IP survey IP1020_2

This report was generated on 29/06/22. Overall 101 respondents completed this questionnaire. The report has been filtered to show the responses for 'All Respondents'.

The following charts are restricted to the top 12 codes. Lists are restricted to the most recent 100 rows.

I have read the information above which explains the purpose of the project and how any information I provide will be used

<mark>100%</mark>

I consent (agree) to NICE using the information I have given in the ways described above

100%

How did you hear about this survey?

Your doctor/clinician (97)

A patient support group/charity (-)

NICE social media (4)

4%

Other (please sepcify)

Hello , My GP But information came from the Cancer research UK which I got in touch with .

An email
I was emailed by London Urology Specialists on Thursday 19th May
NHS Nurse
And quite a lot of information came from a phone call to Macmillans Cancer care
an email from London Urology

Are you (the person completing the questionniare):

The patient (96)

The patient's carer/parent/guardian (-)

Other (-)

Your age (in years)

Sam	nle	Stan	da	rd

Count	t Sum Mean	Deviation	Minimum	Maximum	Range
101	7071 70.01	8.02	48	87	39

How long ago did you have the procedure?

Feb. 2022	10 years	8	3-4 years ago
End January 2022	18 th March 2022	3years ago	February 25th 2022
2013	10 years and 3 years	December 2019	Sept.2016
2012	5	4	2011
March 2021	2012	2013	4
4 years 6 months ago	2014	10 months	November 2019
5 years	7	4 months ago	2.5 years
4	July 2017	5	April 2020
8 months ago	6	17-Apr-20	17/08/2012
5 years ago	5	3 Years	March 2020
5 days	October 2016	2016	12/05/2018
5	January 2015	in 2014	June 2021
5 years			

In years

Sample Standard

Count	Count Sum Mean		Deviation	Minimum	Maximum	Range	
69	381	5.52	2.69	1	10	9	

In months (OR In months)

Sample S	Standard
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Count	Sum		Deviation	Minimum	Maximum	Range
16	203	12.69	12.18	2	44	42

In months (OR In weeks)

_		_		_	
Sai	mnl	<u>~ C</u>	tan	dai	امء

Count Sum Mean		Deviation	Minimum Maximum Range			
0	-	_	_	_	_	-

To which gender identity do you most identify?





Prefer not to say (-)

Did the procedure work?



If somewhat or no, please provide further details along with information about whether symptoms later reoccurred.

I am still being monitored. Follow-up MRI scan has indicated there may still be a very (extremely) small area of interest, but too small to be sure. I have had several PSA tests since the procedure and every one is exactly the same (3.8), so I believe the procedure was probably successful. I have another review in June this year.

i had my bladder and prostrate removed in 2015

Subsequent surgery by HIFU in 2017 at PAH Harlow, then Salvage Robotic Radical Prostatectomy July 2020 at UCLH.

I have had no side effects, however the cancer returned in April 2021

Not possible to place needles on the target area owing to y large prostate and low pubic arch

I hd a template guided biopsy on my postate in July 2016 following an MRI scan. This indicated that there was a discrete lesion within myn postate that was cancerous. I was recommended that this could be treated by focal therapy and I had the NanoKnife procedure in October 2016. The first PSA test taken in January 2017 showed that my PSA had reduced from 6.9 to 3.09. However further tests taken every three months showed that the PSA was beginning to rise (4.7 in September 2017). I had an MRI scan in July 2017 that showed that there was a good response to the area of my postate that had been treated by NanoKnife but there were other areas with the postate that were potentally cancerous. This was confirmed by a template guided bioposy undertaken on my postate in September 2017 which confirmed that the gland was "unstable" and that there was a new cancerous lesion with a Gleeson score of 7 (3+4). Because of this I had a robotic postatecomy in November 2017. The bioposy of my removed prostrate showed that there were lesions within it with more agressive cancer that returned a Gleeson score of 8(4+4).

This was the first intervention I had on cancer in prostate. Results were good for that particular cancer, however more cancer was identified and treated with HIFU technology. Eventually a salvage prostatectomy was performed.

Symptoms reoccured in 2018 and a second procedure was performed in a different area.

3 areas left after treatment

My psa went to very low, but is again on the rise. I have side effects I was hoping to avoid by not having my prostate removed.

I had two cancer points on my prostate the one that was the most aggressive was treated and MRI showed this worked, HOWEVER, when the second spot became aggressive Professive Said the process was not feasible to use due to the position of the growth on the prostate and I was referred to surgical or Radiology treatment which has worked. I felt that this process my work but with limitations which had I known /understood at the outset I would not have proceeded

the procedure was effective on a part of the prostate that was targetted but it did not capture a part at the edge of the gland

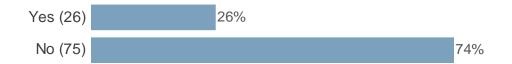
If somewhat or no, please provide further details along with information about whether symptoms later reoccurred.

Diagnosed with prostate cancer 22/1/2010 - PSA count >100. Hormone therapy (Casodex), Brachytherapy, IMRT May-June 2011. Casodex & Zolodex to Feb 2013. PSA stable (< 0.5) for 18 months . PSA 2.74 10/11/2015. Nanoknife Electroporation 12/2/2016. PSA count 1.85 3/5/2016; 2.29 30/6/2016; 3.67 30/9/2016; 5.38 23/11/2016; 12.07 12/4/2017. Resumed Hormone Therapy 19/4/2017 (Casodex). PSA 7.8 24/5/2017; 4.1 24/8/2017; 1.93 26/11/2017. Subsequent hormone therapy, Casodex & Zolodex and latterly Zolodex and Xtaldi (enzalutamide) have kept PSA < 12. Latest PSA 0.36 on 27/5/2022

Recently (1 June 2022) had MP MRI scan. Awaiting consultation with consultant about result.

Yes, from 1.0 psa after procedure to 5.0 psa 3 years later, necessitating another procedure

Did you have any side-effects following your procedure?



If yes, please provide further details along with information about whether symptoms later reoccurred.

needed a catheter for a few days, and self catheter for a couple of days. after that, urinating was a little sore for awhile. blood in the urine for some weeks.

The catheter was removed on the Monday following the operation on the Friday but had to be refitted on Tuesday as I could not pass urine normally. It was removed again about a week later and although I could pass urine I suffered from frequency issues for a couple of weeks until things settled down.

Urinary infection which was cleared with antibiotics. No reoccurrence. Retrograde ejaculation

UTI and swelling of the gland

The consistency of my ejaculate changed

Side effects with retention and passing small clots etc were only as one would expect, not a real problem and quickly resolved. Regular pain from an arthritic hip increased for a few days after the operation.

Pain, blood in semen, slight incontinence.

Some erectile disfunction and some bladder leakage.

Minimal side effects after first two surgeries. Longer lasting after RALP with incontinence, albeit slowly improving over time. Subsequent symptoms given further surgeries as above

modest side effects from HIFI - retrograde ejaculation - permanent.

