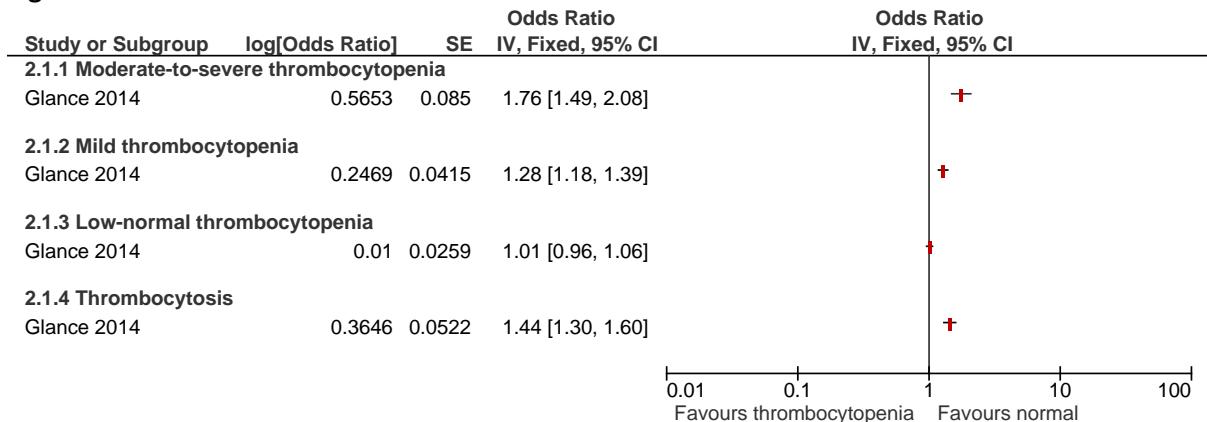
#### J.5.2.6 Cancer surgery – Platelet count