After suprapubic catheter was removed I had a blocked urethra and had to have my bladder drained and an external catheter fitted. My erections were not strong and I was prescribed Tadalafil which worked ok.

If yes, please provide further details along with information about whether symptoms later reoccurred.

Lot of pain next day but eased a lot after 48 hours.Lot of discomfort for the next week from the catheter that I had to keep in for at least 5 days afterwards but that was mostly when I went to open my bowels with the concurrent contraction of my bladder functioning as the bladder muscles contracted and squeezed the catheter tube it was very painful then. Otherwise OK most of the time. Once the catheter was removed most of the pain completely eased. Long term the few symptoms I had had eased a lot. The worst one was urgency to urinate which could come very suddenly and if I didn't get to the loo in time a few drops would come out. The other sign was I would get post micturition dribble. Both of these still occasionally can occur but much less frequently and not so intense with the urgency. With the urgency I can sometimes "hang on" and ride it out and it eases off for a long time then.

Some erectile problems that were cured by taking viagara. I did not recall any bladder problems.

Mild incontinence

Some, relatively minor loss in strength of erection. Reduction in volume of fluid discharge in ejaculation and discharge of fluid only with no semen.

I have had some difficulty in getting normal erection (Still on going)

2 side effects, loss of ejaculation and pain at moment of 'ejaculation'

Trouble urinating for about 8 days: needed to self catheterize for seven or eight days

Some blood in urine Short term mild incontinence Some reduction to ejaculation volume

The procedure itself worked very well ref. prostate cancer. I still have good sexual function and fertility and normal urinary function. The procedure resulted in slight prolapse of my bowel. This is very minor.

Bad bladder infection for 3 months after the op, difficulty in passing water leading to self catherisation - painful! - and no sperm produced since op.

Weak ejaculation, no other issues

Urethral dilation, Resection of necrotic tissue bladder neck 20/5/2016 and again 15/7/2016. Not necessarily related 11/9/2017 Calcification partially obstructing urethra, Cystolitholapaxy.

Errction problems but have received help and advice on this.

Blood in urine for about 2 weeks, on balance unlikely to have been infection.

needed catheter for 1 week

How long did it take you to recover from the procedure?

4-6 weeks to fully recover

4 weeks

No really long

Approx a year to regain full sexual function, but I put this down much more to the psychological effect that the procedure (and more specifically the catheter) had on me.

Circa 1 month due to infection

A few days

Immediate recovery - walked out of the hospital a couple of hours after the procedure

About four weeks.

a week?

1 month

Fully recovered within one month, but leading normal life within a week

About a week, if that after the catheter was taken out. I founded the catheter the most uncomfortable part of the whole procedure. I did and as expected blood within my semen, which took a while to clear and to be free of blood.

IP survey IP1020_2 Page:6

IP survey IP1020 2

How long did it take you to recover from the procedure?

3 days for the catheter to be removed and then a couple of weeks for bleeding etc to stop. But felt 90% recovered after 3 days 4 weeks 1 week 6 weeks 36:48 hours Relatively quickly 2 days Bit sore or a while but otherwise no problem 1 day to be able to do light walking 3 days for the catheder to be removed 5 days fully back to normal Days. After the catheter was removed I had no incontinence and experienced spontaneous erection within a week. within a few weeks 3/4 weeks A couple of weeks 2 weeks, mostly because of general anaesthetic 3-6 months Probably a week after first two surgeries. 4-6 weeks after RALP given multiple incisions and still suffering from incontinence although improving. Approximately 3 months 4 days About a week About three days couple of weeks Just a few weeks 3 days 2 weeks one day Two weeks at most immediately no time the procedure was entirely benign 2 weeks 7 days 2 days A few days. about a week, although i was able to leave hospital without difficulty the same evening I had the

procedure

2-3 WEEKS

a few days only

About 2 to 3 weeks.

The procedure was carried out on 14th July and by September I was walking in Scotland. There was a Monro problem because the catheter was taken out too early and had to be put back in for another week

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How long did it take you to recover from the procedure?

2 month max

Immediate.

That is difficult to say because of some other side effects that I have not mentioned yet. I would say on reflection that "improvement " from the side effects have occurred gradually over a period of years! Whether some of this was because of psychological reasons I am not sure. There seems to be a reduced blood flow into my penis since the procedure and this affected my erections. At first it was difficult to obtain an erection at all. They were not as "full" as they originally were so my erect penis appears to have lost a bit of girth and a little length. I also developed Peyronies disease shortly after. I can still orgasm but I don't ejaculate since the procedure. Also in cold weather my penis seems more affected by it and there has been a subtle colour change in its' resting state and when it is cold the tip of it can look paler and with a slight blue tinge to it. With time the erection has improved but still not as good as it was. The Peyronies disease has also improved naturally which has brought back a bit more girth that had been lost by the Peyronies.

A few days

Recovery was quite swift.

About one day

Two weeks

6 weeks

1day

10 Days

A few days to a week

One week once the catheter was removed and I stopped passing very small amounts of blood and even smaller remnants of prostate .

For 1-2 days following the procedure, I had some mild discomfort around the site where the needles were inserted. I also had some pain/discomfort passing urine, due to tissue from the procedure blocking the urinary catheter. The catheter was removed after 3 days, but I had to have a second catheter inserted after my urethra became blocked by tissue from the procedure. The second catheter worked well, and was successfully removed after 2 weeks.

No longer than a week

From the procedure very quickly

3-4 weeks

4 or 5 days

I felt ok after the procedure and better a few days later when the catheter came out . I would say that I was not far short of being back to normal after about 3 weeks when I think I had expelled the destroyed tumour tissue . Somewhere between 4 and 6 weeks after the procedure I believe I was effectively back to how I was before the procedure . Erections (following Taalafil / Viagra) might be marginally less strong though still firm enough for penetration .

4 weeks.

It was a day procedure, I went home that evening. No pain or difficulty moving directly from the procedure. Minor irritation from the catheta until it was removed after three days. Thereafter urination was normal, sexual activity permitted after two weeks.

Two weeks

1month

Just a Few Weeks Until Swelling Went Down.

Two or three days.

1 year

Around 10 days

How long did it take you to recover from the procedure?

1 hours

2 hours

The vast majority of my daily functional recovery happened with 1-2 weeks

Not long

After the treatment I was fit enough to explore London on foot for a week and back to normal one week later after the final medical examination and removal of the catheter.

3 weeks

After one week the catheter was removed and I was able to pee normally. Poor in semen for 6 weeks

There was blood in my semen for a couple of months. I felt fully recovered very quickly. My challenges were psychological not the surgery.

3 months

It took several weeks for me to get full control of my bladder, but apart from this, I did not have any side-effects or any major problems with recovery.

Several days

less than a few days

Approximately one month.

A couple of weeks

Say 1 month

6 weeks

Just 2 to 3 days. After a couple of hours I was up and around and left the hospital about an hour after that. Apart from having a catheter, I felt perfectly normal and no discomfort. The catheter was removed a few days later.

About one week

a day or two

Apart from the side effects mentioned above, able to resume normal working life immediately.

No time at all. A one day procedure. A 1 & 1/2 hr train journey to London and return the same day. I did not experience any pain after the procedure. No real discomfort with the catheter which was removed (again in London 3 days later. After having the procedure I went shopping in London returning home later in the day.

Full recovery / no side effects after about 3 weeks

A few days. I went back to work about 5 days later.

Within 1 week

minimal time required just really the inconvenience of the catheter

How did the procedure positively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- •Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

I felt the procedure was a success as my PSA levels dropped to under 1 initially and has since stabilised at around 2. This compares to a PSA of 12 before the procedure. Since being diagnosed with cancer I was determined if possible to avoid the removal of my prostate and this procedure and a HIFU procedure I had 3 years earlier seems to have achieved that. However I am still being monitored regularly and recognise that I will have to continue to live with the fact that the cancer could return. Overall though the care that I have received from Professor and his team has made a very positive contribution to the quality of my life and outlook for the future.

None

I had absolutely no symptoms and was only diagnosed because a routine PSA check revealed my level was 7.9 and I was advised to get additional investigation. Once I knew I had cancer, I wanted to get it treated as soon as I possibly could, with a procedure that offered the chance of minimal or no adverse after-effects on my sexual and bladder functions.

For me this was the best option with the least life changing consequences. Although the retrograde ejaculation is disappointing, it has had no long term effects on my working/social life, my ability to perform daily functions or my mental health. The alternatives carried too many wider risks.

Complete freedom from and worry about the cancer and its potential spread to other parts of the body.

Cured my prostrate cancer which is about the most positive comment I can make. Urine flow has also improved. Feeling great - fitter and healthier than ever.

After a few weeks I have had so far as I can tell complete recovery with no side effects or symptoms. That remains the case some nine years later.

Mainly disappointment.

Reassured by the success

The procedure has been extremely effective and I have had no subsequent trouble. I still have PSA tests at annual intervals but the result continues to be low. No adverse impact on daily activities nor on emotional health, wellbeing etc. Erections regularly achieved with no difficulty at all, and occasional ejaculation still.

It bought down my PSA levels from under 8 down to 1.4, which gave me assurances that this procedure was successful with the minimal side effects.

It has completely resolved the situation up until now and I feel really fortunate to have been given this treatment

It enabled me to continue daily life as it was a successful procedure, I retained control of my bladder and continued to perform daily activities and social as normal.

I felt relieved that the tumour was removed. It was a painless process and very quick.

Hoping it was a successful treatment for the cancer. After recovering, there was no negative change in sexual function or continence

No side effects live went on with out any problems or limitations

I came through the treatment able to continue my lifestyle as before.

Having the procedure gave me greater confidence in my wellbeing. Knowing that cancer was present in my prostate was troubling to me and family members who were aware. The cancer did not affect my ability to perform daily activities, lifestyle and social life, and I have been able to continue with all of these with fewer worries about my health and well-being.

How did the procedure positively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- •Your quality of life, lifestyle and/or social life
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I had never been anxious about the cancer as it was monitored well. Diagnosed in 2008 and only became a problem when the tumour grew. Nanoknife was recommend to kill the tumour which it did succesfully. The Nanoknife gave me a feeling of relief as my PSA dropped and I thought I would be OK. From memory I think I came out the same day so little affect to my family or me. Four years later I was told that the prostate continued to grow cancer cells so in September 2021 I had it removed.

I didn't really feel ill before the treatment or before I was diagnosed with prostate cancer. Biggest benefit of the NanoKnife treatment is a high chance the cancer has been removed, without the potentially life changing side effects of prostate removal.

I physical symptoms were frequent passing water which was eased. Mentally it was a massive relief

Didnt seem to change anything

life continued as normal. an early diagnosis by a very good doctor and consultant

Nothing changed. It was as if I had not had the operation

No real change

Pleased to have had the cancer treated, but as I was not suffering any symptoms the recovery period and after-effects are a downside. I had previously been advised to have my prostate removed but declined as I felt the side effects could be even worse.

Main positive is identification of the cancer, treatments and ongoing monitoring, with the final removal of the gland with no evidence at biopsy of the cancer spreading outside. Strange question to ask. Positive is catching the cancer and treating it to avoid possibility of spreading leading to dying.

I had no previous symptoms. My emotional health had been fine. There were no obvious effects on my quality of life.

I didn't have any symptoms but it massively helped with my state of mind and emotional wellbeing. It also had a huge effect (in a positive way) to those closest to me.

Emotional heath improved considerably. My wife was also positively affected

My cancer was detected before it had started to affect my quality of life, but it is apparent from scans etc that the tumours have been significantly reduced. This has had a positive effect on state of mind, since without the treatment I would be very concerned about the condition deteriorating.

yes both HIFU 12 years ago and Nano knife 3 years ago have been successful at holding off prostate cancer keeping my PSA and MRI results is a good place.

100% successful so very positive. Stopped me worrying about having prostate cancer

I had prostate cancer though I had no symptoms. So there was no issue in my quality of life. However, it cured my cancer and after the procedure the cancer was gone. So I felt a huge relief afterwards

Minimal side effects

Post Procedure---- serial MRIs suggest that cancerous areas of Prostate had been eliminated. Urinary Flow had already been markedly improved by HoLEP---removal of portions of prostate with laser.

Apart from raised PSA I was unaware of the problem with my prostate. However, after the operation urination became stronger was did an erection.

n/a as the procedure was not completed

significantly reduced the size of the tumour, which greatly improved my confidence in dealing with the disease.

How did the procedure positively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
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It only affected me positively to date. My state of mind improved pretty significantly. Beforehand, I always knew that my condition, while not deteriorating at any pace, wasn't improving either. I nursed the condition pretty singularly until the operation, and my condition was little known among friends. Afterward, I felt able to discuss and (just about !) embrace it. In fact, I would go as far as to say that I really felt lucky to be in the best care with a ground-breaking procedure. My life is lived at a pretty quick pace, and while I wasn't that nervous about the procedure, (principally because I didn't have so much time to investigate every detail) after the operation, I was anxious about a full return to function. I'm pleased to say that the operation had no negative after effects. Again, I feel hugely grateful for that, and would recommend to those with a similar diagnosis.

The procedure had a very p[ositive effacer. There were no after effects after the operation . A normal life was led. There was no risk of infection and the prostate remained intact.

Mainly peace of mind knowing that the cancer cells had been zapped without invase Chemo treatment

The procedure was non-intrusive and very successful. There was a reduction in my ability to achieve an erection but this improved without quite returning to pre-op levels. Daily activities were not affected and neither were my quality of life, lifestyle or social life. My state of mind improved immeasurably, knowing that the cancer had been eliminated without all the horrifying side effects of prostate removal or chemo.

Some symptoms, such as frequency and urgency of urinating, have continued, but i have been able to perform normal daily activities without difficulty (until i suffered a serious stroke, unconnected to the procedure, some 4 years later in 2020, and the success of the procedure greatly imprived my state of mind, emotional health an well being.