**Figure 81: Survival**

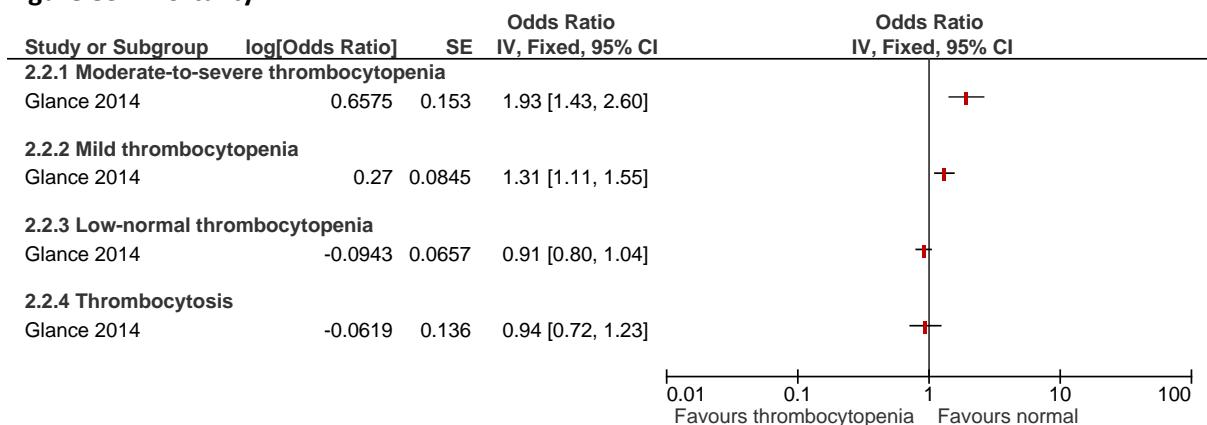


### J.5.2.7 Non-cardiac surgery - platelet count

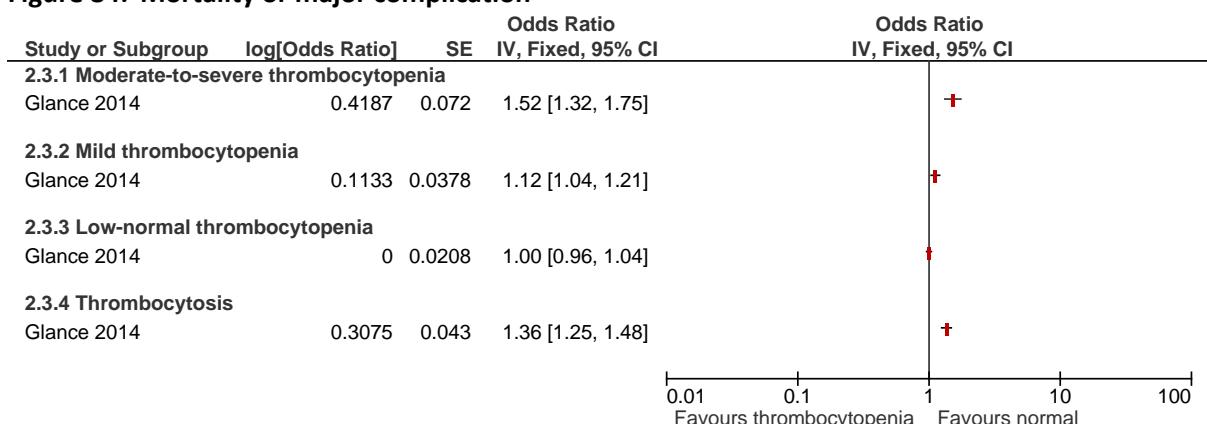