My emotional health and general wellbeing was very positive with the removal of the cancer with one procedure and no further treatment

all good positive no adverse affects

I had no symptoms prior to the procedure so there were no physical benefits. Having had the diagnosis, I was pleased to have this treatment option, rather than surgery or Brachytherapy.

The most I'm potent event was the MRI afterwards as it showed that the cancer was gone. The PSA went down and then has crept back up to a normal 4. Peeing before the procedure was slow and quite frequent. After about 3 months it was quite normal and remains so now. It seems my bladder is much larger. I was not physically affected before other than above. Life returned to normal quite rapidly. I am a big fan of this procedure, for those who can have it as there is an option of a repeat if not all the cancer is removed. This is not so usually with a physical removal. My sex life is fully functioning with a little help from Tadelafil.

ves

Positive clinical outcome.

Psychologically there was a great improvement. Subsequent investigations showed the tumour had gone and although I still had a prostate I felt a great relief that I had no more cancer. I stopped worrying about being ill even though I hadn't felt ill at all. I was able to go back to living a pretty normal life. I could do all the normal activities of life, go back to work, have a social life, eat more normal foods, not take lots of suplements and herbs as I had been doing and there was an "end" to it all. A black cloud had been lifted from me. People I knew were saying how well I looked after not looking so well some time previously. My family were all pleased and happy for me and themselves-especially my wife!

How did the procedure positively affect your condition and/or your quality of life? Please consider things such as:

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I did not have any significant symptoms but I knew that the tumour was there so it was good to know that it had been dealt with.

The procedure, after I recovered, did not affect the quality of my life. I was able to carrry on life as normal. No effect on family and friends.

My lifestyle did not really change as I am always positive. Comparing my symptoms with friends who had conventional treatment I considered myself very fortunate

I was able to carry on as before with all activities, was not affected adversely in my mind so continued to ski annually in January until the first lockdown in 2020, exercise on a daily basis running twice a week until November 2020, when I had the remnant of the prostrate removed. Since the end of lockdown I have continued to exercise five times a week, using a combination of cardio vascular and strength training exercises sometimes at home and sometimes in the Gym.

I did not have any symptoms

My physical symptoms improved immensely. My quality of life remained very high My state of mind improved immensely. It had a beneficial effect on my family

Very limited side effects. No pain, very limited side effects and little, if any, discomfort.

Eliminated completely the tumour in the Prostate which was early stage

The procedure has had a massive positive impact on my life. I had few if any symptoms associated with my condition other than elevated PSA and therefore except for reduction in PSA there was little change in that respect. The most significant impact was on my state of mind with the eradication of fear and concern over the prospect of having the more established and more invasive treatments for the condition with their potentially life changing adverse consequences. My ability to perform daily activities is unchanged and I am pleased, hugely relieved and enormously grateful to say that I have continued to live a healthy and active lifestyle, pursuing ativities such as mountaineering, skiing and cycling in addition to normal family and social life.

I had the procedure in London at noon on a Saturday and was at home in bed in Wakefield at 8 pm. I had no pain, no blood, only the discomfort of the catheter which was removed the following Tuesday. I resumed work and returned to playing golf and entirely an entirely normal life on Wednesday and have never looked back. It was exhilarating and compared to friends who endured chemotherapy and radiotherapy my life was not interrupted in any material way. I was so lucky to be able to have this treatment. My family were unsure about me not undergoing conventional treatments and tried to talk me out of it but now understand it was entirely beneficial to me and them. I have told the local practice all about the treatment and shared the information given to me by Professor and Edward VII Hospital so that they can advise other patients about the procedure if they can avail themselves of it.

When I was initially diagnosed, I opted for active surveillance rather than treatment. However, I actually found the frequent blood tests, consultations and scans quite intrusive and time-consuming, as well as having a continuing (if low-level) anxiety that the tumour might start to change. Following the procedure, I have had been far more relaxed about the follow-up checks, which fell far less onerous. Overall, removal of the tumour has had a very positive effect on my wellbeing.

Totally positive effect

Had a very positive effect as have had no other side effects from this procedure

I made a complete recovery from the intervention and was able to continue life as normal. PSA came down to low levels but started to increase again after two years.

How did the procedure positively affect your condition and/or your quality of life? Please consider things such as:

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Having been naturally worried having been diagnosed with a moderately aggressive cancer it was a relief to have had the treatment proceedure. Apart from the discomfort of an indwelling catheter over the weekend following the procedure life very quickly returned to normal. I'm sure it was a relief for my immediate family as well.

As indicated, after about 6 weeks I was effectively back to normal. The main positive effect was that I was so pleased with how I felt that I was praising the procedure to to friends and recommending that if they had prostate they should enquire if the procedure was suitable for them.

All good.

Cancer fully removed - everyone relieved! Able to urinate more easily and able to return to sexual activity after two weeks. Lifestyle, etc returned to normal.

It provided good preservation of quality of life. Relief for self and family that prostate cancer had been successfully tackled.

All above

I Had No Symptoms ..the problem was discovered after a PSA reading ... Had No effect on daily life / lifestyle etc., Although i was not told that i would loose the ability to Ejaculate ... As this is a very Important Part of who a man is and how he views his maleness i feel this is a very important point that should have been mentioned on more .

I had no physical symptoms as a result of the tumour in my prostrate. I wholeheartedly agreed with my oncologist that the electroporation procedure was the most appropriate. To be rid of the cancer was a relief to me and my immediate family. Subsequent annual checks have confirmed the procedure as a complete success.

No incontinence. No effect on lifestyle etc.

Apart from the urinating problem I had no physical symptoms: daily activities and general well-being were not effected: my state of mind was confident that the procedure would be successful: family and friends were naturally concerned but remained confident and very supportive:

It resolved the problem and my day to day life continued as normal.

I retained all sexual ability with no side affects but amount of sperm was reduced. The PSA stayed around 2,5. Quality of life unaffected

I had early stage prostate cancer. Whilst I had no symptoms, clearly if left untreated this may have developed into a life-threatening condition

Slightly incontenance basically nothing else

Six years after the treatment, I feel perfectly fine, physically and emotionally. All the points mentioned above have not changed in any way due to the procedure.

after catheter removed life was easier. recovery seemed ok state of mind ok emotionally it was a difficult time

Yes . I was offered watch and wait initially but having tracked my PSA for 10 years since my father died of prostate, I wanted to be proactive. Physically it improved speed and consistency of urination. Mentally it remove the question of how long have I got? I was able to continue with my sex life which was important to me and my wife. The number of visits to the bathroom also reduced to normal.

How did the procedure positively affect your condition and/or your quality of life? Please consider things such as:

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- •Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

It ensured I was 'back to normal' very quickly indeed in almost every physical respect. Emotionally it took 12 months to feel things were okay. I did not tell anyone about my prostate cancer other than my closest friend. This was my way of coping. I'd didn't want to be asked every 5 minutes how I was! was able to tell my wider family post surgery what had happened and I was now fine. This was great for them.

The main purpose of my electing this treatment over the removal of my prostate on the NHS was to get rid of hte cancer with fewer side effects, so I am disappointed I cannot produce sperm and the bladder infection took a long time to go.

I had no physical symptoms and no great impact on my quality of life. I had gone 10 years since a HIFU procedure and it was just a recent rise in my PSA which led to the nanoknife procedure. My PSA has subsequently fallen dramatically and I am now back on regular blood tests and an annual MRI. I am very confident in the abilities of my consultant and following the procedure am very happy with the result and the prospect of a further period of remission. My emotional health is therefore on a par with my physical health.

Naturally it was good to know that the cancerous cells were removed. This improved my wellbeing for sure.

See comments above, I thought this was the fix for my cancer and it was not, it was painless and easy but in my view not a success

The procedure appears to have cured me of Prostate cancer with limited intervention and virtually no lasting after effects. This potential outcome provides a great deal of comfort and optimism for the patient and those closest to them.

Once I knew that it had been successful, in terms of the cancer having gone, I felt immeasurably better - cheerful, healthy and facing the future with much more confidence although I knew of course that technically I was in remission and it could return.

I did not have to have extensive radio therapy, which was a major benefit. As there were no significant side effects, I recovered quickly and this had positive benefits for my family as well as myself.

It improved my life expectancy. Improved my quality of life and social life, state of mind and emotional health. It also improved my sexual function.

I had no symptoms at all and the procedure did not affect my normal activities or quality of life. The procesure was a success and so it gave me and my family great satisfacton and assurance.

No effect von my life style

It was positive in that it had rasied the possiblity of a further way to treat the cancer wihtout resorting to radical prostatectomy

Little change from prior to treatment, other than side effects described on previous page. Bladder control weakened, such that medium strength under pads to catch minor leakage now essential full time whereas not necessary full time prior to procedure.

First and foremost this procedure is non invasive. Which I think can cause many more problems. Did not affect my daily life, lifestyle or social life. My father died of prostate cancer. We as a family saw the horrendous pain which e suffered on his admission to hospital Where he was heavily sedated for the next three weeks until his death. This is a life lesson that my brother and I learned the hard way.. My father's grandsons of course still do not take advice on having regular PSA checks. I have and would always urge family and friends to have this procedure. I count myself very lucky that a distant relative recommended me to see Professor I now see him regularly every 6 months. In his safe hands I now have no fear or worry. I'm still here.

How did the procedure positively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

After the brief initial period of side effects, I felt I was able to lead an entirely normal life. (Pending the result of my recent year-on scan,) the procedure wasn't part of my everyday consciousness - it was "out of my mind" and I felt able to get on with my life. I had no physical symptoms and my ability to perform daily activities was not adversely affected in any way, nor was my quality of life, lifestyle or social life, nor my state of mind or emotional health. As far as any effect on anyone close, it was only positive that I had been able to have such a procedure rather than a more traditional treatment, whether radical surgery or other treatment, with the frequent / continuing side effects of such treatment.

It was positive in that I wanted to try a non invasive treatment. It had little other effect

Commendably, my wellbeing and quality of life was in no way adversely affected or impaired.

PSA reduced immediately to less than 2.0 Great relief to have rid myself of prostate cancer removed worries from family

How did the procedure negatively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- •Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

Apart from the recovery process there are no negatives in my opinion.

None

The catheter caused me a lot of distress, particularly because having had it removed, I had to have another fitted the next day as an emergency case, when I found I could not urinate. It took me at least a year to get over this. The actual procedure itself, though was absolutely the best I could expect, having spoken to friends who have undergone radical surgery and chem etc, which sounded far, far worse.

The retrograde ejaculation is a disappointment but the only effect to persist

No negative effects whatsoever.

Absolutely none whatsoever

There were nine exceptin the initial few weeks when a catheter was required and a UTI. I have had no issues since then.

Mainly disappointment.

no effect

No negative consequences

For me there were no negative affects with the procedure itself.

No negative points

It did not affect me negatively, my quality of life was as before, the only difference was some problems with erectile dysfunction but this was probably due to other factors rather than the treatment.

No negative effect

How did the procedure negatively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

No negatives

No side effect or negative side effects

The treatment failed to halt the process of the prostate cancer within my body. hence having come through the treatment in a positive frame of mind this tailed away as it became clear that there was still cancer present. This did and has lasting mental effects on my wife.

No serious negative effects - some minor bruising initially, that was all.

Please see above

The catheder was somewat of an pain and inconvenience for a few days. Other than that, no issues

None

Affects sexual activity

not at all

It was slightly more difficult to get an erection after the procedure

No real change

No long term effects other than those noted above.

Difficult on myself and immediate family as all cancers inevitably are. I had no physical symptoms, it being identified through a PSA test. Little impact on my daily life. Have to plan more now when I am out and avoid drinks that may cause extra bladder activity given my incontinence, but relatively controllable through Tena pads and Pacey Cuff.

The affects were principally from the after effects of the anaesthetic/procedure and accustoming myself to the post operative discomfort.

None

Seamun volume reduced but as expected. Some erectile problems but was a problem prior to the procedure due to aggressive previous biopsy

There were no negative implications other than some physical discomfort for about three days following the procedure.

only the retro grade ejaculation

None

N/A

Minimal urgency and urgency incontinence-? Not related to the operation

None

No negative effects at all,

see above

not at all

It didn't affect me negatively at all.

No negative effects save for 5 to 7 days of post operative re3covery when there was some soreness.

Short term erectile issues which cleared up after a couple of weeks

A small reduction in the ability to obtain a full, lasting erection was the only downside.

There were no newgative effects

How did the procedure negatively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

Although the procedure was positive I have been left with continuing erection problems that have been partly eradicated by use of injections.

no negative results

The only negative was the loss of strong erections.

None

no negative effects

No negative.

I think I have already mentioned the negative parts that involved the side effects of the procedure. These were mostly of a short term and temporary nature.

Not at all.

The negative affect was when I found out that it had not worked. I was told before hand by my surgeon that the procedure was 90 to 95% effective and that 5-10% of patients required further treatment. I knew that this was a new procedure and that there may not have been enough clinical trials to fully test its effectiveness but I was disappointed that it did not work in my case. Subsequent radial prostatectomy hs caused a loss in erectile function and I wonder if this may have been better if I had gone to prostatectomy in the first place rather NanoKnife.

It did not have a negative affect as more or less immediately on a positive diagnosis I underwent the procedure carried out by Professor

No negative effects

Not much changed once the post procedure period passed.

It did not negatively effect me at all. It thoroughly improved my health

Mild incontinence that lasted several months, but ultimately ceased. Loss of libido, although no loss of sexual function.

None

Nothing to report

The procedure had nothing but a positive effect on my life . I cannot believe how fortunate I was to find Professor

Although still able to have an orgasm, because so much of my prostate was removed, I can no longer ejaculate. I have had issues with erectile dysfunction for some years, and prior to the procedure drugs such as tadalafil had become less effective. However, after the procedure I struggled even more to maintain an erection and have stopped attempting penetrative sex with my partner.

no

On my sex life only

There were no negative symptoms post recovery from intervention.