**Figure 82: Blood transfusion**



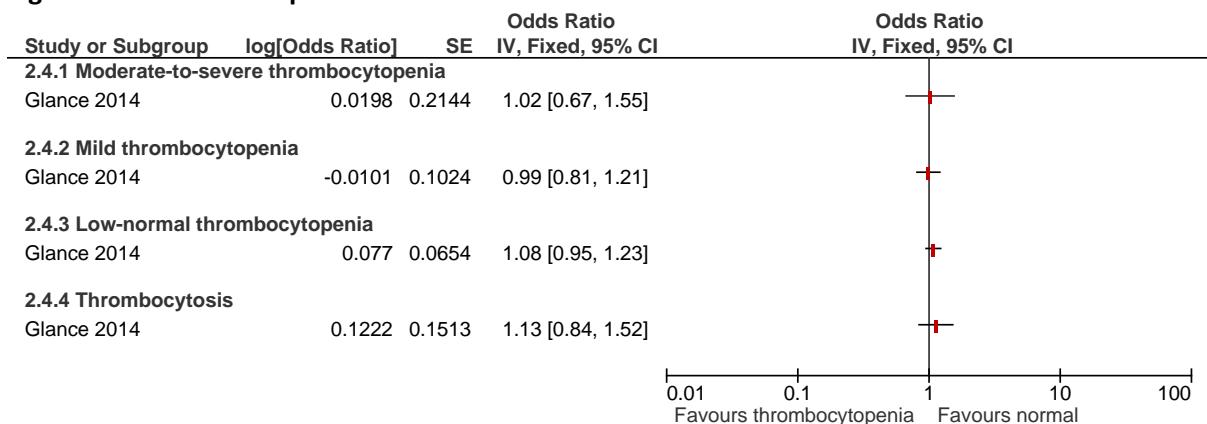
**Figure 83: Mortality**



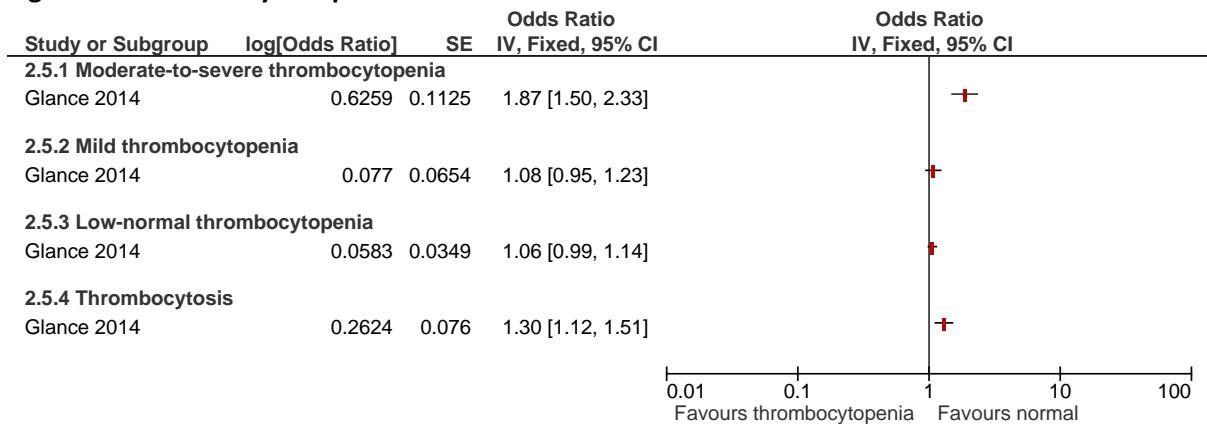
**Figure 84: Mortality or major complication**