As mentioned above, apart from the discomfort and practical problems of an indwelling catheter for 3 days there were no significant problems

No negative effect other than the very minor impact on erections as mentioned above . No incontinence problems but after urinating the end of my penis is still a little damp . However I had this issue before the procedure so I don't think it's a consequence of the procedure . Perhaps more pelvic floor exercises are necessary!

How did the procedure negatively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

Not at all.

I lost the ability to ejaculate, which was disappointing. The need to urinate seems to be a little more sudden - less warning.

No negative consequences.

Mental health

As mentioned above Loosing the ability to ejaculate was annoying to say the least ... but if the Nano Knife procedure helps men to overcome a disease that if left untreated can lead to death in some men then it must surely be offered as a less invasive treatment.

I had no such negative effects following the procedure. In fact, my experience was that recovery from this procedure was less stressful than recovery from a prostate biopsy at a different practice. The mere fact that I could live my life with no worries was a great reassurance to me and my closest relatives.

Sex now painful and as a result rarely engaged in. This effects myself and partner.

Apart from the natural worries when it comes to cancer; I have always been a very positive person so therefore it was not something that I was going to let effect my quality of life

No side effects or symptoms.

No negative affect

Very limited negative impact. A truly amazing outcome

As above

The PSA level has gradually risen from 0.5 after the procedure to 4.3; sometimes it has temporarily decreased. It is constantly monitored by my urologist. My lifestyle / quality in life has in no way been changed / made worse.

occupies ones mind a lot of the time up to and after the operation

No negative affects after initial one week period wearing a catheter

I had a v minor bowel prolapse as result of surgery. Not a significant problem. It is still there but no big deal. My volume of semen has reduced as I have a smaller prostate volume. My sex life is as before. Amazing technique in that the surgery did very little bad and destroyed the cancer.

see above

The procedure has not had any negative impact on me, my quality of life, my emotional wellbeing or any impact upon my family.

None, aside from poor ejaculation. But I'm married and was 59 at the time, so this is not an issue at all, and a very easy trade-off.

See comments above, I thought this was the fix for my cancer and it was not

Very minimal negative impact. I need to urinate more frequently and sometimes with a degree of urgency. Sexual function has been little altered relative to my age and considering that I have undergone prostate surgery.

I think it affected some aspects of our sex life - I have less control and if I try not to ejaculate for a moment or two, to allow my wife more time, I think it has increased the risk of erectile failure to some extent - but I would not class this as a serious issue as compared with having prostate cancer

The procedure is quick, all over in less than a day at hospital, no significant side effects, so no material recovery time. These are major benefits.

How did the procedure negatively affect your condition and/or your quality of life? Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- •Your state of mind, emotional health and/or wellbeing
- •The effect on family, friends and others

There was no negative affects from the procedure.

No negative effects.

I had no psysical symptoms before the procedure or after the procedure

Only that after 6 months the area that had not been treated remained a problem

No change

I think that I have answered this question above. I'm very pleased to see the NICE consideration of this procedure and feel that this procedure should be available to all men uner the NHS. As I have said its non invasive, and a very quick procedure and saves lives. Thank you for giving me the opportunity to voice my thoughts. I hope its helpful.

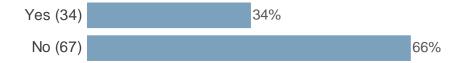
I do not consider the procedure affected my condition or quality of life in any way - unless, which I hope will not be the case, that the sense of confident optimism should prove to have been misplaced.

The negative was that it did not work so I had to decide on a different treatment

Commendably, my wellbeing and quality of life was in no way adversely affected or impaired.

not applicable

Did you require anymore treatment, including procedures or surgery after this procedure?



If yes, please provide further details.

Treatment for the UTI but otherwise nothing further. Also some help with post operative erection issue.

Radiotherapy

I had my bladder and prostrate removed in 2015

See previous comment but the cancer returned to other parts of the prostate, not the tumour, and so I had it removed in September 2021.

MRI 3 days after operation and catheder removal.

after 5 years the PSA increased and after biopsy, active tumours revealed in remaining prostate. advised that nanoknife procedure could not help again so opted for removal of prostate.

HIFU in 2017 and RALP in 2020

I have had template biopsy to confirm return of prostate cancer

I have suffered renewed instance of prostate coancer 5-6 years after the electroporaton procedure. This is likely to require radical surgery at some point. It was spotted because I have contrinued to have regular monitoring of the prostate since the procedure in 2016.

I have 6 monthly PSA checks and annual MRIs to monitor the cancer.

Nova Healthcare and The Leeds - Radiotherapy

If yes, please provide further details.

As detailed above

The treatment worked very well for five years when in the words of Professor E the prostate showed signs of breaking up through the effect of new cancerous cells spreading in the prostrate area so it was removed in November 2020 by

Further biopsy in 2019

The cancer returned and was treated with HIFU

HIFU and prostatectomy

A repeat PSA blood test 1 month later

PSA tests every 3 months for the first year then every 6 months for the second year.

Two years after my Nano Knife procedure my PSA had risen to 11 ... and further investigation revealed another area of concern just below the area that had been treated by Nano Knife ... This resulted in a course of Radiotherapy .

A second small tumour required treatment by HIFU.

As stated before, a second procedure to an adjacent part of the prostrate was required in 2018.

PSA tests

had to have glad removed in 2015. Consultant stated it was difficult to remove as it had an altered shape after first operation. was told a small mm of infected tissue escaped during removal and I am now being tested again as PSA is increasing and cancer may have stated elsewhere du to this tissue escape

just monitoring of psa

Radiology (7 1/2 weeks with prior hormone treatment completed March 2019 and successfully on check ups since that date

I had a another biopsy a year later to check that the cancer had not returned, which was negative, and I had MRI scans every 6 months or so after the procedure. These are now due once a year. However these are not difficult and are reassuring.

Regular PSA testing and MRI tests

radical prostatectomy

See previous answers re side effects and history

Pending the result of my recent scan, I am not aware whether I shall require any further treatment.

I did Stereotactic radiotherapy in Portugal which appears to have cured me

Had another procedure 3 years later and finally in 2019 did a Da Vinci surgery procedure.

in 2022 I needed to have urethra dilation - which may not be connected to the original NanoKnife treatment

Would you recommend this procedure to another patient with your condition?



If yes, what might you tell them?

compared to the alternatives, it is hopefully much less invasive

The operation itself is relatively straightforward, my recovery was more difficult than most so be prepared for a difficult few weeks and hopefully be pleasantly surprised. If you want to avoid the removal of the whole prostate this procedure has much to recommend it. I do understand that other patients might prefer the removal option as this potentially provides more closure and peace of mind.

Highly recommend this procedure

It is about the most minimally invasive procedure I know of. As such, there is absolutely minimal effect on sexual and bladder function afterwards. It is also very quick, so you can be up on your feet and active within 24hr of the procedure.

This is a fast procedure with very few consequences compared to the alternatives. You are in and out of the hospital on the same day. The impact on your quality of life is minimal compared to other treatments.

Complete and painless cure without any side effects whatsoever.

If you are suitable for this procedure - go for it. Immediate recovery, no side effects, can be repeated, doesn't exclude future surgery or radiology. In and out of hospital in a couple of hours. Statistics show results are as good as if not better than radical prostatectomy or radiation treatment.

Minimally invasive and a full recovery with no side effects in a matter of weeks which contrasts with most other available treatments.

If it works, do it.

it was straightforward and successful

I would warmly encourage patients to have the same procedure without any reservation for I have been much more satisfied than those I know who have also had prostate cancer, but other treatments with much less satisfactory results

It is less invasive procedure and it had minimal, if any side affects afterwards. However, like most things its best to tackle it early rather than later, which helps in making a fully recovery in the shortest period.

That it was quick, straight forward and much better mentally than 'watch & wait' and not as profoundly severe as prostate removal

It is relatively straight forward and less invasive form of treatment for prostate cancer, it is very accurate and does not damage areas not affected by the cancer. I retained full bladder control which was very important to me.

Reassuring to know that the tumour has been removed. Peace of mind

Despite being said to be "minimally invasive" it's still fairly unpleasant. However, it seems to have treated my cancer effectively (Dv) and after recovery there were no deleterious effects. Normal continence, normal sexual function.

That In trained hand it and excellent choice and should be available in NH S based

The treatment was quick and did not have a physical effect on me.

This procedure is very effective for the type / extent of the cancer in my Prostate. It is Much Less Invasive than the full removal of the Prostate, and recovery was very fast - 2 - 3 days only.

Depending on where the cancer is located, this could be a really good option, preserving quality of life. There may be some risk of cancer re-occurence down the road, but with a good monitoring programme, well worth the risk given quality of life benefits

It's a game changer and so non invasive.

it will remove malignant tumours but continue to monitor PSA every 6 months and look our for even slight (+4%) increase in PSA over 6 months.

It was just an overnight stay in hospital

how well it worked, minimal intrusion and sorted out the problem

If yes, what might you tell them?

It is probably less bad than the alternatives.

That Nanoknife is a treatment, not a cure and that there will be an ongoing need for further tests. As a same day procedure, low pain and easy to get on with life. RALP is the cure, but comes with side-effects - incontinence etc.

I had no negative affects from the procedure which will hopefully have postponed any further interventions.

Simply procedure with limited discomfort. No side effects from the procedure (in my case)

Having had consultations with 4 consultants and been offered more invasive treatments this was the least invasive with limited side effects, less than other procedures offered. Recovery time was very short. The most recent scan shows I am cancer free.

I have recommended this procedure to three different people. I have told them that in my case it was preferable to other possible treatments such as radiotherapy, and dealt quickly and effectively with the tumours. I passed on the name of the consultant who treated me and advised each of them to find our whether the procedure is suitable for them.

that it worked for me - with modest reservations

That is was successful, with minimal side effects

This procedure is minimally invasive, cures cancer and has no after effects.

Minimal disruption or side effects

No side effects of the procedure. Hopeful that cancer has been eliminated. PSAs remain low.

Its was simple, painless and effective with no after effects

As experienced when the procedure was repeated with ultrasound via the rectum in 2019, reduction in size of tumour led to my being in remission I STRONGLY urge the availability of this procedure throughout the NHS

the procedure is a painless and simple way of attacking tumours, with a good prospect of success. I STRONGLY urge its adoption throughout the NHS

I would say that I went into the procedure with my eyes open. Because it is a relatively new procedure, there was less data than normal to prove its effectiveness. In fact, my insurance company wouldn't fit the bill because of the lack of precedent. However, I can honestly say that I feel much better for the procedure. I worry less, I feel better physically. I had no loss of sexual function (its fair to say that this was 'naturally' reducing before the operation), or incontinence. It appears to be a true break-through procedure that I would recommend without hesitation.

No incisions, no risk of infection, rapid recovery, prostate remains intact, any dead cancerous cells disposed of through the body functions normally.

This is the best treatment for Prostrate cancer and Prof E is a fantastic doctor but you must monitor your PSA regularly to catch it early otherwise this procedure might not be an option. In my case I was (and continue to) monitoring my PSA every 3 months for several years and so knew when the readings were accelerating. This enabled Prof E to approve me for surgery if I had not been doing this them there was a good chance that I would have to goto radiation/chemo.

That, it's simple, effective and without the risks of serious side effects that accompany alternative treatments

That it is quick, simple, painless and effective in treating focal prostate cancer.

There is nothing to fear and little after affects

based upon my experience I fully recommend the procedure

The risk of side effects is much lower than other treatments.

As before, it leaves the option open to repeat. Also the risk to harming nerves required for an erection is much less. I am not a doctor but looking at my mates who have suffered from Prostate cancer, I have had a very easy time.

If yes, what might you tell them?

Yes, but there have been further problems with the bladder since.

I would tell them that they might not be a suitable candidate for the procedure so not to get their hopes up too much. I would say that the procedure is very quick and overall side effects are very temporary and minimal and easily manageable. I would say the long term benefits as well as the short term ones make it a good treatment of choice especially when compared to the more standard treatments you might get in the NHS such as a TURP procedure or Radiation treatment. In the latter two the risk of bad side effects are so much higher and the negative long term problems that can develop, make IRE the treatment of choice any day.

Thoroughly worthwhile.

It is completely painless and recovery is almost immediate

Yes, but with a qualification, the age and health, inter alia, of the patient must be taken into account as removal of the prostate for a young male patient is probably not suitable for a person under the age of 55 as they may be married or have a partner and may want to have children, which is not possible once the prostate is removed but is possible under the Nanoknife procedure pioneered by Professor This latter procedure should be adopted widely in the NHS as in the longer term it would save the taxpayer a huge some of money and improve the patients quality of life immeasurably but also their piece of mind. Chemotherapy should be used in the latter stages of the treatment of prostate cancer.

Very straightforward being a day process and no side effects

It had no side effects at all. I did not need radiotherapy or chemotherapy

Limited side effects and little physical discomfort.

Better alternative than the other treatments

Assuming that the procedure were judged to be appropriate for the state of their condition, I would say that it is relatively pain free, quick and easy procedure to have with only very minor inconvenience. Also that it was highly successful (in my case) with few non severe adverse consequences. It is repeatable, should it be required and does not preclude follow up with other techniques should it be less than fully unsuccessful

I would tell them all the things from which I benefitted that I have mentioned previously in this survey.

I would emphasise the lack of pain/discomfort and rapid recovery. I would also let them know about the effect on ejaculation, though of course this is due to the destruction of the prostate gland rather than the specific procedure.

It is wonderful medical breakthrough. No negative effects.