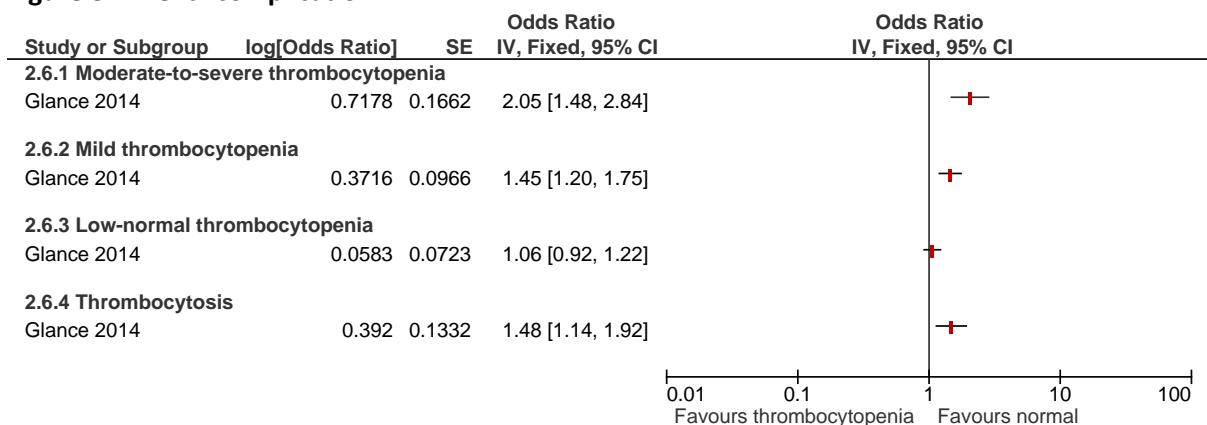
**Figure 85: Cardiac complication**



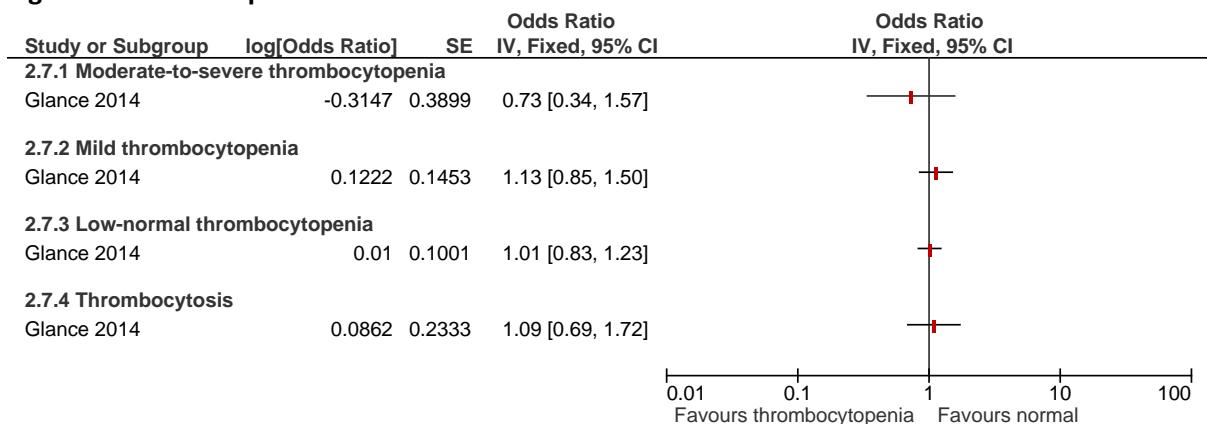
**Figure 86: Pulmonary complication**



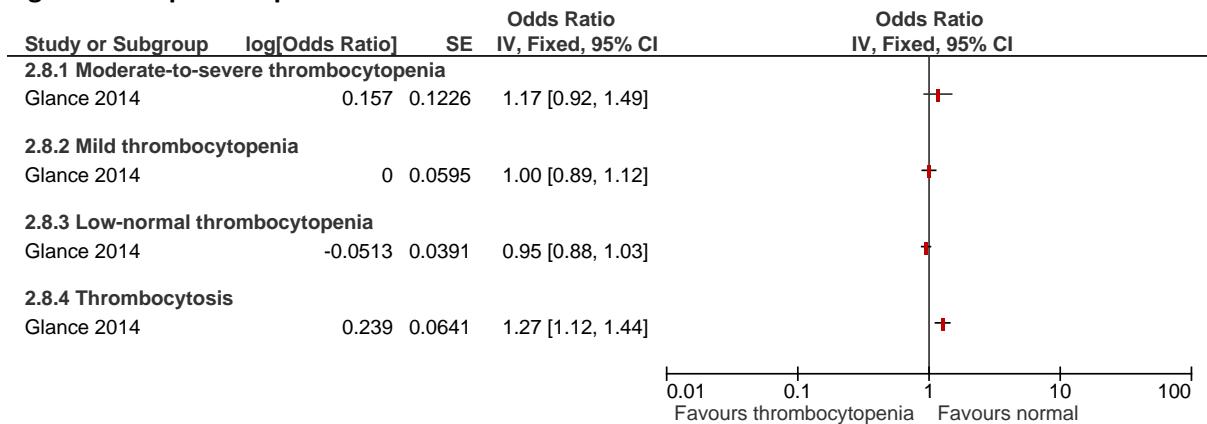
**Figure 87: Renal complication**



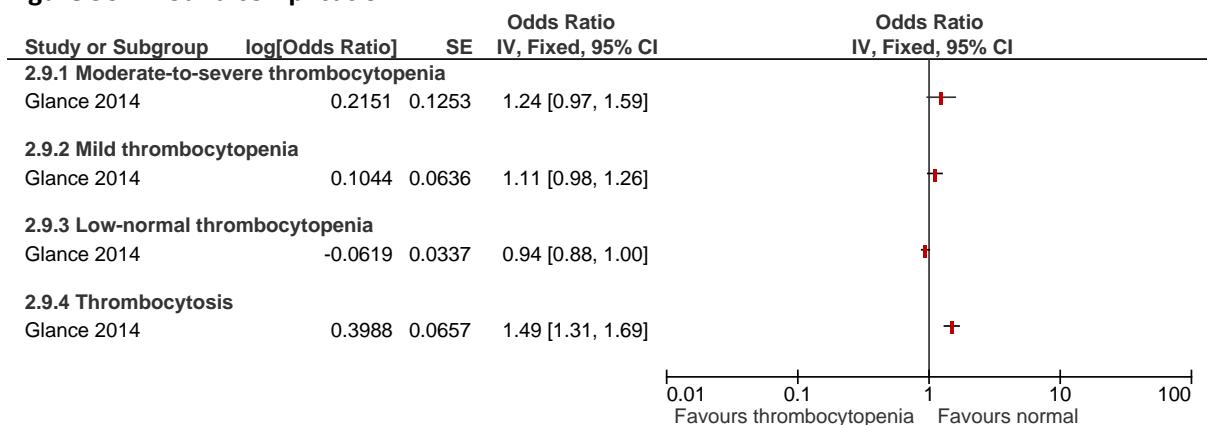
**Figure 88: CNS complication**



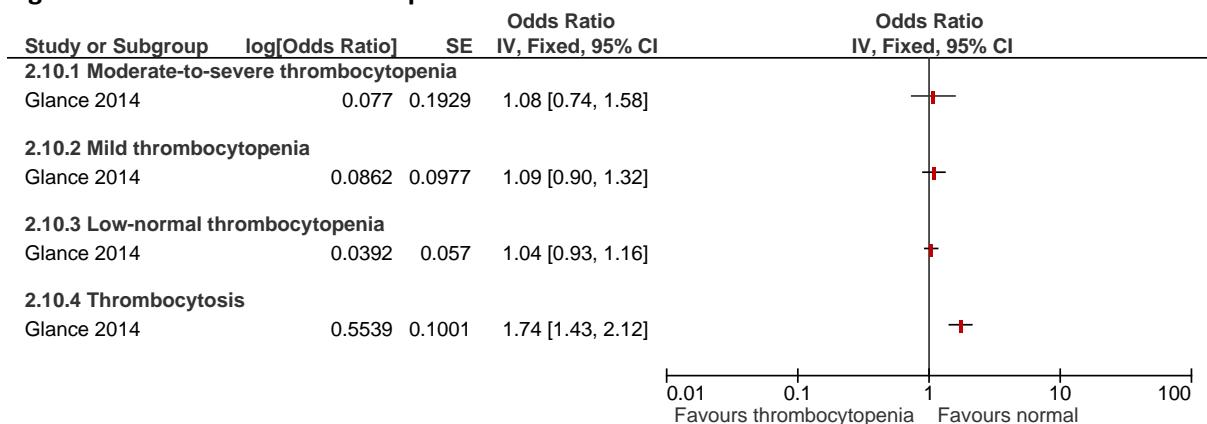
**Figure 89: Sepsis complication**



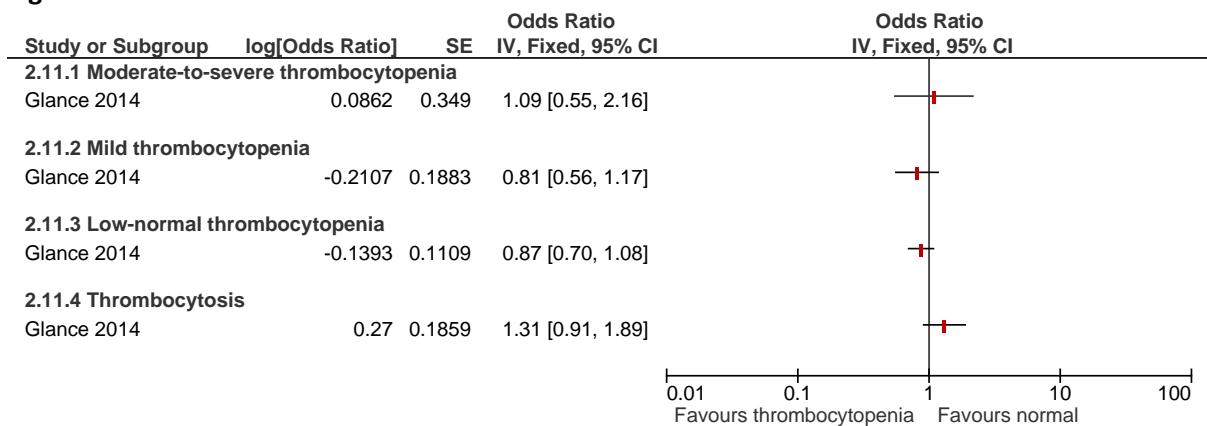
**Figure 90: Wound complication**



**Figure 91: Thromboembolic complication**



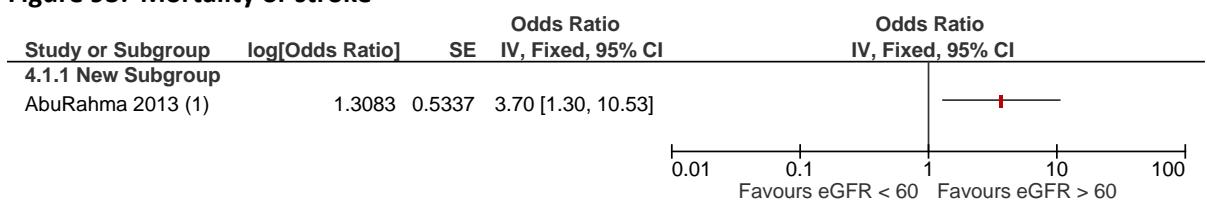