It is in my opinion the best option available for prostate cancer

It is worth trying but in my case cancer had spread already(?) to other parts of prostate.

my experience was as problem free and satisfactory as I could possibly imagine

If they had prostate cancer to enquire if the procedure was suitable for them . I would explain that the procedure was painless and the only inconvenient thing was the catheter for a few days . I would say that I was effectively back to normal and I was glad that I had the procedure as the alternative was a prostatectomy which I wasn't keen on unless absolutely necessary . I would say that I also understood that if it didn't work it might be possible to have the procedure again or failing that a prostatectomy was almost certainly still available .

Ensure you have the blood test and MRI scan and catch early.

The operation is quick and painless and for me was 100% effective. Depending on where in the prostate the tumour is, you might lose the ability to ejaculate, so check this beforehand. Orgasms might be different but Viagra/Cialis will help.

If prostate cancer has been detected early and electroporation is a viable option for treatment then in my opinion it offers the likelihood of a better outcome than from a more traditional option.

That it is a Quick Effective Procedure ... with no overnight hospital stay needed ... But with this condition of the Prostate it is Vital to act as early as possible .

If yes, what might you tell them?

My experience was that I was a day patient and was able to travel home without pain on public transport. The whole procedure was exactly as the surgeon explained and at no time did I experience any inconvenience. I was advised to, and did, wear a catheter for a few days after the operation but I truly believe that in the event it was not necessary.

Great procedure, minimally invasive and limited side effects when compared to more traditional procedures. Done as day case, only post op downside is having a cathater for a week.

I have recommended it to my friends; the process was incredibly quick around 5 hours: I believe it is now available on the NHS

It is a quick procedure with no side effects and is over within a day. At present it is done privately and is quite expensive.

Money well spent! Minimal short term discomfort after treatment.

Nanoknife is a truly amazing procedure for early stage prostate cancer

Believe in the Hospital King Edward VII and Mr

Radical treatments - prostatectomy, radiation - can possibly be avoided after a thorough checkup like PSMA - PET . An alternative procedure like the nano knife method is beneficial for the well-being of the patient, body and soul.

How the procedure removed the cancer with no side effects but that they may have some side affects depending on their situation. Much better option than removal of prostate

The procedure has the potential to reduce side effects to a very low level. The very minor bowel complication was not something I was really expecting and it hasn't made a bit of difference really. The things I was expecting to possibly go wrong, didn't occur. The procedure has allowed me to lead as normal a life as before - this is amazing really. It has allowed me to stay 'like a young man' in terms of sexual and urinary function. Actually, my sex life is brilliant because I had prepared to possibly lose some or all of it!

I would tell them that the procedure is very straightforward, that the recovery time is limited, that there very few if any side effects and in my own case the procedure has been very, very successful.

It's an alternative, less likely to negatively affect your lifestyle vis-a-vis other treatments.

As far as I am aware I was extremely fortunate to be able to have this option for treatment. I would recommend it to any man and have spoken to many people praising it as a possible course of action to treat the disease.

I would say that it has some side effects for the first week or two - some discomfort with bowel movement, blood in the semen for a week or two, but that these are not too troubling. It does involve a catheter for a few days, which is obviously not ideal and might be best handled by avoiding visitors for a few days. It is initially daunting, but one gets used to it surprisingly quickly and after a tricky first night it was fine.

It's relatively simple, painless and quick. You also retain your normal functions, including erectile ones.

I would explain the positive outcome of the procedure in my case.

I would be very positive and assure them that the procedure is straightforward with a minimum of discomfort. Given alternatives, such as prostectomy, I know some people including a family member who have had this, this procedure is an order or magnitude less invasive and less traumatic as well as having less physical impact.

In the Hospital for 6 Hours only return next day to remove urine bag.

I think my answer is contained in the above.

That the treatment is less invasive, has a much swifter and easier recovery and does not have any of the common and / or ongoing side effects of traditional treatments and is consequently much better also for mental wellbeing.

It leaves you with your wellbeing and lifestyle intact

If yes, what might you tell them?

easy treatment, painless and day case. I chose the treatment because other minimally invasive options were not available to me e.g. Brachytherapy. This was the only option that was minimally invasive. Refused prostatectomy as having too many side effects and highly invasive.

If the procedure had an impact on any other areas of your life that are not covered by the questions above please tell us about them here.

None
Huge mental relief; on more cancer threat stress.
Made me realise that most of the medical profession are not up to date with treatments other than surgery or radiation treatment and ridicule anything and everything other than surgery or radiation treatment.
N/A
Impotence. Constant peeing.
Not applicable.
The procedure removed the anxiety of wait and see by doing something sooner rather than later and has given a greater peace of mind, as well as reducing stress and worrying about the condition all the time, so I am very grateful indeed in having the opportunity of this treatment and have no regrets in doing so, whatsoever.
Ability to have an active sex life after prostate cancer at quite a young age is amazing
N/A
No
No
Erectional / ejaculation strength about two-thirds afterwards compared with before, but very much as predicted, and 100% more so than prostate removal. Urinary function back to normal very soon after catheter removal. Subsequently, less frequent overnight visits to the toilet.
No
n/a
No
N/A
only as before stated
None
no
no
none.
None
No
Nothing comes to mind.
None
None. I have become a rather boring advocate of the PSA test which acknowledging its inadequacies as early detection really helps the prognosis. Hopefully a better and more accurate test will be forthcoming and should be fast tracked.
Varying levels of tiredness.
Based on my experience as detailed above I would not recommend NanoKnife or focal therapy.

If the procedure had an impact on any other areas of your life that are not covered by the questions above please tell us about them here.

Once prostate is removed there is a need to have routine quarterly PSA checks so that the level does not exceed 1.2ng/ml, when hormone treatment and some radiotherapy may be required.

None

None at all

None

Nothing to report

None

no

N/A

No particular problems at all

Nothing to report here . N B As I only had the procedure a few months ago and was only having my first PSA test in the near future it is impossible to know if I need any more treatment .

NO

None.

Sex life, has been non extant fir different reasons

None.

Nothing to report in this regard.

The availability of new technologies

None

No negative impact on my life

None

I was told after first operation in 2011 I could have another treatment when we saw three areas still infected, however the operation was carried out when I had private medical insurance. A second treatment using the same method was therefore not possible as not under the NHS and I no longer had private medical cover

I feel very lucky and as a result I live every day as a bonus and to the full. Oddly the illness and the highly successful procedure have, in consequence, enhanced my overall quality of life.

I am changing my answer - I would recommend it if the person had enough money to pay for the op without any financial hardship

As is often the case after prostate surgery, erections are not always possible, but judicious use of prescription drugs has overcome this issue.

None

None that spring to mind. A very positive experience given the circumstances.

NA

I was given pills by Addenbrookes Hospital after the procedure which affected my ability to produce sperm for 5 years.

No everything works perfectly and I have sex 5 times a week with my 35 year old partner with perfect erections. My total PSA varies between 1.70 and 2.0 and it was over 16 before the procedure, I have no problems with my bladder retention etc.

Again my answer above.

I would not recommend electroporation on the grounds that it did not work and I'm now doubt as to the value of focal treatment when further biopsies showed me to have multi focal disease

not applicable - good positive mental health outcome