**Figure 92: Graft failure**



### J.5.3 Kidney function tests (urea and electrolytes)

#### J.5.3.1 Vascular surgery- eGFR

**Figure 93: Mortality or stroke**

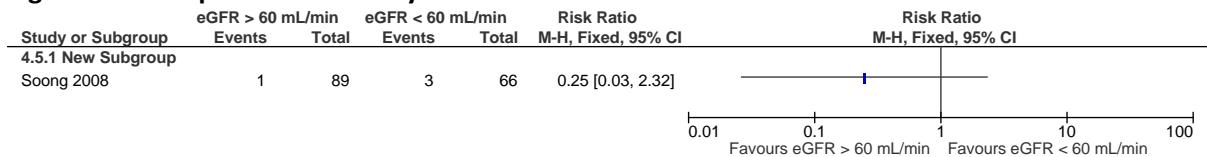


Footnotes

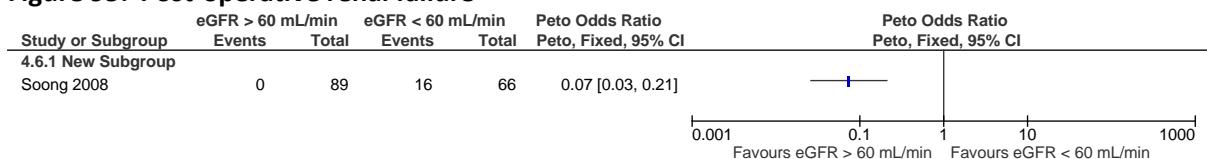
(1) eGFR value refers to a cut off of 60 ml/min/1.73m<sup>2</sup>

### J.5.3.2 Endovascular repair of abdominal aortic aneurysm- eGFR

**Figure 94: Perioperative mortality**

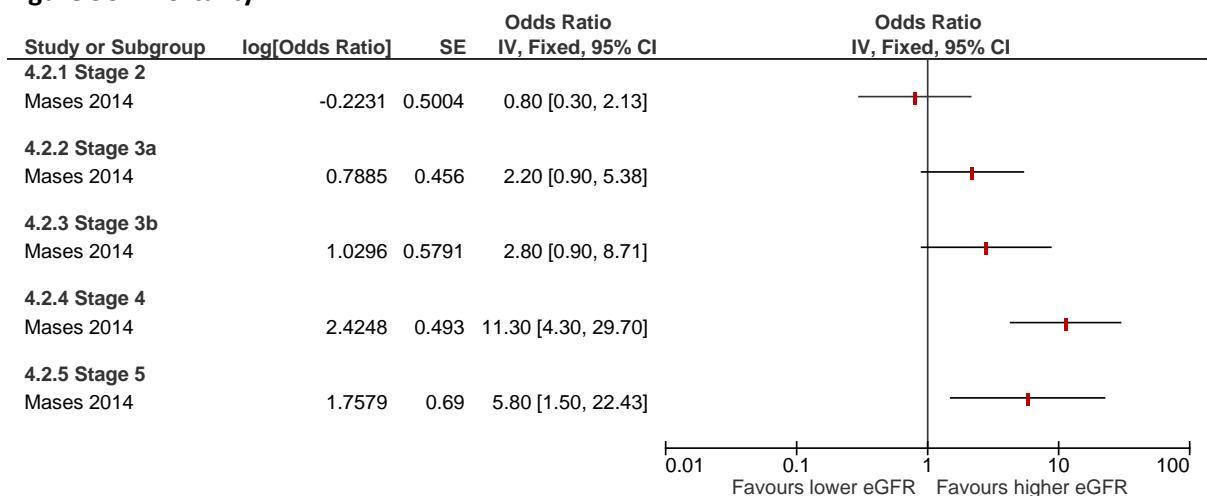


**Figure 95: Post-operative renal failure**

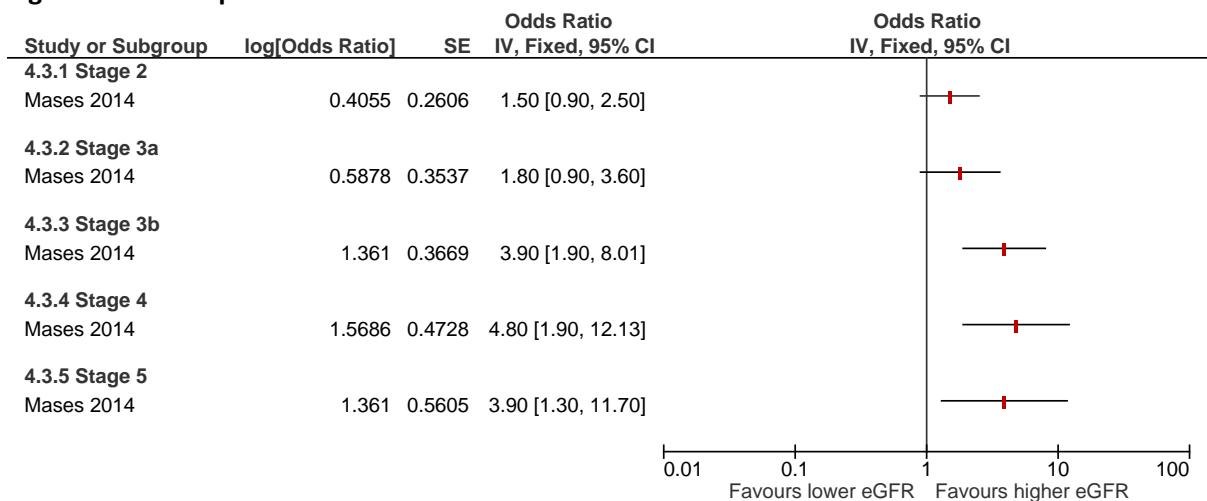


### J.5.3.3 Non-cardiac surgery -eGFR

**Figure 96: Mortality**



**Figure 97: Post-operative MACE**

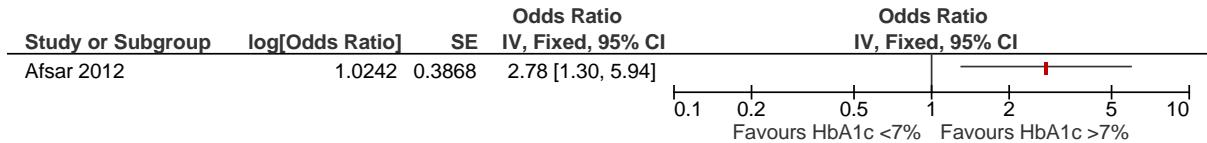


## J.6 Glycated haemoglobin test

### J.6.1 Diagnosed diabetes

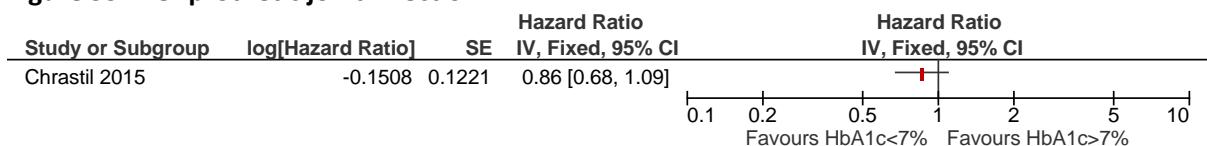
#### J.6.1.1 Primary arteriovenous fistula failure

**Figure 98: Post-operative complications**

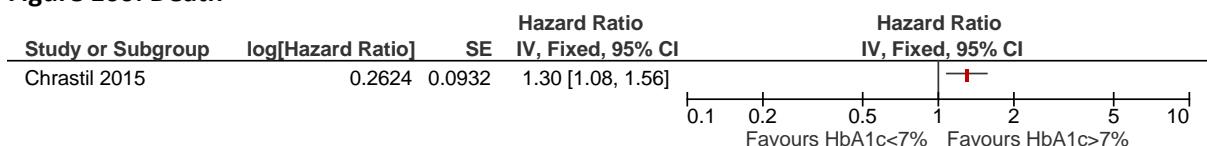


#### J.6.1.2 Hip/ joint arthroplasty

**Figure 99: Periprosthetic joint infection**



**Figure 100: Death**



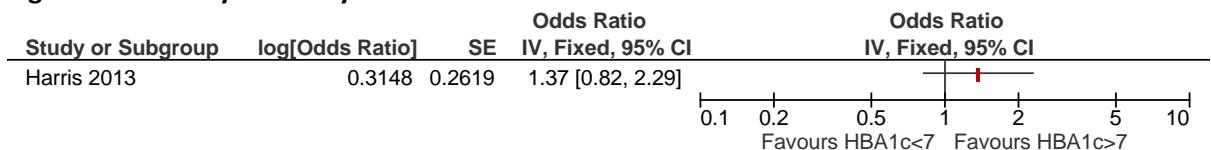
### J.6.1.3 Non-cardiac surgery

**Figure 101: Infections complications**

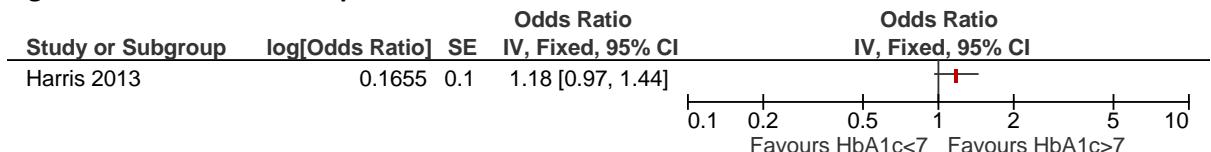


### J.6.1.4 Joint arthroplasty

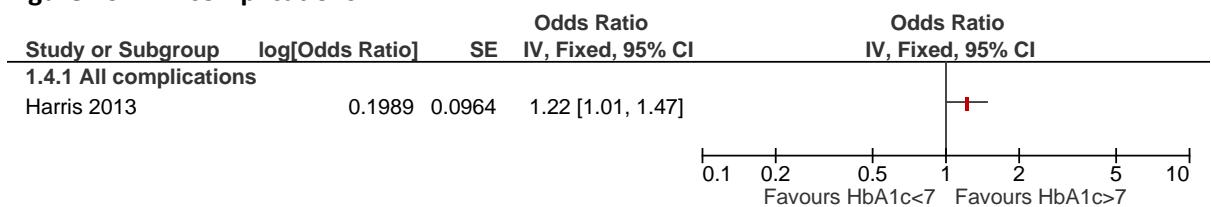
**Figure 102: 90-day mortality**



**Figure 103: Number of complications**



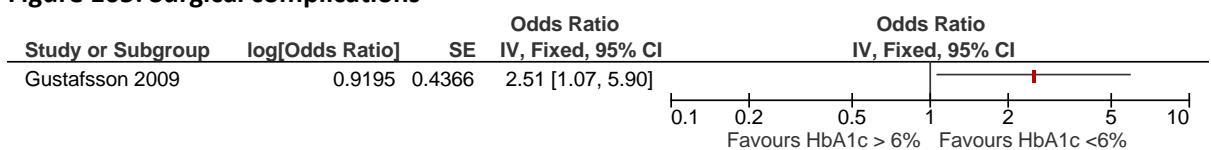
**Figure 104: All complications**



## J.6.2 Undiagnosed diabetes

### J.6.2.1 Colorectal surgery

**Figure 105: Surgical complications**



**Figure 106: Infection**

